July 1st, 2023 Volume 6, Issue 1

East Central Illinois Mobile Law Enforcement Training Team Mobile Training Unit #13 Newsletter

July

Well June was interesting enough. How many people saw the report of the UFO crash in Las Vegas and the report of eight to ten foot tall beings frolicking in his back yard. As if this job doesn't throw enough curve balls, now police have to know how to deal

with......whatever that was. We'll see if there is a report on this by the time that this Newsletter is sent out. Anyway, the wife and I

were out there shortly after this report and we didn't see any UFOs or UAPs. We spent our time in Nevada, Utah, Arizona, New Mexico mainly. We love to hike the National Parks and drive the desert. It is absolutely beautiful out there. Our National Parks are truly a national treasure as well.

THIS JUST IN

We all know Ron Yanor from coming to training. He is a valued member of our training team. This massive storm hit his house harder than most. Over by Springfield where he lives, he got hit by the tornado. Thankfully, everybody is alright but they are still cleaning up and without power as of July 3rd when I'm writing this. Project Director-Brad Oyer

Assistant- Christina Stephen

In-House Training Update

Trainers– Before holding in-house training. Please call and schedule with the MTU. I'm asking for at **least 2 weeks notice**. We are being asked to attend your training and fill out an "audit" form to evaluate the training. We need a couple of weeks if possible in order to arrange schedules so that one of us are available to attend if possible.

If you have any questions, please feel free to give us a call or drop us an email.

Brad, Christina and Jason

Training is funded by a grant from the Illinois Law Enforcement Training Standards Board

July

Law Enforcement Medical Instructor	July 7th
Use of Force Modules One– Two and Three	July 19-21st

August

Use of Force Modules 1-2-3	August 2-3-4
VIP/Dignitary Protection	August 14-18th
September	

Breacher Instructor Course	September 5th-8th
Intro to Breaching	September 8th
San Jose Field Training Officer	September 11-14th
San Jose FTO Refresher	September 13-14th
San Jose FTO Supervisor	September 15th
Child Maltreatment and Child Sexual Abuse	September 18th
Rapid Response/ Active Shooter	September 19th
SWAT/CQB School	September 18th-22nd
Pat McCarthy's Street Crimes	September 25th-27th

October

Small Unmanned Aircraft (DRONES) in Law Enforcement	October 2nd-5th
Intercepting School Violence Through Cyber Intelligence	October 4th-5th
School Resource Refresher	October 9th-10th
Caliber Press Street Survival Seminar II	October 11-12th
How to Eliminate Social Media Mistakes Both On and Off Duty	October 16-17th
Use of Force Module One	October 18th
Use of Force Module Two	October 19th
Use of Force Module Three	October 20th
Verbal Judo for De-Escalation	September 19th
Bus Hostage Rescue-Linear Vehicles	October 23rd
High Risk Vehicle Engagements	October 24th
Rural Operations	October 26-27th
Interviewing Children	October 30th

November

Six Layer Concept– Tactical Threat Recognition	ayer Concept– Tactical Threat RecognitionNovember 2-3rd	
Safarieland 4-day Less Lethal Instructor Course (Tentative)	November 6-9th	
Use of Force Module One	November 14th	
Use of Force Module Two	November 15th	
Use of Force Module Three	November 16th	
Genetic Genealogy for Law Enforcement	November 20-22nd	
Anger Management for Cops (Gail Sullivan)	November 27th	
Conversation with a Sex Offender (Gail Sullivan)	November 28th	

December

Media Relations for Law Enforcement	December 4th-5th
MTU 13 Chili Luncheon	December 8th
High Tech Investigations Certification	December 18-22nd
Body Searches from Terry to Strip	December 27th
Oleo-Resin Capsicum Instructor Course	December 28th

This is where we are right now, but we are no way shape or form done scheduling. I'm still talking with **Sig Sauer about a P320 Armorers Course**. Getting the paperwork back is the challenge. I haven't received paperwork back from Safarieland also. That is actually 4 individual classes where the student can take any of them or all of them. I'll only have 12 slots I believe in that class. I'm not going to start taking sign ups until I have all the paperwork hammered out and it is final. I'll send out an email on that when it happens.

Just an FYI, in the annual surveys someone asked for the class **Case Law by Zach Miller**. If the officer who suggested that is reading this, I've reached out and I can't get any response. If you know him or affiliated in any way, I'd appreciate any help that you can provide. We are also planning on doing another Crisis Intervention Team (Basic CIT) this year in December but that is not finalized in any way either so I won't post it until we know more.

If you are requesting any training in the upcoming year, now is the best time to request it.

Annual MTU 13 Chili Luncheon

Denny Stewart Law Enforcement Training Center 3121 Dewitt Ave. Mattoon, II. 61938 December 8th, 2023 1130 Hrs- 1330 hrs

Come join the team of MTU 13 for a bowl of chili and good conversation as we break in the Christmas time spirit as well as celebrate another year of Law Enforcement Training and service to our communities.....rumor has it that Denny Stewart himself might make an appearance.

Everyone is invited. Active Law Enforcement, Corrections, Instructors, Retirees. All are invited to come dine together to kick off the holidays.......Deserts are welcome.



The other "F" word: What the response is really telling you

By: Nicholas Greco

Personnel will often say they are "fine" even when they are clearly not; here's how to recognize and address stress in public safety

The "F" word, but not what you're thinking: I'm talking about something else. I can ask any group of officers about how they are doing – whether it's a crisis intervention team section I'm teaching on law enforcement suicide or one of my other courses specifically geared to officer health and wellness – and this will be the answer: "Fine."

You know what I'm talking about. If you were to ask any fellow brother or sister how they're doing, they would likely say fine. And it doesn't matter what or when. Even following critical incidents like an officer-involved shooting, the answer is almost always, "I'm fine."

But we all know they're not fine. You yourself may not be "fine." I am reminded of something George Carlin, a comedic genius, said (and I am paraphrasing): "Has anyone ever been fine and dandy?" He continued, "I have never been fine and dandy at the same time. I have been fine but not dandy. I have been dandy but not fine."

"FINE," BUT NOT FINE

Kidding aside: We often lie to ourselves when we claim to be "fine." When it comes to first responders, yes, there is stigma. Yes, there are departmental politics. But our dishonesty comes down to fear, ultimately: fear that you may not be the person you thought you were; fear that you are broken; fear that you, the helper, the first responder, now need to reach out and admit that you are not fine.

Being one who helps others, it's not easy to now require help yourself. But guess what? It's okay to not be okay. Sometimes it's fine not to be fine. After all, you are a human, not a machine.

I know the people reading this are mostly great at their jobs. You wouldn't be reading a blog like this if you didn't believe in your mission and weren't good at what you do. But everyone deserves rest and recuperation. It's not enough to get home, eat something and plop down on the couch and zone out. We need to do a better job of addressing the stress that comes with the work of first response – not just day to day but over the course of a career.

There's only so much stress anyone can handle. Imagine yourself as a bottle. How much stress can you put in there? Stresses from work, minor annoyances, home-life problems, and so on - how much can you, personally, handle? At some point, you need to tip the bottle over and let some of that out. This is a necessity.

HEALTHY COPING MECHANISMS

Are you destressing in a healthy way? That's a critical question. If you find yourself tired, short with family and friends, easily irritated, having trouble concentrating, having a low mood and not really enjoying life but merely going through the motions, your bottle is probably close to the top. So what are you doing to drain your bottle in a healthy way?

Nothing beats connecting with another person and relating to them to alleviate stress. But who can our first responders talk to? It might be friends, a chaplain, peer support or a significant other. If you aren't comfortable talking to your spouse about your stress, I would ask, why not? If it's fear, you might be overlooking an incredible resource – as well as an opportunity to strengthen your relationship. Communication is, after all, the foundation of a long-lasting bond.

A professional is always a good option. Therapists who know the struggles of first responders exist, and seeing one has never been easier. Telemedicine makes connecting with a trained professional easier than ever.

CONCLUSION

When I train officers, I tell them, call me. Whether it's 3 p.m. or 3 a.m., I am here for you. But let's not get to that point, if possible.

Don't blindly say you're fine when you're not. Deal with what's bothering you rather than burying it. Dealing with your stress and trauma on a daily basis; having healthy, safe outlets to vent; and getting professional help will help to ensure not only a healthier career but a more rewarding retirement.





Critical Tasks in Jail/Correction **Operations** and **Reducing Liability**



Join the Illinois Counties Risk Management Trust for our upcoming jail conference! Course Objectives:

- » Intoxication and Withdrawal in the Jail Environment
- » Medical Best Practices
- » Cell Searches, Shakedowns and Body Scanners
- » Use of Force- Response to Inmate Aggression
- Restraints for The Front-Line Officer
- » Mental Health & Suicide Awareness
- » Investigating In-Custody Deaths for Staff
- » Legal Updates & Best Practices for Corrections Officers

888.377.5845

» PREA Law and Transgender Inmates

Instructors:

- » Jeff Carter
- » Bhairav Radia

Contact Us



lawenforcement@ipmg.com www.icrmt.com



ACCOMMODATIONS

Please use our link on the registration page to book a hotel room at discounted rate.

REGISTER NOW >

EVENT DETAILS

Wed, Oct 18th, 2023 9am-5pm & Thu, Oct 19th, 2023 9am-5pm

Location : Thelma Keller Convention Center, North Keller Drive, Effingham, IL, 62401

ICRMT Members: Free of Charge

Non-ICRMT Members: \$149 per person

Date & Time :



University Of Illinois Academy For Social Work and Public Safety Cooperation



July 31- August 4, 2023 8:00 am – 4:00 pm daily

This course will be held at several different locations dependent on the topics for the day. The first day of training will take place at ILEAS Training Center 1701 E. Main Street Urbana, IL 61802

Lodging Options:

I Hotel 1900 S. 1st Street Champaign, IL 61820 (217) 819-5000

Hilton Garden Inn 1501 S. Neil Street Champaign, IL 61820 (217) 352-9970

Holiday Inn 101 Trade Center Dr. Champaign, IL 61820 (217) 398-3400

Home2 Suites 2013 S. Neil Champaign, IL 61820 (217) 355-6468

Homewood Suites 1417 S. Neil Street Champaign, IL 61820 (217) 352-9960

*This is not an exhaustive List of lodging options This 40-hour Training Course is a foundational training for mental health professionals that routinely work with law enforcement either during on scene response or as a support to community members following police involvement.

Course Topics include:

- · History of police crisis response
- Non-escalation and De-escalation tactics
- Evaluation Tools
- Proper Documentation
- Policy and Procedure
- Police Radio Communication
- Strategies and Tactics
- Legal Considerations
- Confidentiality
- Law Enforcement Mindset & Culture
- Basic Self-Defense
- Scenario Training

For inquiries please contact Megan Cambron at cambronm@illinois.edu

BACHELOR OF ARTS IN INTERDISCIPLINARY STUDIES DEGREE PROGRAM







MAKE YOUR LAW ENFORCEMENT TRAINING WORK FOR YOU.

Eastern Illinois University believes that your hard work, sacrifice, and dedication to your community should count towards your undergraduate degree! If you are or have been in law enforcement, prior learning assessment is a wonderful opportunity to showcase the effort and commitment you have proven in your career through your departmental and state-mandated trainings.

Prior Learning Assessment (PLA) provides adult students with the opportunity to request college credits for knowledge acquired outside of a traditional classroom. Through our program, law enforcement officers can receive college credit for documented service trainings and exams.

Our prior learning portfolio process for law enforcement is easy! PLA requires a detailed description of knowledge gained and sufficient documentation to support a request of credit; you will need to have a copy of each completion certification. Previous students have earned between 8 credit hours to 60 credit hours.

Popular examples of credited learning include the following:

- Police Institute Training (PTI)
- DARE Officer Training
- Field Sobriety Training
- Juvenile Office Training

WHY YOU SHOULD CHOOSE US:

- We provide the flexibility of developing an individualized degree program to meet your professional and personal goals. You may earn up to two minors.
- As a public university, we pride ourselves on being affordable. We will accept up to 100 hours of transfer credit, including up to 78 hours from a community college.
- An academic advisor will work with you throughout your degree program.

IDS DEGREE PROGRAM

600 LINCOLN AVENUE CHARLESTON, IL 61920 IDS@EIU.EDU (217) 581-5618



IT'S ALL ABOUT YOU. APPLY TO DAY AT MY.EIU. EDU. eiu.edu/ids

Note from the Director– I recently received this information from ILETSB. I thought I would pass it along to you. I've already sent it to many of the command staff on my email lists, but I wanted to make it available to everybody in case you didn't see it earlier.

Annual Range Qualification

Within the Annual Range Qualification – officers are required to complete and successfully be trained in four areas including (found under b.):

Section 1730.20 Officer's Responsibilities

a) Basic Firearms Certification

1) Each officer shall successfully complete a Board certified course of training in the use of a suitable type firearm as a condition precedent to the possession and use of that type of firearm in connection with his or her official duties. The training must be completed within the officer's probationary period or within 6 months from the date of his or her initial employment.

2) In order to receive a certificate attesting to the successful completion of the required training, each officertrainee must attain a passing grade of at least 70% on a written examination covering pertinent portions of the instruction. The officer-trainee must also achieve a score of 70% or above on a pistol course to be fired as prescribed in the curriculum adopted by the Board. In addition, the person in charge of the training must be completely satisfied of the ability of the officer-trainee to handle his or her weapon in a safe and competent manner.

3) Any officer who successfully completes the Basic Training Course prescribed for recruits (full time) by the Board shall be presumed to have satisfied the requirements of the Act.

b) Annual Range Qualification

1) Each officer shall successfully complete an annual range qualification using a suitable type firearm as a condition precedent to the possession and use of that type firearm in connection with his or her official duties. Training must be completed within 12 months after the officer's previous certification.

2) Each retired law enforcement officer qualified under federal law to carry a concealed weapon must successfully complete, during the most recent 12 month period, at the expense of the individual, the same standards for annual range qualification as used for active officers.

3) In order to receive a certificate attesting to the successful completion of the annual range qualification, each officer, including those retired law enforcement officers qualified under federal law to carry a concealed weapon, must achieve a score of 70% or above on a pistol course to be fired as prescribed in a curriculum adopted by the Board. In addition, the range officer in charge of the program must be completely satisfied of the ability of the officer to handle his or her weapon in a safe and competent manner.

4) <u>The training course shall contain a presentation of the ethical, moral and legal considerations to be taken in-</u> to account by any person who uses a firearm.

Officer Down Memorial Page

Law Enforcement Officers who have lost their life to suicide.

Officer Line of Duty Deaths 2022-230

Total Line of Duty Deaths for 2023: 44

Gunfire20Vehicular Assault2

More officers have taken their own lives than been attacked and killed by other humans.

We have to **<u>CHANGE</u>** this!



No shame, no judgement



just us being happy you're here. Stay with us, you have choices. They all want to help.

Text "BLUE" to 741741

- 866-COP-2COP 24 Hour Peer Support
- 855-964-2583
 BlueLine Support
 24 Hour Peer Support
- www.1sthelp.net Resource Database for First Responders
- ▶ 1-800-COPLINE 24/7 Law Enforcement Hotline
- 1-800-273-TALK Suicide Prevention Hotline
- 800-273-8255, Press 1 Veteran Crisis Hotline



2019	248
2020	
2021	
2022	174
2023	

Take the Pledge

Without solidarity, acknowledgement and honor- stigma, silence and denial remain. By taking the pledge each year, you are committing to: publicly show your support for prevention of law enforcement suicide; support for the officers who are suffering and; honoring the memory of those we have lost. Anyone can pledge, you don't have to be an officer; you simply need to be committed to eradicating the stigma.

I Pledge To:

- Make emotional wellness a priority for myself, my family and/or my fellow officers;
- Seek Assistance when I may be in need of support
 for work
 or personal pressures;
- Confidentially contribute suicide information to aide in accurate data.

Pledge Benefits

- Pledge certificate worthy of display
- Watch Your 12 Challenge Coin
- Recognition on our website
- 15% off merchandise purchases in the Blue H.E.L.P. store for one year.
- 15% off conference registration fees for one year

How to Pledge

-Click the link at website (bluehelp.org/take-the-pledge/#) (20.00 individual/ \$150.00 department)

- (Optional) send your department patch to Contact@bluehelp.com or mail to:
- Blue H.E.L.P.

P.O. Box 539 Auburn, MA 01501 Neoga Police Department

Ph: 217-895-3237 Fax: 217-895-3118

Chief Andrew R. Schabbing

533 Chestnut Ave. P.O. Box 248 Neoga, IL 62447



The Neoga Police Department is seeking candidates for the position of school resource officer. This officer's primary responsibility will be to collaborate with all stakeholders in an effort to build relationships, prevent crime, provide training on public safety topics, participate in safety planning, appropriately investigate criminal activity, enforce the law appropriately, and assist administration in maintaining the safest learning environment possible.

During summer months the officer will help with investigations, community outreach and support, special event planning and help cover patrol shifts when needed.

This position will include dental, vision and health insurance as well as paid personal time, holidays, sick and vacation time.

For more information or if you are interested in applying please contact Chief Schabbing at aschabbing@neoga.org.

Andy Schabbing

Andrew Schabbing Chief of Police

RECRUITMENT INFORMATION

EDWARDSVILLE POLICE DEPARTMENT LATERAL POLICE OFFICER INFORMATION

The Edwardsville Police Department is accepting applications for lateral Police Officers.





Equal Opportunity Employer. Women and Minorities are encouraged to apply.

Requirements:

- Currently serve as a Police Officer.
- Associate's Degree in Criminal Justice or-Bachelor's Degree in any field.
- Completed a minimum standard Law Enforcement Training Course.
- Ability to Pass a Power Test.
- Valid Driver's License



Benefits

- Accelerated Starting Salary \$84,800 \$92,500.
- 36 hours of Vacation at time of hire.
- Uniforms and Equipment Provided.
- Vacation, Sick, Personal Leave, Comp Time.
- Holiday Pay (132 hours) Paid or Comp Time.
- 12 Hour Shifts.
- Downstate Pension/Degree Stipend.
- Employee Medical/Dental/Vision Paid 100%

Scan below for more information:



Edwardsville Police Department—333 S. Main St, Edwardsville IL—618-656-2131

City of Carrollton - Police Department



POLICE OFFICER POSITION

The City of Carrollton Police Department will be taking applications for the position of Police Officer. This position is a Full-Time position.

JOB DESCRIPTION: Officers of the City of Carrollton are charged with the duties of preservation of the peace, order, and safety of the City; and along with the duties of protecting the rights of persons, property, and by enforcing all laws of the City and of the State of Illinois.

JOB QUALIFICATIONS: It is suggested that anyone submitting an application, possess the proper credentials set forth by the Illinois Training and Standards Board.

Individuals must be 21 years of age, possess a valid Illinois driver's license, and be able pass a thorough background check. Further questions as to the qualifications, may be submitted to the Chief of Police for explanation.

Phone: 217-942-3135

<u>E-mail</u>: carrolltonpd1@gmail.com

SALARY AND BENEFITS:

Starting wage-\$23.68 After 6 months - \$24.22 Health and Dental Insurance (80% paid by employer, 20% paid by employee) IMRF Retirement 14 Paid Holidays Longevity 1 week vacation time after one year of service, 32 Personal, 12 hours of sick time per month, and compensation time accumulation

Applications may be picked up at the Carrollton City Hall, Monday thru Friday 8 a.m. to 4 p.m. This posting will be effective thru June 6, 2023 at noon. **Please submit an application, resume, and other qualifications.** All applications that are on file at that time will be reviewed and considered.



The Board of Police and Fire Commissioners of the City of Highland will be accepting applications to establish an eligibility list for the position of Police Officer.

All Applicants must meet the following requirements:

- Citizen of the United States and reside within 18 miles of the City limits of Highland within 18 months of hire date.
- Be at least 21 years of age & under 35 years of age except as otherwise provided by statute.
- Have a minimum of 60 credit hours in Administration of Justice or a similar field of study or an Associate's Degree or 2 years active duty military or 180 days of service in a combat zone.
- Hold a full-time law enforcement officer certificate in the State of Illinois or become certified within 6 months of hire.
- Complete a written assessment on June 24, 2023, at 9 am at the Highland Public Safety Building, 12990 Troxler Ave., Highland, IL 62249, and attain a minimum score of 80 percent.
- Pass the physical agility test conforming to the Illinois Law Enforcement Training Board Standards before receiving a conditional offer of employment. A power test will be conducted after completion of the written examination, or a power test card dated within the last 6 months will be accepted. For details regarding power test requirements, refer to https://www.ptb.illinois.gov/media/1755/new-power-test-chart-2023.pdf
- Meet all other qualifications as outlined in the rules and regulations of the Board of Police and Fire Commissioners of the City of Highland, IL.
- New officers will be paid a probationary wage for 12 months (\$64,646.40). After completing
 probation, officers will be paid (\$79,475.76) annually.

Information and applications can be obtained in person at the Highland Police Department. Completed applications must be received no later than 4:00 pm on Friday, June 16, 2023.

Applications may be submitted to the Police Department or mailed to:

Highland Police Department Attn: Applicant Testing 12990 Troxler Ave. Highland, II. 62249 The Village of Irvington Police committee is seeking a self-motivated and upbeat professional to serve as Chief of Police.

Applicants:

• Citizen of the United States, lives within 20 miles of the Village of Irvington.

• Have a minimum of 5 years experience in law enforcement.

• Preferred a minimum of 60 credit hours in administrative justice or similar field of study or an Associates degree or 2 or more years of military experience or 180 days of service in a combat zone,

• Will accept a highschool diploma or GED (with a minimum of 5 years experience in the field).

• Preferred full time law enforcement officer certificate in the state of Illinois, but will accept part time law enforcement officer certificate in the state of Illinois, certified within 6 months of hiring.

- Meet the qualification as outlined in the rules and regulations of the board of police.
- Must have IL FOID card
- Valid IL Driver's license

• Experience with communicating and building ties with the community.

Wages:

\$26.00/hour Resumes can be sent to the: Village of Irvington Police committee Irvington, IL 62848 po box 515 Also by email to: <u>irvingtonilzoning@gmail.com</u> Subject matter: Police Applications Applications must be completed and turned in by July 10, 2023.