

East Central Illinois Mobile Law Enforcement Training Team

MTU #13

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Course Announcement

Emotional Survival–

March 31st, 2021

0830 hrs-1630 Hrs

Mattoon Training Center

3121 Dewitt

Mattoon, IL. 61938

Submit enrollment to:

Registration form at

www.mtu13.com,

boyer092@gmail.com

Or call 217-345-3344

Emotional Survival-

This presentation is designed to assist law enforcement professionals by the development of behavioral strategies to inoculate against loss of idealism and inappropriate behavior patterns. It will review the short and long term effect on law enforcement officers on both the personal and professional aspects of their lives. The course will discuss how the initial enthusiasm and desire to professionally contribute can be transformed into negative cynicism, social distrust and hostility to the world at large that significantly impacts the professionals work performance, decision-making and ultimately over-all quality of life. The course will also review the impact on the children of law enforcement families in terms of school functioning and health. The goal of the course is to have the law enforcement professional review the potential impact the career causes in the personal life and to develop strategies for overall emotional survival.

Topics discussed include:

Define the challenges inherent to a criminal justice career. Define the impact of those challenges. Establish concepts of "Locus of Control"; Internal vs. External. Vigilance. Establish "Over Investment" and "Under-Investment profiles". Establish the differences between "Survivors" and "Victims". The impact of "Non-Survivorship" of criminal Justice Integrity. Loyalty vs. Integrity, Burnout; causes and prevention strategies. Survivorship skill development. Development of Personal-Life Proactivity. The Physiological Dimension– "Doers Do, Victims Whine". Alternative role investment as a survival strategy.

Observed Mandates Include:

Cultural Competency

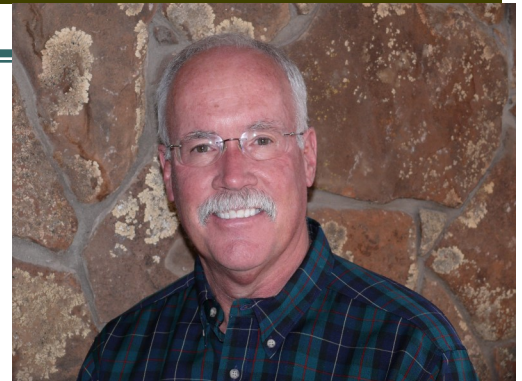
Procedural Justice

Who should attend?

Everybody should attend, **Patrol, Administration, Detectives, Corrections, Dispatch**. Did I miss a category, I apologize. Not only that, **Bring your Spouse**. Yes, this is bring your spouse to training day. Information in this class may just be helpful to your family as well. When you sign up, please let me know if a spouse is coming. If attendance dictates, we will move the class to a larger venue. Nobody gets turned away from this class. **Officers have said this is the best class they have ever taken!**

Robert White is a former Deputy Chief with the Flagstaff, Arizona Police Department where he served in multiple line and command positions over his 31-year tenure.

He is a graduate of the FBI National Academy 167th Session and remains actively involved in National Academy Associates continuing educational development and with the Arizona Chiefs of Police Association.

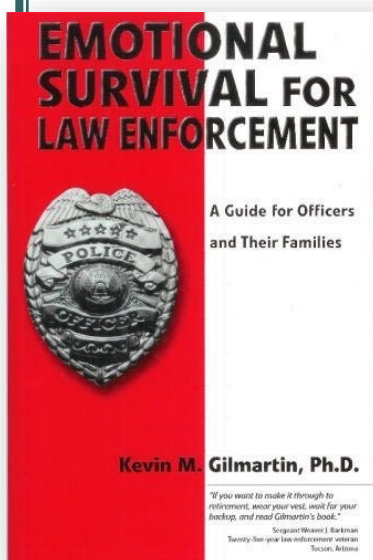


He holds both Bachelors and Masters Degrees from Northern Arizona University. He is also a graduate of the Southwest Command College and the Arizona Regional Policing Institute.

He has extensive experience instructing both law enforcement training sessions and at the University level in the area of management principles and customer service.

He is also a Leadership Development Instructor for the International Association of Chiefs of Police.

In addition to his law enforcement experience, he is a certified Fire Fighter. He has instructed on the topic of Emotional Survival for Law Enforcement and is an instructor on this topic with E-S Press, Inc. He resides in Flagstaff, Arizona.



This course is funded by the Illinois Law Enforcement Training and Standards Board.