

East Central Illinois Mobile Law Enforcement Training Team **Mobile Training Unit #13 Newsletter**

March 2023

We are jumping into our busiest season right now. March, April and May could not get any more busy I don't believe. Perhaps I've bitten off more than I can chew also. I'm prone to do that.

In speaking with folks from time to time I have gotten the impression that perhaps there are those that don't realize that we have a website and the flyers for these classes are all there. If you are one of those, please don't put your hand in the air, just inconspicuously log onto www.mtu13.com and go to "Training Schedule". When you click on a class, the flyer will appear with all of the information.

Also, we have so much going on that it's hit or miss catching Christina or I in the office. If you leave me an email ecimlett@gmail.com that is hands down the quickest and easiest way to get hold of me. Chirstina's email address is ecimle.mtu13@gmail.com also. You may hear back from me at 0200 hrs if I can't sleep. I'm constantly checking that one and answering. If you leave me a message on the voicemail on the office phone it might be a couple days before I roll back through the office.

Again, we have a lot going on in March. Please jump into these classes. Off the top of my head, the cannabis classes are both light on students. I know the topic is close to each other. Last minute scheduling limited our availability of dates.



Project Director-Brad Oyer
Assistant- Christina Stephen

*****In-House Training Update*****

Trainers- Before holding in-house training. Please call and schedule with the MTU. I'm asking for at least 2 weeks notice. We are being asked to attend your training and fill out an "audit" form to evaluate the training. We need a couple of weeks if possible in order to arrange schedules so that one of us are available to attend if possible.

If you have any questions, please feel free to give us a call or drop us an email.

Brad and Christina

Instructor Level Course that are Coming to MTU 13

Firearms Instructor Course

April 3rd-7th

Law Enforcement Medical Instructor

April 14th

CQB/SWAT Tactics Instructors Course

April 24th-28th

Carbine Instructor Course- May 23-26th

Breacher Instructor Course- Sept 5th-8th

First day of Spring is March 20th. Mushrooms should not be far behind it.

*Happy first
day of spring*





Charleston Police Department



Basic Police K9 Handler Patrol Dog Course
Charleston Police Training Center
April 2023 Start Date TBD

This course is certified through the Illinois Law Enforcement Training & Standards Board. Depending on the type of course, the hours of training will consist of 160, 240, or 400 of patrol and narcotic detection training.

After successful completion, the K9 team will have met the criteria set by the Illinois Law Enforcement Training and Standards Board and will be eligible to take the initial narcotic detection certification test. Each team is required to pass the initial state certification/qualification after completing this course. K9 teams will then be required to pass the requalification test annually.

Mark the following Class for enrollment:

_____ Full-service Patrol Dog \$3000 (400 hours Course for new handlers & dogs)

_____ Full-service Patrol Dog Modified Course \$2500 (240 hours -Previously Trained dogs)

_____ Narcotic detection only \$2000 (160 hours)

Prior to the start of the training class, all students must complete and submit this form and the waiver form to the Charleston Police Department.

Authorized Signature / Date

March

Southern Illinois Criminal Justice Summit (Effingham)	March 1st-2nd
Verbal Judo De-Escalation	March 6th
Sexting, Cyberbullying and Evidence Recovery	March 7th
Advanced Roadside Impaired Driving Enforcement (ARIDE)	March 8th-9th
Enforcing Illinois Cannabis Laws	March 10th
<u>Daylight Savings Time</u>	March 12th
The Winning Mind with <u>Dave and Betsy Smith</u>	March 13th
Active Shooter/ Rapid Response	March 15th
<u>Systems Mapping: Victims of Domestic Battery (see flyer)</u>	March 15th
Use of Force Modules One and Two**CANCELED**	March 21-22nd
Adult Use of Cannabis and Impairment	March 23rd
<u>Rapport Building Techniques for Interviews and Interrogations</u>	March 24th
Mental Health Awareness	March 27th
Domestic Battery from the Living room to the Courtroom	March 28th
Proactive Patrol Tactics– Formerly Aggressive Patrol Tactics with Ed Delmore	March 29-30th
Sex Offenders, the Law, Sentencing	March 31st

A police officer came to my house and asked me where I was between 5 and 6. He seemed irritated when I answered 'kindergarten!'



Comedy Club 24/7
www.facebook.com/Comedy15

April

Juvenile Officer Course	April 3rd-6th
Firearms Instructor Course	April 3-7th
CIT for Dispatch	April 7th
Pat McCarthy's Street Crimes	April 11th- 13th
Law Enforcement Medical Instructor	April 14th
Sexual Assault Investigator	April 17th
Seated Field Sobriety Testing (Seated, not standardized)	April 18th
Breath Alcohol Operator	April 19th
Asset Forfeiture	April 20th
Search and Seizure	April 21st
Use of Force Modules One- Two and Three (Yep, the 22nd is a Saturday)	April 20-22
CQB (SWAT) Instructors Course	April 24th- 28th
<u>Managing Police Discipline (Lake Land College)</u>	April 27-28th

May

Active Shooter/ Rapid Response	May 1st
Glock Armorer's Course (Please see flyer for registration information)	May 2nd
Use of Force Modules One- Two- Three	May 3-5th
<u>Criminal Minds with Gail Sullivan</u>	May 3rd
<u>Conversation with a Sex Offender w/ Gail Sullivan</u>	May 4th
Investigative Strategies for Sexual Deviant Offenders	May 5th
<u>New Detective Bootcamp</u>	May 8-9th
<u>First Line Supervisor</u>	May 10-12th
Introduction to Patrol Rifle AR15	May 10-11th
Law and Order: a 40-Hour Lead Homicide Investigators Course	May 15-19th
<u>Criminal Related Interrogations Made Easy (CRIME 1-2-3)</u>	May 22nd
Patrol Rifle/ Carbine Instructor School	May 23-26th
Injury Prevention for Defensive Tactics Instructors	May 30th
Lead Homicide Investigator Refresher	May 31st

June

- Use of Force Modules One - Two and Three**.....June 6-8th
- Firearms Instructor Refresher Course**.....June 13th-15th

July

We are just getting started scheduling into the next fiscal year that begins on July 1st. Please keep watching for new classes to appear.

- Use of Force Modules one-two and three (Mattoon range)**.....July 19-21st

August

- Use of Force Modules one-two and three**.....August 2-4th
- VIP/Dignitary Protection**August 14-18th

September

- Breaching Instructor Course (Mattoon Police Range)**.....September 5-8th
- Introduction to Breaching (Mattoon Police Range)**.....September 8th
- San Jose Field Training Officer School**.....September 11th-14th
- San Jose Field Training Refresher**.....September 14th
- San Jose Field Trainer Supervisor**.....September 15th
- Basic COB SWAT School**.....September 18-22

October

- Intercepting School Violence through Cyber Intelligence**.....October 4th-5th
- How to avoid Social Medial Mistakes both On and Off Duty**.....October 16-17th
- Use of Force Modules one-two and three**.....October 18-20th
- Bus Hostage Rescue (Linear Vehicles)**.....October 23rd
- High Risk Vehicle Engagements (This is shooting, not traffic stops)**.....October 24-25th
- Rural Operations Course**.....October 26-27th

November

Tactical Threat Recognition– formerly Human Terrain Mapping and Behavior Pattern Recognition
Presented by Six Layer Concepts and Consulting.....November 2nd and 3rd

Use of Force Modules one-two and three.....November 14-16th

December

High Tech Investigations Training.....December 18-22nd



Just so you know, Brad can't stop laughing at things like this

10 recommendations for minimizing injuries in police training

“Police training is done to prevent injuries, not cause them.”

By: Lt., Dan Marcou

Nothing has a more negative impact on the amount of hands-on training offered to officers like injuries in training. Here are 10 recommendations for police trainers and officers to follow to avoid injuries while still getting the most out of physical defensive tactics training.

1. Trainers must commit to providing the safest training possible.

It is critical that a trainer construct and conduct training with a mind's-eye always on student/officer safety.

2. Develop and brief students on safety guidelines before the class begins.

Brief everyone involved in the training so they know what is coming, what is expected of them and what the training will accomplish. Detail your safety guidelines (commandments actually) in writing for every class, making it a major part of the briefing.

3. Everyone is responsible for successful and safe training.

Even though the trainer is ultimately responsible for the trainees receiving quality training safely, it is each student's responsibility to get the most out of that training by being committed to training safety.

Empower your students so that if they see an unsafe condition or circumstance, they will inform the trainer immediately.

Once training starts all trainees should have the authority to shout the word “Red!” or even just “Stop!” to stop the action and prevent an impending injury.

The trainee needs to be cautioned not to become the unsafe circumstance in training. To avoid this, they should listen carefully and follow the directions of the trainer. Injuries often occur when students exceed recommended speed and intensity, go off script, or get ahead of the instructor.

4. Encourage a disciplined approach both during training and during breaks in training.

The possibility of injury only multiplies when students decide to “entertain” themselves by engaging in “horseplay.”

Trainers must emphasize discipline with all techniques, activities, weapons and vehicles regardless of a trainee's rank. One way to accomplish this is simply by using the word “Discipline!”

For example, when students have been issued a molded training gun, inevitably someone will draw the gun and begin spinning it like a cowboy. Immediately draw attention to this act by loudly directing the words toward the safety infraction saying “*Firearms discipline!*”

Follow the first infraction by turning the incident into a training-safety moment by pointing out that all training weapons shall be treated at all times as if they are the actual weapon. That includes firearms, batons, TASERS, pepper spray, etc.

By demanding safety in the handling of the training weapons, you will re-enforce the emphasis on safety in training as well as emphasize the need to safely handle real weapons.

5. Teach your students to walk before you make them run.

In skills training, it is imperative that officers be trained in a building block format. Throwing someone into a scenario before you teach them how and when to properly use techniques will lead not only to poor decisions and sloppy application of techniques, but also unnecessary injuries.

Teach them:

- By the numbers.
- Slow for form.
- Smooth is fast.
- Partner application as a team.
- Isolation exercises.
- Application during controlled scenarios.
- Successful street application.
- Repetition, repetition, repetition.

Practicing defensive tactics should be done without resistance for many repetitions until the physical skill becomes second nature. Light resistance can be added gradually and increased as a part of the learning process while teaching students how to either overcome resistance or smoothly transition to another technique, which the suspect's resistance will enable.

Isolation exercises are a great way to prepare a response for students for a variety of specific circumstances that officers will encounter on the street.

6. Properly use available training safety equipment.

Trainers should be experts in the proper application and use of training protective equipment and training weapons.

For example, when trainers pad up, they are in a great position to guide the student toward the *gradual* increase of intensity while *improving a student's focus and technique under stress*. The goal of the instructor should always be to improve the student's performance in the gym so they can effectively perform these skills on the street.

In contrast, if an instructor uses protective equipment (as some do) just to sustain many blows until the instructor can defeat the student, this will not only contribute to more injuries, it will cause most students to lose faith in their skills and hate training.

This happens in police training all too often.

7. Internalize and follow the 13 steps for safe force-on-force training.

Force-on-force training should only be orchestrated by trainers who have been trained to do such training. Trainers should follow the 13 steps for conducting this training, which can be gleaned from "Training at the Speed of Light" by Ken Murray, the "father of simunition."

Meticulously abiding by these steps will allow you to get the most out of your force-on-force training while avoiding training tragedies.

8. Recognize and, when possible, accommodate your student's physical limitations.

Trainers must identify existing physical limitations in individual students that might require awareness, or even accommodation, during the training.

For example, one officer had years earlier broken both wrists and his wrists were inflexible. On the one hand, this inflexibility aided him in becoming a championship shooter. On the other hand, accommodations had to be made during defensive tactics training. He could still practice the control holds, but his training partners had to be cautioned about practicing certain holds on him.

In another case, an officer had been shot through the arm on the street and returned to duty after many surgeries and months of recovery and rehab. The trainer was able to make adjustments in techniques to accommodate the student/officer's post-shooting strength and flexibility. These accommodations, along with the wounded officer's determination, made the officer even more skilled in the performance of these techniques on the street than he was before he had been shot, allowing him to complete the career he loved.

The pre-existing condition may be that an officer is so out of shape that it might be life-threatening for them to partake in some type of physical training. Trainers need to be willing to have difficult discussions with officers in situations like this.

9. Remember, the street is the street.

Injuries often occur when trainers attempt to make their training exactly like the street. Bless them when they do this because it is for the officer's well-being. However, nothing is like the street, but the street!

The street is too unforgiving, dangerous and damaging to be duplicated in training. The great trainer takes care to find a safe middle ground, which makes training as realistic as possible while providing all the protections needed to prevent injuries to student/officers, role players, and trainers.

Great trainers create training that:

- Prepares officers to be able to prevail on the street, defensibly.
- Prevents injuries, during the training experience.

10. Do pre-training walk-throughs.

When constructing a new training drill, course, or scenario do a walk-through with fellow instructors to evaluate the effectiveness and safety of the exercise and accept input and critique. Don't let the first class of officers/students be test subjects for your new training experience.

CONCLUSION

There will be times when injuries occur in police training. That is a fact. However, there will be fewer injuries that are better accepted as an acceptable risk, when great care has been taken to prevent injuries.

POST-SCRIPT: MY PHILOSOPHY ON POLICE TRAINING INJURIES WAS A GIFT FROM LT. FRED ASP

My journey as a police trainer began quite unintentionally in 1977, three and a half years into my career, after my department training director, "Lt. Fred Asp," noticed I was using what he considered effective physical control techniques to control resistive suspects on the street.

Asp asked me, "Can you teach officers to do whatever it is that you do?"

I told him, "I think so."

With that, Asp scheduled classes he called "Mechanics of Arrest."

The "L-T" called me in before my first class and shared this insight: "The last trainer I brought in to teach 'Mechanics of Arrest' broke our officers. He will not train here again. So please remember it is the goal of police training to prevent injuries not cause them."

Those words, as Sun Tzu would say, struck me like "thunderbolts from the nine-layered heavens." Their echo followed me throughout my 40-plus years as a police trainer. Thanks to this sacred mission of "Make them, don't break them!" very few officers were injured in my trainings. Yet that carefully constructed training helped my officers prevail on the street while avoiding lawsuits.

In the words of Lt. Fred Asp: "Police training is done to prevent injuries, not cause them."

May 30th– Jim DiNaso will be here to run a course on "Injury Prevention for Defensive Tactics Instructors". You will not want your people to miss this one. You don't need me to tell you how much Workman's Comp claims are hurting budgets, staffing and officers.



Information from ISP Breath Alcohol Recertification.

In regards to Breath Alcohol Recertification, I received these instructions from Tara Walter at ISP Alcohol and Substance Abuse Testing Section Supervisor.

“ISP handles all recertification for BAO licenses, officers can email ISP.BAO.Training@illinois.gov to request to be registered for the recertification training. Once we receive their request we will verify their training records/transcripts and register them for the class. We will then respond to their message with the link to log on to the training, their username and their temporary password so that all they will have to do is click the link and log in to recertify. It is important to note though that they must take the class and test on a desktop computer with a strong network connection. If you have any other questions, please don't hesitate to let me know. “

Taking Applications for Lateral Entry Police Officer

OPEN POSITIONS!!!

OPEN POSITIONS!!!

Starting Pay \$70,128

\$32.11/hr

Benefits

Health Insurance
Life Insurance
Worker's Compensation
Vacation
Sick Leave
Compensatory Hours
12 Paid Holidays
Personal Leave
Clothing Allowance
Educational Incentive Program
Downstate Police Pension
Longevity Pay Increases

Career Opportunities

Detective Division
DEA Task Force
K-9 Officer
Field Training Officer
ILEAS Special Response Team
ILEAS Mobile Field Force
School Resource Officer
Auto Theft Task Force
Major Case Squad
Accident Reconstructionist
Code Enforcement Officer



Turn in resume to the Caseyville Police Department

10 W. Morris St.
Caseyville, IL 62232

Or email to kpirtle@caseyville.org

Village of Blue Mound Police Department

EMPLOYMENT OPPORTUNITY

Village of Blue Mound Police Department is currently hiring for **Certified Part-Time Patrol Officer.**

MINIMUM JOB QUALIFICATION

ILESTB Certified Police Officers preferred.

Be of good moral character, of temperate habits, of sound health, and physically and mentally able to perform assigned duties, and must be in good standing with ILESTB & current or prior departments.

Be at least twenty-one (21) years of age.

Pass a medical exam, psychological evaluation, & drug screen.

Possess a high school diploma or GED certificate.

Possess a valid State of Illinois driver's license.

U.S. military must have been honorably discharged.

Must stay compliant with yearly mandated training within department & ILESTB.

STARTING PAY:

- Hourly position starts at twenty (20) dollars per hour and twenty-three (23) for twelve (12) Village Holidays work performed.
- 8 hour second shift every Sundays & Mondays with option for more shifts throughout the week.
- Available to work 8 hour shift/ 12 Village Holidays.
- Uniforms provided.
- Patrol division Authority for two (2) communities.

*Please contact the Chief of Police at 217-692-2711 for questions.

The Village of Blue Mound Police Department is an Equal Opportunity Employer.



Officer Down Memorial Page

Officer Line of Duty Deaths 2022– 230

Total Line of Duty Deaths for 2023: 15

COVID19	2
Gunfire	7
Fire	1
Fall	2
Auto Crash	1

More officers have taken their own lives than been attacked and killed by other humans.

We have to **CHANGE** this!



No shame, no judgement



just us being happy you're here.
Stay with us, you have choices. They all want to help.

▶ Text "BLUE" to 741741

▶ 1-800-COPLINE
24/7 Law Enforcement Hotline

▶ 866-COP-2COP
24 Hour Peer Support

▶ 1-800-273-TALK
Suicide Prevention Hotline

▶ 855-964-2583
BlueLine Support
24 Hour Peer Support

▶ 800-273-8255, Press 1
Veteran Crisis Hotline

▶ www.1sthelp.net
Resource Database for
First Responders



www.bluehelp.org
Facebook, Insta, Twitter: @BlueHelpLE

Law Enforcement Officers who have lost their life to suicide.

2019.....	248
2020.....	187
2021.....	183
2022.....	174
2023.....	23

Take the Pledge

Without solidarity, acknowledgement and honor– stigma, silence and denial remain. By taking the pledge each year, you are committing to: publicly show your support for prevention of law enforcement suicide; support for the officers who are suffering and; honoring the memory of those we have lost. Anyone can pledge, you don't have to be an officer; you simply need to be committed to eradicating the stigma.

I Pledge To:

- Make emotional wellness a priority for myself, my family and/or my fellow officers;
- Seek Assistance when I may be in need of support– for work or personal pressures;
- Confidentially contribute suicide information to aide in accurate data.

Pledge Benefits

- Pledge certificate worthy of display
- Watch Your 12 Challenge Coin
- Recognition on our website
- 15% off merchandise purchases in the Blue H.E.L.P. store for one year.
- 15% off conference registration fees for one year

How to Pledge

-Click the link at website (bluehelp.org/take-the-pledge/#)
(20.00 individual/ \$150.00 department)

- (Optional) send your department patch to Contact@bluehelp.com or mail to:
- Blue H.E.L.P.
P.O. Box 539
Auburn, MA 01501



ADVANCE IN YOUR CAREER

WITH THE NEW **CRIME SCENE TECHNICIAN**
PROGRAM AT LAKE LAND COLLEGE

CRIME SCENE TECHNICIANS
ARE IN HIGH DEMAND

14%

NATIONAL GROWTH

(source Career Coach)

NEW- ONE OF THE FEW PROGRAMS IN THE STATE!

HANDS-ON TRAINING

- Blood splatter analysis
- Bullet trajectory analysis
- Crime scene investigation
- Crime scene photography
- Evidence gathering
- Evidence processing

SHORT TERM PROGRAM

- One-year certificate
- Stackable with Criminal Justice programs

CAREER ADVANCEMENT

Meets all standards of the (IAI) International Association of Investigation. Be prepared for the IAI exam after completing one year in the field as a police officer.

ENROLL TODAY!

Visit lakelandcollege.edu and look for the **Enroll Now** button.

Apply by **August 19, 2022** to enroll in the Fall 2022 semester.

CONTACT

David Chambers
Criminal Justice Instructor/
Coordinator Criminal Justice
Programs
dchambers@lakelandcollege.edu
217-234-5310

Accredited program was curated and will be instructed by active and retired Crime Scene Technicians.

Total Cost \$2,504

LAKE LAND
COLLEGE