

# July 2026

## Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Jun 28	29	30	Jul 1	2	3	4
12 PM Helping Hands Rain 12:30 PM Veterans Club	8:45 AM *Exercise Class- 1 PM Needlecraft - LL 2:30 PM Chair Yoga-PAC 7 PM Caregivers Supp	10 AM Art Studio-LL 10 AM Helping Hands Br 10 AM *H&F Fit & Trim-F 6 PM Fitness for Us - LL 6:30 PM *Footlighters Re	8:45 AM *Exercise Class- 10:30 AM Tapsations- PA 6 PM Bingo - PAC 6:30 PM Matt Yoga- LL	9:30 AM Fishing Club Board 11:15 AM *H&F Fit & Trir 1 PM Footlighters-PAC 6 PM Fitness for Us - LL	Office Closed 8:45 AM *Exercise Class- 10 AM Stretch, flex & rel	July 4th 11 AM Veterans BBQ - out
5	6	7	8	9	10	11
	RECYCLING 8:45 AM *Exercise Class- 10:30 AM Fishing Club A 1 PM Needlecraft - LL 2:30 PM Chair Yoga-PAC 6 PM Aqua Aerobics- pc	10 AM Art Studio-LL 10 AM *H&F Fit & Trim-F 6 PM Fitness for Us - LL 6:30 PM *Footlighters Re 7:30 PM Bible Study -	8:45 AM *Exercise Class- 10:30 AM Tapsations- PA 6:30 PM Matt Yoga- LL 7 PM Open BOT Meeting	10 AM Veterans Bd Mtg 11:15 AM *H&F Fit & Trir 1 PM Footlighters-PAC 6 PM Fitness for Us - LL	8:45 AM *Exercise Class- 10 AM Stretch, flex & rel 11:30 AM Aqua Aerobics 6 PM Latin Activity Gr	10 AM Zumba-LL 12 PM Fishing Tournament
12	13	14	15	16	17	18
12 PM Fishing Tournament	8:45 AM *Exercise Class- 10 AM Computer Club-F 1 PM Needlecraft - LL 6 PM Aqua Aerobics- pc 7 PM Reserved Activities c	10 AM Art Studio-LL 10 AM *H&F Fit & Trim-F 1 PM Italian American 6 PM Fitness for Us - LL 6:30 PM *Footlighters Re 7 PM Owls meeting- Act	8:45 AM *Exercise Class- 10:30 AM Tapsations- PA 6 PM Bingo-PAC	11:15 AM *H&F Fit & Trir 1 PM Footlighters-PAC 6 PM Fitness for Us - LL 7 PM Veterans Meeting	8 AM HH Blood Testing- 8:45 AM *Exercise Class- 10 AM Stretch, flex & rel 11:30 AM Aqua Aerobics	10 AM Zumba-LL 11:30 AM Footlighters BBC
19	20	21	22	23	24	25
	RECYCLING 8:45 AM *Exercise Class- 1 PM Needlecraft - LL 2:30 PM Chair Yoga-PAC 6 PM Aqua Aerobics- pc	10 AM Art Studio-LL 10 AM *H&F Fit & Trim-F 1 PM Social Club Board 6 PM Fitness for Us - LL 6:30 PM *Footlighters Re 7:30 PM Bible Study -	8:45 AM *Exercise Class- 10:30 AM Tapsations- PA 6:30 PM Matt Yoga- PAC 7 PM Footlighters Meet	11:15 AM *H&F Fit & Trir 1 PM Footlighters-PAC 6 PM Fitness for Us - LL	8:45 AM *Exercise Class- 10 AM Stretch, flex & rel 11:30 AM Aqua Aerobics	10 AM Zumba-LL 6 PM Social Club Summ
26	27	28	29	30	31	Aug 1
12:30 PM Veterans Club	8:45 AM *Exercise Class- 1 PM Needlecraft - LL 2:30 PM Chair Yoga-PAC 6 PM Aqua Aerobics- pc 7 PM Caregivers Supp	10 AM Art Studio-LL 10 AM *H&F Fit & Trim-F 6 PM Fitness for Us - LL 6:30 PM *Footlighters Re	8:45 AM *Exercise Class- 10:30 AM Tapsations- PA 1 PM Garden Nature club - 6:30 PM Matt Yoga- PAC	11:15 AM *H&F Fit & Trir 1 PM Footlighters-PAC 6 PM Fitness for Us - LL	8 AM HH Blood Testing- 8:45 AM *Exercise Class- 9:30 AM Fishing Club BD N 10 AM Activities committe 10 AM Stretch, flex & rel 11:30 AM Aqua Aerobics	10 AM Zumba-LL