



At Bremkie Photography Maternity Photo Shoots pull on our heart strings! We love capturing your pregnant glow, beautiful belly, and the precious new life that is growing inside of you!

Below are some tips to prepare for your Maternity Photo Session. Your Bremkie Photographer will be communicating with you on your vision, location choice, and other details pertaining to your upcoming photoshoot.

Clothing Options:

- Bring a few outfits that highlight your baby bump and make you feel comfortable and confident.
- Consider flowy dresses, form-fitting tops, and clothing that accentuates your curves.

Accessories and Props:

- Bring along accessories such as hats, scarves, or jewelry to add visual interest to the photos.
- Consider bringing props such as ultrasound images, baby shoes, or baby clothes to incorporate into the photoshoot.

Hair and Makeup:

- Consider getting your hair and makeup done professionally to feel pampered and camera-ready.
- If doing your own makeup, opt for a natural and glowing look that enhances your features.

Posing Suggestions:

- Trust your photographer's expertise in posing, but feel free to communicate any specific poses or angles you'd like to try.
- Embrace different poses that highlight your belly, such as cradling your bump or standing in profile.

Location Considerations:

- Discuss location options with your photographer, whether it's a serene outdoor setting, a cozy indoor space, or a combination of both.
- Consider locations that hold special meaning to you and your partner, such as your home or a favorite outdoor spot.

Timing and Comfort:

- Schedule your photoshoot during a time when you feel most comfortable and energetic, for our clients this is typically during the second trimester.
- Be mindful of your physical comfort during the shoot, and bring snacks or drinks as needed.

Partner and Family Involvement:

- Discuss with your photographer whether you'd like to include your partner and/or other family members in the photoshoot.
- Coordinate outfits and poses to ensure everyone looks cohesive and coordinated.

Communication with Photographer:

- Communicate openly with your photographer about any specific preferences, concerns, or ideas you have for the shoot.
- Trust their guidance and expertise—they're there to help you look and feel your best during this special time.

Relax and Enjoy the Experience:

- Remember to relax and enjoy the experience! Maternity photoshoots are a celebration of this unique and fleeting time in your life, so embrace the moment and have fun with it.