



Love Nature and Beyond

Tap into your True Authenticity

Psychic Development and Energy Work Modules

Module 1- Introduction into Psychic Abilities

- Introduction into class and class structure
- Intro into Daily Psychic Practice
- About Psychic Abilities- Debunking Myths about psychic abilities
- Types of psychics and intuitives
- What Kind of Psychic or intuitive abilities are innate?

Module 1 Class 2 (facebook)

- Proper grounding and centering
- Intro into energy and energy raising
- Inner Clairvoyance work
- Releasing of the Ego
- Using Energy and Clairvoyance

Module 1 Class 3 (Facebook)

- Introduction into Clairsentience and Claircognizance
- How to use Clairsentience and Claircognizance to your advantage
- Strengthening your connection to your body's responses to energetic vibrations

Module 1 class 4 (Facebook)

- Awakening your inner clairvoyance
- Using Clairvoyance, clairsentience and Claircognizance exercises
- Energy work through the clairs

Module 2- Energy Work and Practice

- Understanding Energy, vibration and frequency
- Brainwave frequencies and Consciousness
- Trance State Training

Module 2 Class 2 (facebook)

- 5 stages of Trance States
- Types of Spirit Guides and their purpose
- Meet your spirit guides.

Modules are subject to change according to the flow of the class



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- Developing a relationship to your spirit team
- Getting into a trance state on your own
- How to deepen your relationship and communicate with your spirit team
- Evocation
- Dedication and offerings to your guides
- Connecting with the spirit guides of others.

Module 2 Class 3 (Facebook)

- Awakening your Clairaudience
- Clairaudience practices and development

Module 2 Class 4

- Combining the clairs
- Spirit Guide Channeling through the clairs

Module 3 – Understanding Chakras in conjunction with psychic ability

- Understanding the vibrational energy of the Chakras
- Learning how to Read the Chakras
- Learning how to give a solid psychic reading using the chakras to your advantage

Module 3 Class 2

- Using tools to check the Chakras
- Chakra Balancing Practice and Worksheet
- Psychic reading practice (giving a solid psychic reading through practice with a stranger)

Module 3 Class 3

- How to intuitively heal the chakras
- Learning how to intuitively heal in person
- Learning How to intuitively heal through distance

Module 3 Class 4 –

- Live Practice Readings

Module 4 – Psychic Energy and Protection

- Psychic Attack
- Types of psychic attack
- Negative energies and entities

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- Debunking some myths around low level entities and energies
- Seeing Auras
- Learning to read your own aura practice
- Simple shielding exercises

Module 4 Class 2

- The 7 levels of the Auric Field
- Learning energetic vibration in the Aura
- How to Program the Aura
- Extra protection for Empaths and highly sensitives

Module 4 Class 3

- Shielding, cleansing and protecting the auric field
- Tapping into the energy of others
- Reading the Auras Practice
- Live Aura Readings

Module 4 Class 4

- Auric Field and Chakra Overview
- Outer Clairvoyance and the Auras
- Detecting and removing entities through intuitive energy work
- Clearing past life energies

Module 5 – Mediumship and Channeling

- Introduction into Mediumship
- Debunking myths about mediumship
- Conducting a reading with your spirit team

Module 5 Class 2

- Psychic Mediumship training
- Using your clairs to connect to the dead
- Helping lost or restless spirits to cross over

Module 5 Class 3

- Learning to Channel
- Psychic Channeling activation
- Receiving your own messages

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- The difference between channeled information and information from the higher self

Module 5 Class 4

- Deep Mediumship practices
- Dowsing Rods, and pendulums
- Safety practices when performing mediumship.

Module 6 – Final

- Homing in on your gifts skills and talents
- How to perform seamless readings for people
- Working with readings that predict the future.
- Learning to find yours and your clients' souls purpose.

Module 6 Class 1

- Remote Viewing and practice
- Reprogramming your life through remote viewing
- Psychometry 101

Module 6 Class 2 –

- Becoming an activator
- The break down of how activations work.
- Creating your own activations for clients

Module 6 Class 3-

- Psychic gifts Re-evaluation and comparison

Module 6 Class 4

- Recap on everything learned
- Defining your innate abilities and talents; creating a purpose as a lightworker
- Full 1 hour reading Practice
- Accredited Certificates of Training

Modules are subject to change according to the flow of the class