

# East Central Illinois Mobile Law Enforcement Training Team

**MTU #13**

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## Course Announcement

### **Mental Health Awareness**

**November 12th, 2019**

**0830– 1630 Hrs-**

**Mattoon Training Center**

**3121 Dewitt Avenue**

**Mattoon, Il.**

Submit enrollment to:  
Registration form at  
[www.mtu13.com](http://www.mtu13.com),  
[ecimlett@gmail.com](mailto:ecimlett@gmail.com)  
Or call 217-345-3344

Law Enforcement officers have an important role to play in their interactions with community members. This means responding to incidents with individuals who have mental health issues, including diagnosed mental illness. This 8-hour course is meant to provide law enforcement officers with an awareness of mental health issues including a history of the mental health system, types of mental illness, signs and symptoms, common treatments and medications, and the potential interactions law enforcement may have on a regular basis with these individuals, their families, and service providers.

#### Objectives-

Recognize the history of the mental health system and its impact on law enforcement and the criminal justice system.

#### Define mental illness-

- Differentiate myths and facts associated with mental illness, including common misconceptions.
- Examine the stigma associated with mental illness

Identify common forms of mental illness likely to be encountered including symptoms and behaviors of each.

- Recognize the implications of co-occurring disorders
- examine the components of a crisis

Differentiate treatment modalities for mental illness

- Recognize treatment options that assist individuals to live independently
- Demonstrate understanding of different types of medications

Increase awareness of appropriate law enforcement interaction with individuals who have mental illness.

#### **Observed Mandates Include:**

**Into to Mental Health Awareness**

**Procedural Justice**

**Human Rights**

**Law Updates**

**Use of Force**