East Central Illinois Mobile Law Enforcement Training Team MTIL #13

Course Announcement

Verbal Judo- De-Escalation

September 30th, 2024

0830-1630 Hrs

Denny Stewart Training Center 3121 Dewitt Ave. Mattoon, Il. 61938 Submit enrollment to: Registration form at www.mtu13.com, ecimlett@gmail.com



Join us for a transformative training session aimed at equipping officers with the invaluable skillset of Verbal Judo. In an era where effective communication is as crucial as tactical expertise, this training will empower officers to navigate challenging interactions with finesse and confidence.

Daily, officers encounter situations where voluntary collaboration from difficult individuals is paramount. Our training aims to equip officers with the tools they need to excel in this vital aspect of their role. Just as they are proficient with firearms, officers must be equally adept with words.

Verbal Judo is perfectly aligned with the demands of 21st-century policing, emphasizing procedural justice and the cultivation of community partnerships. It provides officers with the ability to remain centered and focused in any verbal circumstance, enabling them to redirect behavior, diffuse tense situations, and elicit voluntary compliance.

Led by Lieutenant Brett Compton, an esteemed instructor in Verbal Judo and Force Science InstitutesTM Realistic De-Escalation, this training delves into proven techniques tailored to the contemporary law enforcement landscape. Lieutenant Compton's expertise extends to multiple use of force methods, ensuring a comprehensive understanding of effective intervention strategies.

Participants will gain practical insights into recognizing when verbal techniques are ineffective and when alternative actions are warranted. Through realistic scenarios and hands-on exercises, officers will develop the skills needed to de-escalate potentially volatile incidents, safeguarding both themselves and the communities they serve.

Crisis Intervention

Officer Wellness



Funded by a grant from the Illinois Law Enforcement Training Standards Board.