Coach considerations:

Training Session Safety

Environment

- Pitches checked for hazards before sessions
- Clear drop-off and pick-up routines
- Children never left unattended
- First aid kit present and stocked
- Emergency contacts accessible
- Defibrillator location known by coaches

Coach Behaviour

- Positive, encouraging, child-centred coaching
- No shouting, humiliation, or inappropriate language
- Respectful interactions with parents
- Awareness of safe touch and boundaries
- Clear communication about session structure and expectations

Supervision

- Appropriate ratios
- Coaches positioned so all children are visible
- No lone-working situations
- Assistants used effectively for behaviour or safety support

4. Player Welfare & Inclusion

- Coaches aware of any additional needs
- Adaptations made for players who need support
- Behaviour managed safely and consistently
- Bullying dealt with quickly and recorded
- Girls and quieter children actively included
- Player voice encouraged (e.g., “What did you enjoy today?”)

5. Matchday Safeguarding

- First aid kit present
- CWO or designated safeguarding lead available
- Spectator lines respected
- Opposition issues managed calmly and recorded
- Referee abuse challenged immediately
- Photography rules followed
- Clear process for reporting incidents