

Sensory Home Program

Feel free to use the bubbles below to write down different activities that you have been doing with your child to help their regulation!



Scan for citations
and a related
Youtube video!

Regulating activities

- 1.
- 2.
- 3.

Stimulating activities

- 1.
- 2.
- 3.

Calming activities

- 1.
- 2.
- 3.