

## Pleated Face Mask in Three Sizes

Pre-school / early elementary children (Small)

Elementary school children (Medium)

Teens / Adults (Large)

### Materials for one Face Mask:

One piece of outer fabric (quality cotton): 7" x 5" (Small), 8" x 6" (Medium), 9" x 7 1/2" (Large)

One piece of lining fabric (quality cotton): 7" x 4 7/8" (Small), 8" x 5 7/8" (Medium), 9" x 7 3/8" (Large)

Elastic for ear loops – choose one option:

1. Regular ear loops - Two pieces of 1/4" wide elastic: 6" (Small), 6 1/2" (Medium), 7 1/2" (Large)  
Adjust to fit before sewing in place if needed.
2. Adjustable ear loops - Two pieces of 1/4" wide elastic: 8" (Small), 8 1/2" (Medium), 10 1/2" (Large)  
4 pony beads  
Can be adjusted by the wearer while wearing, as needed.

22 Gauge galvanized wire, approx. 7" - 9" long for snugging mask to wearer's nose

### Instructions:



Fold the short sides on the outside fabric 1/2" to the wrong side and iron flat.

Right sides together, stack the lining piece on the outside piece. Fold the short sides of the lining piece to the wrong side so they are a tiny bit inside the outside fabric folded edges and iron flat.



Pin and sew the top and bottom raw edges together with a 1/2" seam. The lining is slightly shorter than the outside fabric. Backstitch both ends. Press seam open.

Turn mask right side out. Press flat.



Topstitch 1/8" and 3/8" from one long edge to make the wire casing. Backstitch on the right side.

If using longer elastic and beads, string one pony bead on piece of elastic. Push both ends of the elastic through a second pony bead. Repeat for second piece of elastic.



Pin elastic (with or without beads) 1/2" or so into open edge.

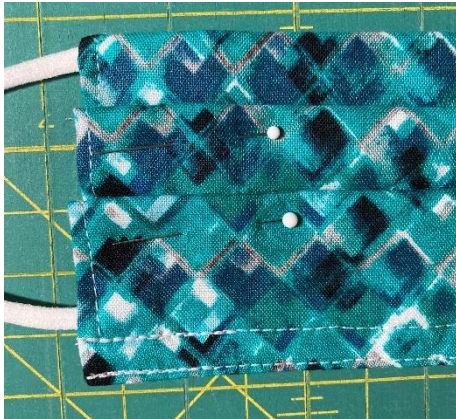
Pin rest of the open end closed.

Repeat for opposite side. Elastic will line up with the bottom edge of the mask and be under, not in, the wire casing on the top edge of the mask.

Place mask right side up with the casing on top. Starting on the right side at the bottom of the casing, sew 1/8" from the folded edges down the to the bottom of the mask.

Starting at the bottom edge, sew 1/8" from the folded edges of the left side of the mask. Sew across only the left end of the wire casing.

Be sure to catch in the elastic and lining fabric.

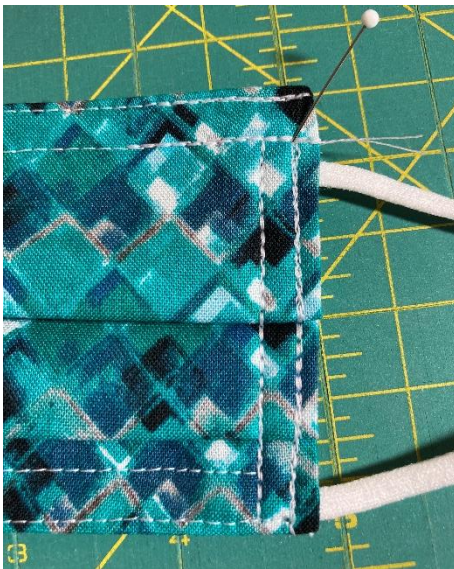


**Large size** – fold three equal pleats, toward the bottom of the mask, along the short sides. Pin in place. Pleated mask will be around 3 1/2" long.

**Small and Medium sizes** – fold two equal pleats, toward the bottom of the mask, along the short sides. Pin in place. Pleated mask will be around 3" long.



*Tip - Fold mask in half, wrong sides together, to see if the pleats match. Adjust pleats, if needed.*



Starting on the top right corner, under the wire casing (see pin in photo), topstitch a double "U" around the entire mask. Stitch each vertical line three times, each horizontal line one time.



**Nose Wire:** Put a 22 gauge piece of wire in the casing. Bend both ends so it doesn't poke holes or people.

*Tip – Fold one end of the wire, insert in the casing all of the way to the left side, cut wire even with right edge, pull out an inch or so, fold the end, and slide the wire completely in the casing. Remove wire for laundering or replace if it breaks.*

Finished!