

**OMAHA GASTROENTEROLOGY CONSULTANTS, P.C.**  
GASTROENTEROLOGY & LIVER DISEASE  
Board Certified in Internal Medicine & Gastroenterology  
Martha A. Arouni, MD, FACC, AGAF  
(402) 397-8040

- THREE DAYS BEFORE YOUR PROCEDURE DO NOT TAKE ANY ASPIRIN, COUMADIN, OR PLAVIX, IRON PILLS.
- Please have nothing to eat or drink after midnight the evening before your examination and nothing by mouth until after your procedure.
- You will need someone to drive you home following the examination. You may not return to work the day of your examination; please plan to take the entire day off.
- Before your examination, you will receive a Novocaine-like spray to reduce any sensation of gagging during your examination.
- You will also receive intravenous sedation to facilitate your examination. The examination is not painful, and most patients will not remember the examination itself. Since intravenous sedation is not a general anesthesia, you will be awake shortly after your procedure. You may be somewhat drowsy, and it is not safe for you to drive for the remainder of the day.
- The examination takes approximately 15 minutes. You will be asked to remain at the hospital for approximately another hour, or until your sedation has subsided enough for you to leave.
- The doctor will discuss the results of the examination with your companion, if you wish, following the procedure. If biopsies are taken, the results will not be known for two or three working days. If you call our office, we may not be able to speak with you immediately, but will return your call as soon as possible. The results of your examination will also be conveyed to your personal physician as soon as possible.
- Please call our office immediately should you experience the onset of a severe sore throat, neck pain, chest pain, abdominal pain, or fever following your examination. It is extremely unlikely that you will experience any of these symptoms, however they might be an indication of a complication which could require further medical therapy.
- ***If you need to CANCEL or RESCHEDULE your procedure please allow a minimum of 48 hours ADVANCE notice to our office by calling 402-397-8040 and speak to one of our staff members. If you are unable to provide us with 48 hours advance notice please be aware that you may incur \$100.00 fee for canceling your scheduled procedure.***
- ***If you do not call to cancel or show up to your scheduled procedure you will incur a \$100.00 charge.***

Bergan Mercy Hospital  
7500 Mercy Road  
Omaha, NE 68124

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Lakeside Hospital  
16901 Lakeside Hills Court  
Omaha, NE 68130

Lakeside Endoscopy Center  
17001 Lakeside Hills Plaza, Suite 201  
Omaha, NE 68130