# Curriculum Vitae Oluyemisi Adetunji. APN, PMHNP-BC, (DNP)

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### Academic Preparation/Highest degree awarded/School attended/Year of graduation

- Doctor of Nursing Practice: Rutgers, The State University, School of Nursing, May 2016
- Bachelor of Science in Nursing: Rutgers, the State University, New Jersey (2013)
- Diploma of Higher Education (Nursing), Middlesex University, London. (1999)
- Masters in Educational Psychology, Vrije University, Brussels Belgium. (1993)
- Bachelors of Arts in Education. Obafemi Awolowo University, Nigeria. (1987)

### **Doctoral Research**

Institution: Pinnacle Behavioral Health Institute (PBHI), an outpatient behavioral health center with specialized program for patients with substance use disorder, Marlton, NJ *Capstone Topic:* Use of motivational enhancement therapy to improve adherence for patients with substance use disorder.

Portfolio Sponsor:Dr. Patricia Hentz (Capstone Chairman)Residency Mentors:Dr. Barbara CaldwellResidency Coordinator:Dr. Courtney ReinischSite Mentor:Dr. Allen Masry

# **Professional Certifications and Licensures**

- Advanced Practice Nurse: New Jersey Board of Nursing (January 2017)
- Psych-Mental Health Nurse Practitioner-BC: ANCC (October 2016)
- Registered Nurse: New Jersey State Board of Nursing (2007)
- Registered Nurse: Nursing and Midwifery Council of England and Wales (1999)

### **Professional Organizations and Societies**

- Associate Member: American Society of Addiction Medicine (ASAM)
- Member: American Society of Clinical Psychopharmacology
- Member: Society of Psychiatric Advanced Practice Nurses, New Jersey
- Member: Honor Society of Nursing, Sigma Theta Tau, International, Alpha Tau Chapter
- Member: Nursing and Midwifery Council of England
- Member: The Royal College of Nursing, London, England

#### **Professional Honors and Awards**

• Induction to Honor Society of Nursing, Sigma Theta Tau, International, Alpha Tau Chapter, 2013

### **Clinical Rotations and Preceptors**

- Human Behavior Practicum I: Fall, 2014: Care of adults and the elderly. Assessing the needs of adults and older adults with acute, severe and persistent mental illness and their families. Conducting psychological assessment, identifying and evaluating pharmacological agents, conducting brief supportive and short term individual therapy and providing culturally competent care to diverse group of adults and older adults with Psychiatric illness and their families-Preceptor-Lisa Field, APN
- Human Behavior Practicum II: Spring 2015: Group, Family and Couple. Assessing Mental health needs of Group, Family and Couples using therapeutic interventions and implementing outcome measures for couples, families and groups. Preceptor- Lisa Field, APN
- Human Behavior Practicum III & IV: Care of the Child and Adolescents with Psychiatric illness and their family. Conducting psychiatric evaluations, determining differential diagnosis, developing clinical case formulations and treatment plans, delivering evidence based individual and family therapy and identifying and evaluating psychopharmacological agents for children, adolescents and their families. Preceptor-Kristen Rone, APN

# **Teaching and Research Interests**

- **Research interest:** Use of Motivational Enhancement Therapy to improve adherence for patients with substance use disorder
- **Teaching, mentoring and assessing newly qualified registered nurses**, care assistants and mental health workers in community mental health and residential home settings

# **Professional Experience**

• February 2019 – Present: Psychiatric Nurse Practitioner: The Executive Center for Psychological Medicine. Voorhees, New Jersey. I have my private psychiatric practice and am credentialled with various insurance panels. My duties involve performing comprehensive psychiatric evaluation, ordering laboratory investigations as needed and prescribing medications for outpatients with mental health and substance use disorders. My collaborating psychiatrist is Dr Babatunde Adetunji MD

• July 2017 – Present: Psychiatric Nurse Practitioner: Pinnacle Behavioral Health Institute, Marlton, New Jersey

After completing my Doctor of Nursing program, I credentialed with DEA and the insurance organizations and started evaluating and treating patients at Pinnacle Behavioral health Institute New Jersey. My duties involve performing comprehensive psychiatric evaluation, ordering laboratory investigations as needed and prescribing medications for outpatients with mental health and substance use disorders. My collaborating psychiatrist is Dr Babatunde Adetunji MD

- Sept. 2013 Date: Nurse Administrator: Medikhelp Consultancy, New Jersey After completing my bachelors in Nursing, I proceeded to the graduate school for my Advanced Nurse Practitioner training in psychiatry. I also continue to work part-time for Medikhelp Inc. an outpatient psychiatric clinic. My job description includes performing administrative duties, assuring compliance with treatment plan, monitoring urine drug screen results, medication counseling and education as well as monitoring the states Prescription Monitoring System for the organization.
- Sept. 2011 May 2013: RN-BSN student at Rutgers University College of Nursing, Part-Time Registered Nurse with Medikhelp Consultancy Inc. Haddonfield, New Jersey
- Jan. 2008 Sept. 2011: Registered Nurse: PACT Team. Steininger Behavioral Services. New Jersey

My duties included clinical assessment of clients, identifying and prioritizing individual client's needs, developing personalized achievable goals and devising interventions that promote self-reliance, medication monitoring and administration, medication counseling and education. I also worked with other team members to link clients to appropriate external providers and advocated for clients and family members to access necessary services.

• Oct. 2007 – Jan. 2008: Registered Nurse: CFG / Maxim Health Staffing, Cherry Hill, New Jersey

I passed my NCLEX-RN examination in July 2007 and started working for Maxim Health Staffing Solutions on a per diem basis. I worked in an Intensive Residential Program for children and adolescents. My duty involved administration of medications, assessment of patient's psychiatric status and needs, planning and evaluation of care. I was also a member of the multidisciplinary team.

- 2006 2007: Case Manager-Mental Health: Steininger Behavioral Care New Jersey Between May 2006 and May 2007, I was a Case Manager with Steininger Behavioral Care Services (SBCS). This was a full-time position where I provided community outreach support to adults with serious & persistent mental illness. My duties include psychosocial assessment, service planning, counseling, & advocacy.
- 2002 2006 Behavioral Nurse Consultant: LINK Community Care, UK

This job involved utilization of case management skills: This involved total supportive and interventional care of patients. I carried a caseload of about 10-15 clients with severe and persisting mental illness. I do home visits, medication administration as well as psychosocial programming. I was also involved in the coordination of case conferences where the individualized needs of patients are identified along with members of their families.

- 2000 2002: Registered Nurse: Edward Road Psychiatric Rehabilitation Home, UK. In this job, I provided professional counseling for clients with chronic mental illness both in the in-patient and outpatient setting. As part of my work in a rehabilitative unit that cared for Clients with chronic and persistent mental illness, I provided one to one individual therapy to clients. I also provide family therapy to families of clients with mental illness.
- 1999- 2000: Registered Nurse: Ladywell Psychiatric Unit, Lewisham Hospital, London. England

This is an acute psychiatric in-patient unit that cares for patients with schizophrenia, bipolar disorders, severe anxiety disorders, substance abuse etc. As a nurse, I was involved in administering medications and devising individualized care plans. I coordinated Care Plan Approach with patient's families and was involved in setting up appropriate out-patient follow-up in the community

- **1996 1999: Higher Diploma in Nursing Trainee: Middlesex University, England** This was a 3year undergraduate Nursing education in England. After completion, I was registered by the Nursing and Midwifery Council of England as a registered nurse
- **1994 1996 Mental Health Counselor: Learning Disability (LINC) UK** Living Independent Network Community (LINC), UK. LINC provides respite care for clients with developmental disability. As a health care counselor, my job involved day-today care and improvement of activity of daily living. It included bathing, brushing, feeding the clients. I also took them on mini-vocations, like to the movies or to the mall. I developed therapeutic relationship with each individual and their family members.

- **1993 1994: Mental Health Counselor: Greenwich District Hospital, England.** I was involved in day-to-day care of in-patients. Supervising their activities of daily living. I was also involved with the Treatment team in developing individualized care plan and liaising with families of patients. This job was obtained through Planned Personnel Agency, England.
- 1991 1993: Masters in Educational Psychology: Vrije University, Brussels, Belgium.
- 1987 1991: Graduate Teacher of English Language, Nigeria.

This was after qualifying as a professional High School teacher with Bachelor's Degree in Education. The knowledge I acquired here has served as a template for my ability to help clients with severe and persisting mental illness as well as clients with developmental disability.

### **Teaching Experience**

Teaching and outcome evaluation: Teaching, mentoring and assessing newly qualified registered nurses, care assistants and mental health workers in residential home and community mental health settings.

#### **Other Professional Activities/Trainings**

- Prescribing Controlled Substances in New Jersey: Monmouth University, Jan.2017
- 2. Biological Aspects of Mental Illness & Subs Abuse: UMDNJ, New Jersey. 2007
- 3. Mental Disorder, Violence & Risk. Institute of Psychiatry, London, England. 2001.
- 4. Teaching, Assessing & Mentoring in Nursing Practice Settings. ENB, 998. University of Greenwich, London England. 2000.
- 5. Management for Nursing Homes. University of Greenwich. England. 2000.
- 6. Mental Health Act Training. Maudsley NHS Trust, London, England. 2000.
- 7. Certificate in French Language: Vrije University, Brussels, Belgium. 1992

### **Presentations and Papers**

 Adetunji, B; Adetunji, O; Newton A: Lithium in Mood disorders: A one-sided reappraisal. Published online by Cambridge University Press: 02 January 2018 <u>https://www.cambridge.org/core/journals/the-british-journal-ofpsychiatry/article/lithium-in-mood-disorders-a-onesidedreappraisal/42C9B550F330EBDA7EBD8066E0CE6D5D</u>

- Adetunji, O. and Obiukwu, C. (2016). Use of Motivational Enhancement Therapy to Improve Adherence for Patients with Substance Use Disorder. April. 2016. Rutgers School of Nursing, Newark, New-Jersey.
- 3. Adetunji Oluyemisi (2015). Dialectal Behavior therapy: Overview and Training opportunities. Presented in April 2015 at Rutgers School of Nursing, New Brunswick, New-Jersey
- 4. Adetunji Oluyemisi (2015). Contemporary Issues in Mixed race couples Therapy. Presented in April, 2015 at Rutgers School of Nursing, New Brunswick, New-Jersey
- 5. Adetunji Oluyemisi (2015). Experiential Family Therapy. Concepts, Theory and Goals of therapy. Presented in March, 2015 at Rutgers School of Nursing, New Brunswick, New-Jersey
- 6. Adetunji Oluyemisi (2014). Assessment, Case formulation and treatment plan for a patient with Major Depressive Disorder. Presented in November, 2014 at Rutgers School of Nursing, New Brunswick, New-Jersey
- 7. Hall, M., Tyler, S. and Adetunji, Y. (2012) Olanzapine Induced Metabolic Abnormalities in a patient with Schizophrenia. Presented in October, 2012 at Rutgers College of Nursing, Newark, New-Jersey
- 8. Adetunji Oluyemisi (2012). Weight management strategies for clients attending Partial care center and their clinicians. Presented in April, 2012. At SBCS, Berlin, New-Jersey
- 9. Adetunji Oluyemisi (2011). Strategies for Weight management for clients attending Program of Assertive Community treatment (PACT) and their clinicians. Presented in August, 2011 at SBCS, Cherry Hill, New-Jersey