March 1st, 2024 Volume 6, Issue 9

## East Central Illinois Mobile Law Enforcement Training Team Mobile Training Unit #13 Newsletter

#### March 2024

March is here and we are headed into our busy time with training. We have a ton of stuff coming up. Normally, I use the front page to help highlight upcoming training but we have too much to realistically highlight. We are doing a lot of training that has role play hours attached. You can always come to the Use of Force Modules to neatly get all of the mandates that you need or you can piecemeal it together with other classes.



We look forward to seeing everybody at training this year.

\*\*\*If you have a training request, now would be a great time to let me know because we are scheduling July through December at this time\*\*\*

If you have not already done so, now would be a great time to sign up for our social media page on FaceBook.



Project Director-Brad Oyer

Assistant- Kelsey Jacobson

### \*\*\*In-House Training Update\*\*\*

**Trainers**– Before holding in-house training. Please call and schedule with the MTU. I'm asking for at **least 2 weeks notice**. We are being asked to attend your training and fill out an "audit" form to evaluate the training. We need a couple of weeks if possible in order to arrange schedules so that one of us are available to attend if possible.

If you have any questions, please feel free to give us a call or drop us an email.

Brad, Kelsey and Jason

### MTU 13 Facebook Page

Many of you may know that at one time, MTU 13 had a Facebook page. Since I have been in this position, I have been unable to locate username and passwords for that account. Kelsey has been putting together a new group page.

The former account, which is still up, was called "MTU 13". The new Facebook page is "East Central Illinois Mobile Law Enforcement Training Team-MTU 13". This will be a closed group, open only to law enforcement.

This QR code should take you to a sign up page where you will be approved after it's confirmed you are in the law enforcement family.



Training is funded by a grant from the Illinois Law Enforcement Training Standards Board

## Mandate for Emergency Medical

You will now be able to submit your CPR card as proof of obtaining the class needed for the CPR mandate. Below is the email text regarding what ILETSB will accept for the law enforcement medical CPR mandate as far as the card goes. Everything else is the same. - Brad Oyer

#### Email from ILETSB-02/26/24

Anyone turning in a CPR CARD (ONLY) shall be entered into the class for that month's CPR Universal Course. You should notably have up to 11 potential CPR Courses that are for the last day of each month. Although a 12<sup>th</sup> month could be added, it will expire as quick as it was submitted given Emergency Medical is an ANNUAL MANDATE. A person summiting a card with an OCTOBER 2023 completion date shall be entered into the OCTOBER 31, 2023 class and his/her expiration of that mandate will occur one year from that time. A person submitting a card that has been issued more than 12 months prior is not valid for the year as it pertains to the Emergency Medical Mandate event though the card may still be valid, this particular credit is only offered for a course that has been conducted within the past 12-months.

ONLY a card shall be accepted as having completed a CERTIFIED AHA/ARC course. NO Letter, correspondence from a Chief/Sheriff, or letter from an AHA/ARC Instructor shall suffice for credit or certification. Training Centers shall only be acknowledged by the issuance of a CPR/AED Card to the card holder.

Again, this process is being developed to assist agencies who need to get on cycle regarding the 500 day delay before retaking the Emergency Medical online.

Follow up email on the same topic-

A simple follow up, the reference to Individual Correspondence relates to letters associated with ONE officer or individualized officers. Letters may be accepted by the MTU regarding DEPARTMENTAL TRAININGS. In other words, a letter whereas the departments have their local EMT or Fire provide the training but don't pay for the Cards would mean they will still have a complete roster. If they submit a similar letter with one or two officers for a 12 man department, this would be a RED FLAG.

#### Information from Illinois State Police Regarding the Breath Alcohol Operator Certificates

The certificates are now available on OneNet. The cardstock is no longer issued for the printing off of licenses, nor do we print them at the class. The Administrative Rules were changed so that the license does not need to be displayed anymore, but just kept on file and available for court if requested. The officers should have their certificate (license) through their OneNet account that was provided to them at their BAO Class. They are in a .pdf file now and can be printed on your own cardstock or regular paper and will have all the same information as before.

I will provide our old instructions, applicable to anyone who took the class prior to this year. They are changing the way they are inputting the officers information into OneNet for accounts/etc currently, and we are having to update our instructions. I can provide instructions on how to print the license, access OneNet account, once we get them completed, but any officer attending a class will also be provided these instructions at the class.

Trooper Matthew Reents #6721 BAO-South Coordinator Alcohol & Substance Testing Section 618-704-1210

## March

Mental Health Awareness	March 4th
Investigating Child Physical Abuse and Death	March 11th
Breath Alcohol Operator	March 13th
Law Enforcement Medical Instructor	March 15th
IVC Law Update	March 18th
Breaching Instructor Course**Seats still available**	March 26-29th
Intro to Breaching	March 29th

Leadership First

6 6 Leadership is not about being in charge. Leadership is about taking care of those in your charge. Simon Sinek

## April

Pat McCarthy's Street Crimes	April 2nd-4th
Breach Point Training with Kent Williams	April 5th
Basic SWAT/CQB **FULL**	April 8th-12th
Tactical Threat Recognition	April 8th-9th
CIT Concepts for 911 Personnel	April 12th
Mastering the Leadership Challenge (2 slots left)	April 15th-19th
Lead Homicide Investigator– Urbana	April 22-26th
Rapport Building Techniques for Interviewing and Interrogations	April 22nd
Law Enforcement Medical Officer	April 23rd
Verbal Judo for De-Escalation	April 24th
Police Firearms Instructor***FULL***	April 29th-May 3rd

## May

Prison Rape Elimination Act	May 1st–2nd
Prison Rape Elimination Act Refresher	.May 2nd
SWAT Liability and Legal Issues **Tentatively**	May 7th
Use of Force Module One-Two and Three	May 8th-10th
Police Carbine Instructor	
High Risk Vehicle Tactics Instructor	May 22st-24th
Memorial Day (Unofficial First Day of Summer)	May 27th
Basic Shield Operator	May 29th
Legal and Justifiable Use of Force	May 29th
Criminal Law and Procedure	

## June

Basic Sniper/Observer (Effingham)Ju	une 3rd-7th
Use of Force Modules 1-2-3Ju	une 5th-7th
Emergency Vehicle Operations Course **Tentatively**Ju	ine 14th

# MONEY



Every month I try and pass along something to everyone that they can use, either a leadership article or nutrition or officer safety. This month I'm going to keep it simple. If you are not in a 457(b) you should start. Your future financial independence can count on it.

A 457(b) is a tax-advantaged retirement plan primarily for civil servants, municipal employees, law enforcement officers and public safety personnel. In addition, executives at hospitals, charities and unions, as well as some independent contractors employed by state and local government bodies, may participate in 457(b) plans.

Like other employer-sponsored retirement plans, the 457(b) provides tax-efficient growth for retirement savings: You don't pay capital gains taxes on the investments you buy and sell in your account, giving your retirement nest egg additional room for growth.

Contributions to your 457(b) are deducted from your paycheck and may be taxed in one of two ways: With a traditional 457(b), your contributions are taken out of your paycheck before taxes, lowering your overall tax bill today. When you take out money in retirement, you pay income taxes on the withdrawals.

Lets look at a breakdown:

If you put in \$100.00 a month starting at:

Age 21 with 10% interest over the life = **\$178,357.00** at age 50

If you put in \$250.00 a month starting at:

Age 25 with 10% interest over the life= **\$295,041.18** at age 50– leave that in for another 10 years and make \$0.00 contributions and you will have **\$765,260.84** at 10% interest.

#### \*\*\*Tell your kids this one\*\*\*

If you start at age 18 and leave it in until you are age 60. (This would be an investment other than 457(b) though)

If you start at age 18 with \$100.00 a month contributed until the age of 60, you will have **\$645,164.39** (10% interest) Double that and contribute \$200.00 for the same length of time and you can expect to retire a millionaire with **\$1,290,328.78** 

The time to start investing is NOW!

## **Counseling Service from one of our own.....**

If someone needs help with trauma counseling and they are in the emergency or police world in our community, they can reach out to our hotline. The phone # is 217-258-4144. Our email is <u>stressdebriefCISD@sblhs.org</u> If I am activated through those numbers or email, I will be paid by Sara Bush Lincoln Hospital. If they want to go straight to me my number is 574-529-0937. Payment is optional to me directly. I usually get paid \$25 an hour, but I won't charge that. It would be completely voluntary.



Pastor Dan Haifley

Note from Project Director Brad Oyer-

I have personally known Pastor Dan Haifley for several years. He is a strong supporter of law enforcement and first responders. He has volunteered to serve as a chaplin for our MTU. He is also employed through Sarah Bush Lincoln Health Care Center as a stress debrief counselor. He understands the stress that officers and first responders go through in this line of work. If the time comes that you need to speak with someone, I want everyone to know there is someone local who will listen and is trained to speak with you. If anyone needs help, please ask. There are people here who care about you and what you do.



## Officer Down Memorial Page

Officer Line of Duty Deaths 2022–247

### Total Line of Duty Deaths for 2023: 23

Gunfire	7
Vehicular Assault	0
Assault	0
Stabbed	1

More officers have taken their own lives than been attacked and killed by other humans.

We have to CHANGE this!



## No shame, no judgement



just us being happy you're here. Stay with us, you have choices. They all want to help.

#### Text "BLUE" to 741741

- 866-COP-2COP 24 Hour Peer Support
- 855-964-2583
   BlueLine Support
   24 Hour Peer Support
- www.1sthelp.net Resource Database for First Responders
- 1-800-COPLINE 24/7 Law Enforcement Hotline
- > 1-800-273-TALK Suicide Prevention Hotline
- **800-273-8255, Press 1** Veteran Crisis Hotline



## Law Enforcement Officers who have lost their life to suicide.

2020	197
2021	198
2022	217
2023	163
2024	21

### Take the Pledge

Without solidarity, acknowledgement and honor- stigma, silence and denial remain. By taking the pledge each year, you are committing to: publicly show your support for prevention of law enforcement suicide; support for the officers who are suffering and; honoring the memory of those we have lost. Anyone can pledge, you don't have to be an officer; you simply need to be committed to eradicating the stigma.

### I Pledge To:

- Make emotional wellness a priority for myself, my family and/or my fellow officers;
- Seek Assistance when I may be in need of support
   for work
  or personal pressures;
- Confidentially contribute suicide information to aide in accurate data.

### **Pledge Benefits**

- Pledge certificate worthy of display
- Watch Your 12 Challenge Coin
- Recognition on our website
- 15% off merchandise purchases in the Blue H.E.L.P. store for one year.
- 15% off conference registration fees for one year

### How to Pledge

-Click the link at website (bluehelp.org/take-the-pledge/#) (20.00 individual/ \$150.00 department)

- (Optional) send your department patch to Contact@bluehelp.com or mail to:
- Blue H.E.L.P.

P.O. Box 539 Auburn, MA 01501

www.bluehelp.org Facebook, Insta, Twitter: @BlueHelpLE PROFESSIONAL CONFERENCE

# R ALZHEIMER'S

**Illinois Chapter** 

# NAVIGATING ALZHEIMER'S & DEMENTIA A CONFERENCE FOR FIRST RESPONDERS

## WEDNESDAY JUNE 5, 2024

8:30am - 3:30pm

Hyatt Lodge Oak Brook Chicago 2815 Jorie Boulevard Oak Brook, IL 60523

# Register at url or call 309.319.7220.

tinyurl.com/AlzFirstResponderConf



SUPPORT FOR THIS CONFERENCE IS PROVIDED BY:











2024

Blessing of the Squads

Sunday April 28th



Gates Open at 10:00am Blessing at 12:30pm Lunch Provided

3630 Bald Knob Rd, Alto Pass, IL 62905



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