

East Central Illinois Mobile Law Enforcement Training Team

MTU #13

651 Jackson St., Rm327
Charleston, Il. 61920
Telephone 217-345-3344
Email: boyer092@gmail.com



Course Announcement

Youth Mental Health First Aid

February 14th, 2019

0830-1630 Hrs

Charleston Police Training Facility

1251 W. Madison

Charleston, Il. 61920

Submit enrollment to:

Registration form at

www.mtu13.com

Or call 217-345-3344

Please enroll at least 2 business days prior to training

The primary application of this course will be to provide a three-year certification to students who will be proficient and confident in identifying signs and symptoms of mental illness, use a 5-step action plan during a crisis, and increase awareness and reduce stigma of mental health disorders.

Course of Instruction:

-Session 1, Part 1

-What is Mental Health First Aid, Mental health problems in the USA, The Mental Health First Aid Action Plan, Understanding depression, Understanding anxiety disorders

-Session 1, Part 2

-Crisis first aid for suicidal behavior & depressive symptoms, What is non-suicidal self-injury?, Non-crisis first aid for depression and anxiety.

Session 2, Part 1

-Crisis first aid for panic attacks, Crisis first aid for traumatic events, Understanding disorders in which psychosis may occur, Crisis first aid for acute psychosis.

Session 2, Part 2

Observed Mandates Include:

Cultural Competency

Procedural Justice

Human Rights

Use of Force

Intro to Mental Health Awareness

Directions:

From Rt. 316 (West State Street in Charleston). Turn South on Decker Springs Road. Take second right hand turn and follow the road around the curve. The training center is on your left.

From Rt. 16 (Reynolds Drive, This intersection will have a Marathon Station on the south side of the street and Lincoln Gardens Family Restaurant on the north) Turn north onto Reynolds Drive and follow that to the bottom of the hill where the road comes to a T. <-> Turn left and follow the road. It will take you under the railroad tracks. The road curves to the right, around a large building in the middle of the road. The training center will be just past it on the right.

GPS Coordinates of training building: 39.49319144

-88.19841767

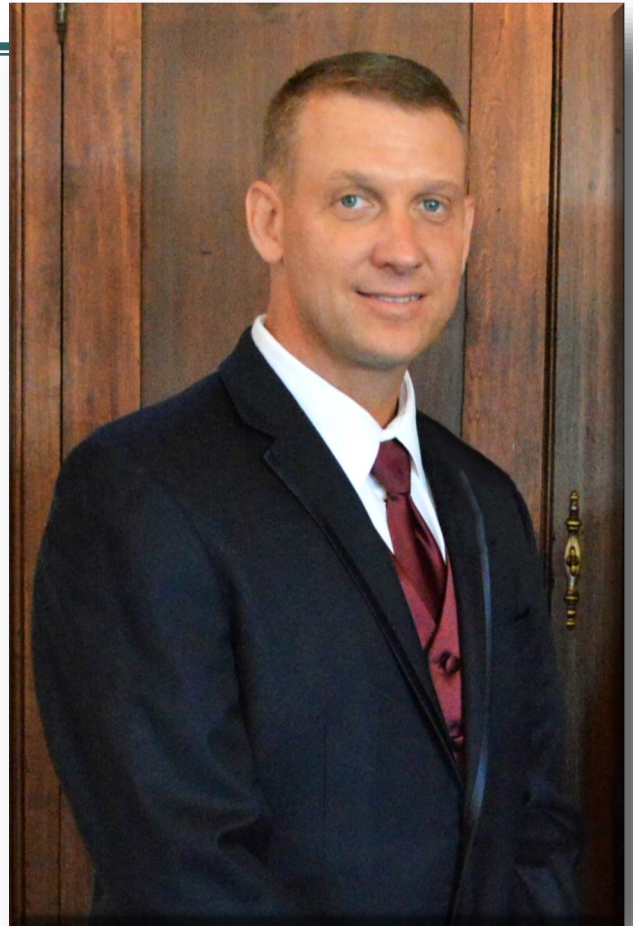
Google Maps understands GPS better than it does the address

Derrick Sanders is a Deputy Sheriff at the Clark County Illinois Sheriff's Office and has been for over 15 years. Derrick is currently a Juvenile Officer, a certified Crisis Intervention Team member, and has been certified as a Hostage Negotiator with designations of phase I, II, and III. In addition to Derrick's civilian law enforcement experience he served on active duty in the United States Army in the Military Police Corp for almost 5 years. While serving in that capacity Deputy Sanders served in two combat deployments during and shortly after Desert Storm.

Derrick is a certified Instructor in Mental Health First Aid for the Adult and Youth Curriculum from the National Council of Behavioral Health. Additionally, Derrick holds module designations with Mental Health First Aid for specific areas of training for Public Safety, Fire/EMS, Veterans and Military members and their families, Older Adults, Higher Education, and Rural. Each of these disciplines have specific cultural areas to highlight, discuss and facilitate.

Derrick has facilitated more than 50 classes of Mental Health First Aid, certifying over 760 individuals, conducting classes throughout the East Central Illinois region. Derrick is a Board Member of the Clark County 708 Mental Health Board and a member of the Clark County Local Emergency Planning Committee.

Derrick currently resides in Marshall with his wife of 27 years. He enjoys spending time with his four children and three grandchildren.



This course is funded by the Illinois Law Enforcement Training and Standards Board.