

3 years later ...

Three years. That is how long a well-sewn pad is expected to last. It will soon be three years since the first shipment of 1,000 kits organized by Dignity4Girls arrived in Liberia in 2019 (photo above). Liberian school girls giggled at first to have their teachers talk about menstruation but soon appreciated the open discussions and answering of questions. Efforts to begin sewing classes in

schools have been delayed due to COVID-19. Now these same girls who became accustomed to managing their periods with dignity are once again in need of kits. Help us prepare more DfG kits for Liberia by purchasing underwear and washcloths from our Amazon wish list using the QR code here.



our first graduate!

Meet Naomi, who received a kit from our first shipment to Kenya in 2015. Her period had already started and was putting her at risk of dropping out of school. The DfG washable pads enabled her to remain in school. Naomi was awarded one of our first D4G scholarships to attend a two-year sewing program. Now she looks forward to joining the GCC-K sewing team and creating feminine hygiene pads to help more girls stay in school!



new scholarship recipient

Faith is 16 years old and has been caring for her mother with epilepsy and younger siblings. Thanks to her new scholarship sponsor, Family In Faith Lutheran Church (Glendale Hts, IL), Faith was able to begin her high school career this July. She is excited to focus on school to better support her family in the future. Help more girls achieve their dreams by donating to our scholarship program. Churches or schools can sponsor a young girl's education through D4G.





sewing from the heart

Margaret Studer learned to sew around age 8, but it was not until she was an adult that she came to see sewing as a special God-given gift. Margaret has helped sew over 300 feminine hygiene kits and over 400 cloth face masks for Dignity4Girls. She recently became the St. Charles East *Days for Girls* sewing specialist. Margaret is looking forward to teaching others at her church, St. Mark's Lutheran (St. Charles, IL) to sew kits as a way to send love and support to girls globally.

support D4G

Donate directly to D4G and select the area of ministry you'd like to impact



by using the QR code.
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