MONDAY

9:30 - 10:15AM ~ MUSTARD SEEDS (3-4 yrs) + CREATIVE MOVEMENT

10:45 - 11:45AM ~ HOLY YOGA

12-NOON - 1:00PM ~ BARRE FITNESS

1:15-2:15PM ~ PRIVATE LESSON

3:00-3:45PM ~ BALLET BEGINNINGS / CREATIVE MOVEMENT
SPROUTS “Year 1”

3:45 - 4:30PM ~ Foundations BALLET
ROOTS “Year 2/3”; SEEDLINGS “Year 1”
Lower School

4:30 - 5:15PM ~ DANCE DISCOVERY
ROOTS “Year 2/3”; SEEDLINGS “Year 1”
Lower School

5:30 - 6:30PM ~ Foundations BALLET
BLESSINGS “Year 2”; FAITHFUL “Year 1”
Lower School

6:30 - 7:30PM ~ Foundations 1 BALLET
BLESSINGS “Year 1/3”
Lower School

7:30-8:30PM ~ DANCE DISCOVERY
BLESSINGS “Year 1/2/3”; FAITHFUL “Year 1”
Lower School

~ All classes are subject to change at the discretion of the Artistic Director ~
~ Class Placement is at the discretion of the Artistic Director ~
+ Private Lessons are scheduled through Artistic Director +
The Christian Conservatory of Dance 2019 - 2020
AUGUST 5, 2019 - JUNE 1, 2020

TUESDAY

9:30-10:30AM ~ Barre Fitness - Adult Beginner Ballet - Holy Yoga

10:45-11:45AM ~ Home School BALLET ~ Lower School

11:45AM-12:45PM ~ Home School BALLET ~ Lower School

1:45 - 2:45PM ~ Foundations I-II BALLET
FAITHFUL “Year 1”; PRAISE; REJOICE
Lower School

2:45 - 3:45PM ~ MODERN / CONTEMPORARY / JAZZ
FAITHFUL “Year 1”; PRAISE; REJOICE
Lower School

3:45 - 4:30 PM ~ MUSTARD SEEDS (3-4 yrs) + CREATIVE MOVEMENT

4:30 - 5:30PM ~ Foundations / Beginner BALLET / DANCE DISCOVERY
ROOTS “Year 1/2”
Lower School

5:30-6:30PM ~ PRIVATE LESSON ~ BALLET Intermediate I

6:30-7:30PM ~ Foundations 1 BALLET
BLESSINGS “Year 1/3”
Lower School

7:30-8:30PM ~ Dance Discovery
BLESSINGS “Year 1/3”
Lower School

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**The Christian Conservatory of Dance 2019 - 2020**

**AUGUST 5, 2019 - JUNE 1, 2020**

**WEDNESDAY**

- **9:30-10:30AM** ~ Barre Fitness - Adult Beginner Ballet - Holy Yoga
- **10:30-11:30AM** ~ Barre Fitness - Adult Beginner Ballet - Holy Yoga
- **1:30-2:30** ~ Barre Fitness - Adult Beginner Ballet - Holy Yoga
- **3:45 - 4:45PM** ~ PRIVATE LESSON  BALLET: Foundations
- **4:45 - 5:45PM** ~ PRIVATE LESSON  BALLET Intermediate I
- **7:30-8:30** Holy Yoga

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THURSDAY

9:30-10:30AM ~ Barre Fitness - Adult Beginner Ballet - Holy Yoga

11:00AM-12-NOON ~ Barre Fitness - Adult Beginner Ballet - Holy Yoga

12:30-1:30PM ~ PRIVATE LESSON

1:45-2:45PM ~ Foundations-I-II
BALLET FOCUS / CONDITIONING
Lower School

3:45 - 4:30PM ~ Foundations BALLET
SEEDLINGS “Year 1”
Lower School

4:30-5:15PM: ~ DANCE DISCOVERY
SEEDLINGS “Year 1”
Lower School

5:15 - 6:15PM ~ FOUNDATIONS-I-II: BALLET ~ FOCUS / CONDITIONING
Lower School
(8-14 yrs old; with minimum 2 yrs training; student taking 2+ Ballet classes/week)

6:15 - 7:15PM ~ Barre Fitness - Adult Beginner Ballet - Holy Yoga

7:30-8:30PM ~ PRIVATE LESSON

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FRIDAY

3:45 - 4:45PM ~ Foundations I, II: BALLET
   Lower / Upper School

4:45-5:45PM ~ PRIVATE LESSON

5:45-7:15PM ~ INTERMEDIATE / ADVANCED BALLET
   Upper School
   (must have minimum 6 yrs training)

7:15-8:15PM ~ INTERMEDIATE / ADVANCED BALLET
   Upper School
   (Conditioning; Ballet Focus; Stretch & Strength; Pointe Work;
   Technique; Repertory)

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The Christian Conservatory of Dance 2019 - 2020
AUGUST 5, 2019 - JUNE 1, 2020

SATURDAY

9:30 - 10:15AM ~ MUSTARD SEEDS (3-4 yrs old) + CREATIVE MOVEMENT

10:30 - 11:30AM ~ Barre Fitness - Adult Beginner Ballet - Holy Yoga

11:45AM - 12:45PM ~ PRIVATE LESSON

1:00 - 2:00PM ~ BALLET
ELEMENTARY / INTERMEDIATE / ADVANCED
(Gordon; McCain; DeFazio)
(must take 2+ Ballet classes per week plus 1 Elective and assessed by Artistic Director)

2:00 - 3:00PM ~ BALLET FOCUS / REPERTORY
ELEMENTARY / INTERMEDIATE / ADVANCED
(Gordon; McCain; DeFazio)
(must take 2+ Ballet classes per week plus 1 Elective and assessed by Artistic Director)

3:30-4:30PM ~ PRIVATE LESSON
4:30-5:30PM ~ PRIVATE LESSON
5:30-6:30PM ~ PRIVATE LESSON

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NO CLASSES / REHEARSALS ON SUNDAYS