## **ROOLOX INSTRUCTIONS**

You have purchased the finest barbell collars on the market! Please follow these instructions for your safety and best results.

The clamp uses magnets, friction and mechanical leverage to achieve a positive lock on the bar. The magnets serve as springs only. To lock and unlock, the clamp has a sliding sleeve that allows clamp pads to contact or retract from the barbell.

Install collar in one direction only - with logo label facing away from weight plates.

To unlock collar, slide the sleeve in direction shown (towards weight plates) and to engage lock, slide the sleeve in opposite direction: see diagram.

NOTE: clamp does not need to be unlocked to install on bar or to snug against plates while in use. Simply push the collar towards the plates to tighten.

## \*SAFETY WARNING\*

This device is designed to work in a horizontal position and should never be used in a vertical position.

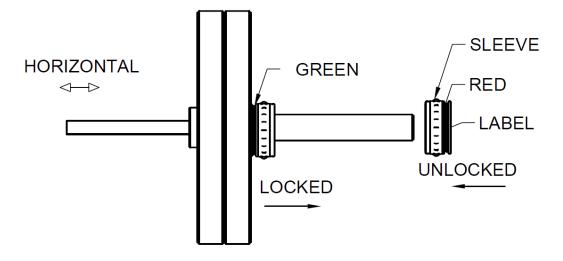
This device is NOT a toy and children should not be allowed to play with it. Do not disassemble. This device uses small parts that are choking hazards for small children.

## CARE:

Periodically clean the rubber pads to maintain grip. To clean device use alcohol pad or mild soap and water only, never submerge.

Weight (ea): ~.25 kg /.5 lb (pair): ~.5 kg / 1 lb

Fits bars 1.90 in.- 2.00 in. 48.20mm - 50.80mm



Always inspect device for signs of damage before and during use.

DO NOT USE IF DAMAGED!

Always ensure safety lock is engaged by pulling back on sleeve before lifting. A red warning band is fully visible when unlocked.

## **FEATURES AND ATTRIBUTES**

This unique collar requires very little force to lock or unlock the sleeve. It is designed to mechanically tighten when force is applied.

The fully symmetric design allows quick clamp and release access from any direction, without the need to find and operate a tight lever.

This collar will not unlock on its own. It stays locked until manually released. Visual red indicator of unlocked position is visible from all sides.

NOTE- Dropping the barbell during a lifting session: When cycling through reps with bumper plates, the collar will tend to move towards the weight plates rather than away. This is of great benefit over collars that pop open or get pushed farther and farther from the plates. However, it is not designed to stay dead tight at all times when the bar is being dropped.