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| A black and white butterfly  Description automatically generated | Herbal Fellow Program Application |

## Applicant Information

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| Full Name: |  |  |  | Date: |  |
|  | Last | First | M.I. |  |  |

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| Address: |  |  |
|  | Street Address | Apartment/Unit # |

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|  |  |  |  |
|  | City | State | ZIP Code |

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| Phone: |  | Email |  |

## Emergency Contact

Please list your emergency contact.

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| Name: |  | Relationship: |  | |
| Email: |  | Phone: |  | |
| **Explain why you would like to be in the herbal fellow program:** | |
| Herbal Fellow Program Questions, Competencies, Goals & Objectives  |  | | --- | |  |   **What is Herbalism?**  Herbalism is the use of plants for therapeutic purposes to treat and prevent disease and promote health. Although today there are dedicated herbalism schools to train would-be herbalists, the practice of using plants as remedies is traditional in many cultures. As an herbalist, we do not diagnose, and we will always defer clients to a licensed medical professional to be properly diagnosed prior to making any herbal or supplement recommendations.  **Are you interested in becoming an Herbal Fellow?**  We are always seeking students that are interested in leading a study group, note takers, researcher, student advocate, editing textbooks, proofreading documents and textbooks, speaker coordination, posting on social media and more. Full list of roles noted below.  **What is an Herbal Fellow?**  Our Herbal Fellowship Program are that students will attain the professional, attitudinal, cognitive, and technical skills necessary to provide their patients with kind, competent, and compassionate care. Herbal Fellows have many opportunities to learn and practice patient communication and shared decision making and to apply current evidence-based knowledge to achieve the best likelihood of the patient’s desired outcome. Herbal Fellows are given guidance and advice to develop their careers, achieve program discounts, and complete the prerequisites needed for the next steps of their careers. They will learn how to problem solve and begin the process of self-directed life-long learning. Herbal Fellows are taught to assess students throughout the year. The goal is to improve future decision making and guide practice management. They acquire the ability to organize their workdays, as well as reflect upon and plan for professional-personal balance, stress reduction, and personal health. The competencies listed below. Our fellows, faculty, and program are continuously evaluated to ensure success in achieving these competencies, goals, and objectives.  **What are the required competencies?**  **Professionalism**  In achieving this competency, it is important that herbal fellows demonstrate that their actions serve the interests of the other students above their own self-interests. Conduct oneself with responsibility, integrity, accountability, and excellence. Herbal Fellows will comminate effectively and appropriately when addressing students, instructors, guest speakers, network, etc.  **Effective Communication and Leadership Skills**  The Herbal Fellows will demonstrate effective written, verbal, and non-verbal communication when participating in student and school activities. This involves consulting and collaborating with fellow herbal fellows, instructors, guest speakers and greater herbal community. Herbal Fellows will understand how to alter their communication techniques to be more effective leaders within the herbal community.  **Herbal Fellows Ethics**  As an Herbal Fellows, we respect the uniqueness and intrinsic worth of every individual. We are committed to treating people with dignity, respect, and compassion - fostering a trusting environment, free of harassment, intimidation, and discrimination. Herbal fellows will review and follow the American Herbal Guild’s Code of Ethics. Please review  <https://www.americanherbalistsguild.com/sites/americanherbalistsguild.com/files/ahg_code_of_ethics.pdf>  **Problem-Solving**  Herbal Fellows will need to demonstrate, in areas for which they have limited prior experience, the ability to recognize a problem, characterize it, formulate a question that needs to be answered in order to address the issue, identify sources of information, find and critically appraise relevant literature for accuracy and completeness and develop a plan of action in an effort to solve the problem.  **Self-Awareness, Self-Care and Personal Growth**  Herbal Fellows shall become aware of their limitations, strengths, weaknesses, and personal vulnerabilities. They will assess their own personal values and priorities in order to develop and maintain an appropriate balance of personal and professional commitments and understand how the qualities and actions of their personal life can enhance their professional lives and vice versa. They will learn how to seek help and advice when needed for their own difficulties and develop appropriate personal coping strategies and mechanisms for stress-reduction. They will recognize how their actions affect others in their professional circle. They will learn how to seek, accurately review, and respond to performance feedback. They will learn how to take action in an effort to develop their own careers and achieve their own performance standards in either the academic or private sector. Herbal Fellows will understand the concept that the education of the heart and their personal growth is at least as important as the education of their mind and professional growth.  **Curriculum**  The required core curriculum for all Herbal fellows will include:  1. Join Herbal Fellows Coordination Call, 1 hour per month  2. Join the Facebook Student Group Page  3. Participate and Support other Herbal Fellows  4. Act as Leaders of The Sewanee School of Herbal Medicine by Cline Apothecary.  **Is this role remote or in-person?**  This role is 100% remote; however, students are always welcome to utilize our shop any time during store hours.  **What is the time commitment for the role?**  We ask that students commit to support for up to 5 hours per month with one year service.  **Why should I become a fellow?**  Our Herbal Fellows are given guidance and advice to develop their careers, achieve discounts, and complete  **Is this a paid role?**  No. We offer a work/study discount that goes toward the cost of the herbal certification program, payment plans, etc.  **What is the discount?**  The only cost to the Herbal Fellows is the cost for the Herbal Kit, access to the online school platform, access online meeting tools, and reference books that will be provided throughout the program. That is 20% of the overall program. That is at 80% savings. One approved, this discount will be applied to current account or a coupon code will be provide for registration.  **What are the specific Herbal Fellow Roles?**   * **Meeting Coordinator**: Meeting Notetaker and Guest Speaker Coordination * **Study Group Coordinator**: Coordinate and facilitate student study groups * **Social Media Coordinator:** Manages the student Facebook group,as well as posts to social media. * **Research Coordinator:** Aids in researching plants, herbs, etc. * **Student Advocate (x2):** Works withstudents or those who have problems in their herbal education. As an advocate, you ensure these students get the help and resources they need to engage in a positive learning experience. * **Proofreader Coordinator:** Coordinates proof reading activities and collects information, such as, typos for review with the editor and proofreader. | | | |

## Disclaimer and Signature

By signing this agreement, I understand that I must comply with the herbal fellow competencies, goals, and objectives.

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| Signature: |  | Date: |  |

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| Preferred Role: |  | Backup Role: |  |