

# East Central Illinois Mobile Law Enforcement Training Team

## MTU #13

### Course Announcement



**Verbal Judo– De-Escalation**

**April 24th, 2024**

**0830-1630 Hrs**

**Denny Stewart Training Center  
3121 Dewitt Ave.  
Mattoon, Il. 61938**

Submit enrollment to:  
Registration form at  
[www.mtu13.com](http://www.mtu13.com),  
[ecimlett@gmail.com](mailto:ecimlett@gmail.com)

Daily, officers must attempt to generate voluntary collaboration from difficult people, and we should train our officers in this most difficult and important art. Our officers must be as competent with words as they are with firearms. With the realities of 21st century policing, procedural justice, and building community partnerships, Verbal Judo is perfectly positioned to give officers the tools they need for success.

Verbal Judo teaches the skills necessary to remain centered and focused during any verbal circumstance. You will learn to redirect behavior, diffuse difficult situations, and generate voluntary compliance from people who may not be exhibiting their best behavior. Although people may not always like what they must do, they will understand the need to be cooperative. Also discussed are how to recognize and articulate when words or de-escalation techniques are not working and when to implement other actions.

This 21st Century based program is taught by Lieutenant Brett Compton, who is an instructor in not only Verbal Judo and Force Science Institutes™ Realistic De-Escalation, but multiple use of force methods as well. The training will outline the proven techniques of Verbal Judo in a realistic way to address the needs of officers to de-escalate potentially disastrous incidents through intervention.

#### **Mandates**

Crisis Intervention

Officer Wellness

