

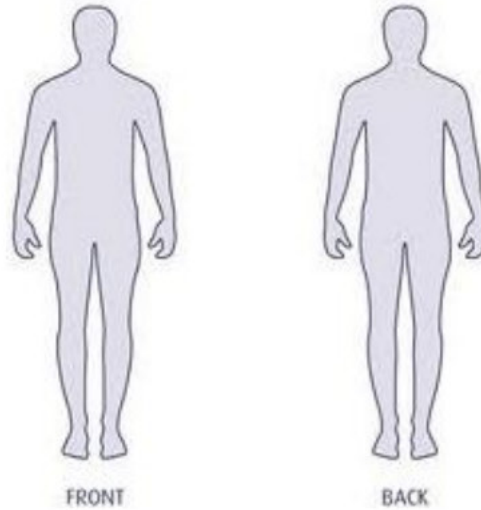
Note: This is a confidential record of your medical history and will be kept in this office. Information contained here will not be released to any person without your authorized consent.

Name \_\_\_\_\_ Date \_\_\_\_\_
Address \_\_\_\_\_
City: \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_
Phone# (Day) \_\_\_\_\_ Evening \_\_\_\_\_
Birth Date: \_\_\_\_\_ Age \_\_\_\_\_ Height: \_\_\_\_\_ Weight \_\_\_\_\_
Insurance I.D. # \_\_\_\_\_ Referred by: \_\_\_\_\_
Occupation: \_\_\_\_\_ Employer \_\_\_\_\_
Doctor's Name \_\_\_\_\_ Phone \_\_\_\_\_
Diagnosis by your Doctor: \_\_\_\_\_

please circle area of problem

Major Complaint(s): \_\_\_\_\_

Other Complaint(s) \_\_\_\_\_



Pain is:  Minimal  Moderate  Severe
How long have you had this condition \_\_\_\_\_
Have you had this in the past  yes  no
When? \_\_\_\_\_
What makes it better? \_\_\_\_\_
What makes it worse? \_\_\_\_\_
Is your condition:  Getting worse  Constant
 Comes and goes
Medications/Drugs/Herbs you are currently taking? \_\_\_\_\_

List surgeries/Operations you have had and dates \_\_\_\_\_

Date of your physical examination: \_\_\_\_\_ By whom: \_\_\_\_\_

MEDICAL HISTORY: (do you have, or have you ever had?)  Arthritis  Asthma
 Anemia  Heart trouble  Cancer  Diabetes  Epilepsy  Stroke  Gallstone
 high blood pressure  kidney or bladder trouble  Ulcers  Chronic Fatigue
 Jaundice  sudden weight loss  sudden weight gain  other \_\_\_\_\_

Family history: (has any family member had any of the above?)  Yes  No
If yes, which member and what did they have? \_\_\_\_\_

ENERGY LEVEL:  high (what time of day) \_\_\_\_\_  low (what time of day) \_\_\_\_\_

STRESS:  none  Moderate  Severe What cause it? \_\_\_\_\_

Sweating: Night sweaty rarely sweat Excess Sweating \_\_\_\_\_

**Circulation:** Feeling of hot or cold What area? \_\_\_\_\_

Bleed easily cold limbs other: \_\_\_\_\_

**SKIN:** Dry itchy Moist/ clammy burning Changing moles or lumps( cysts/tumors) boils frequent skin rashes Acne Hair loss/thinning Dry scalp skin puffy/winkled Hives

Bruise easily (black and blue spots) Other: \_\_\_\_\_

**SCARS:**(list all scars from accident or surgeries) \_\_\_\_\_

**Sleeping problems:** Trouble felling asleep Trouble staying asleep Excess dreaming

Restful Other: \_\_\_\_\_ How many hours do you sleep at night \_\_\_\_\_

**HEAD:** Headaches (what area?) \_\_\_\_\_ Dizziness Memory loss

loss of balance Other \_\_\_\_\_

**EYES:** Eye pain dry eyes blurred vision Darkness under eyes Other \_\_\_\_\_

**NOSE:** Frequent nose bleeds sinus trouble Frequent colds Other \_\_\_\_\_

**THROAT:** Sore throat Hoarseness Difficulty swallowing Teeth/gum problems

jaw problems Swollen tongue Other: \_\_\_\_\_

**CHEST:** Hard to breath Wheezing Shortness of breath Trouble breathing at night

Palpitations Mucus rattles when breathing Pain/pressure in chest Persistent cough

Coughing blood Coughing phlegm:Sputum color \_\_\_\_\_ Other: \_\_\_\_\_

**BLOOD PRESSURE:** High.Low.Do not know

**BOWELS:** Diarrhea constipation Bloody stools Black stools Mucus in stools #bowel movements/day \_\_\_ Hemorrhoids Lower bowel gas Stool have foul odor Colon problems

other \_\_\_\_\_

**URINE:** Frequent urination strong smelling urine Hard to urinate Blood in the urine

Water retention Pain or burning when urinating Frequent infections Other \_\_\_\_\_

**Musculoskeletal:** Pain in the neck Shoulder Between the shoulders Arms/hands Hip

Knee Fingers Big toe Upper back Mid back Lower back Loss of grip Bones sore/pain I

Bursitis Swollen Knees/elbows Leg cramps at night Weakness in legs Weak ankles Stiff

all over Tingling in feet Muscle spasm/cramp Painful joints Loss of feeling in hands/feet

Other \_\_\_\_\_

**NEUROLOGICAL:** Nervousness Depressed Easily angered Easily Irritated Frequent

crying WorryAnxiety Mood swings Memory loss Confusion Suicidal Poor concentration

Tremors Numbness/tingling limbs Poor coordination Muscle weakness Feel weak/shaky

Seizures Neuralgia(nerve pain) Shingles Other: \_\_\_\_\_

**FEMALES:** Pregnant? Yes No last monthly period \_\_\_\_\_ Last PAP test \_\_\_\_\_

Form of birth control: None Pill Other

Age started menstrual cycle \_\_\_ Age stopped \_\_\_ Color \_\_\_ Menstrual pain Low back

Irregular Clotting Heavy Periods Light scanty bleeding Water retention Mood changes

Missed period's Low or no sex drive Hot flashes Painful breasts Food cravings

Other \_\_\_ Discharges: Yellow Thick White Odor Itching Liquid

Other \_\_\_\_\_ #Pregnancies \_\_\_ #Deliveries \_\_\_

#Miscarriages \_\_\_ #Abortions \_\_\_ #Cesareans \_\_\_

Operations: Cervix Uterus ovaries Other \_\_\_\_\_

**MALES:** Low sex drive Impotence Ejaculation causes pain Premature ejaculation

Discharge Pain or burning while urinating Prostrate problems Other \_\_\_\_\_

**DIGESTION:** Stomach gas Lower bowel gas Heartburn Nausea Burning/belching  
Stomach pain Stomach cramps Vomiting Bad breath Sores in the mouth Weight gain  
Weight loss Bitter/sour taste in the mouth Abdominal bloating How long after eating? \_\_\_\_  
Food allergies? Yes No If yes, to What? \_\_\_\_\_

Do you: skip Breakfast Eat a snack Eat a hearty breakfast  
How many meals do you eat a day? \_\_\_\_ What is the biggest meal of the day? \_\_\_\_ Do  
you plan meals according to the "Four basic food groups"? Yes No  
how many glasses of water do you drink per day? \_\_\_\_\_  
Do you use alcohol? Yes No Amount per week \_\_\_\_ Type? \_\_\_\_\_  
Tobacco ? Yes No Packs per day \_\_\_\_\_ how many years \_\_\_\_\_

**DO YOU:**

Eat raw fruit or vegetables at least twice per day? Y N Always add salt at the table? Y N  
Eat green or yellow veg. at least twice per day? Y N Eat frequently between Meals? Y N  
Eat meat or dairy products 2+ times a day? Y N Eat until you are full? Y N  
Chew your food thoroughly before swallowing? Y N Eat when you're not hungry? Y N  
Eat the same foods almost every day? Y N Occasionally go on a crash diet? Y N  
Drink juice, milk, or other drinks instead of water when thirsty? Y N

**DO YOU:**

**ARE YOU:**

Have a tendency to faint? Y N Taking any therapies at this time? Y N  
Bruise or Discolor easily? Y N Hungry at present? Y N  
Bleed easily ? Y N Exhausted at present? Y N  
Have or have had hepatitis? Y N Nervous at present? Y N  
Have excessive thirst? Y N Allergic to anything? Y N

Individual treatment sessions typically are 45 minutes to 1 hour in length. It is important you are on time because your treatment time will not be extended beyond the scheduled time as a result of your late arrival. Your appointment time is held exclusively for you. If you are unable to keep your appointment for any reason, you must give at least **24 hours** to cancel. **Otherwise you will be charged a \$50.00 fee for the time reserved for you. Insurance companies will not reimburse you or us for the missed appointment.** The fees for acupuncture codes are as follows, one or more code maybe billed per session.

**Acupuncture**

97810 w/o electro stim initial 15 mins. - \$95.00  
97811 additional 15 mins. - \$70.00  
97813 with electro stim. intial 15 mins. - \$100.00  
97814 additional 15 mins w/ electric stim. - \$75.00  
97026 Infrared - \$30.00

**New Patient**

99203 - \$130.00

**Established Patient**

99211 - \$60.00  
99212 - \$75.00  
99213 - \$85.00

PATIENT SIGNATURE \_\_\_\_\_