



**Magnum
Compounding**
We'll make it for you

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**LET'S DO THIS
TOGETHER**

COMPOUNDED Methylcobalamin 1mg/1ml), 30ml MDV. (SC/IM)

Dosage: Seek advice from a licensed physician, medical director, or other healthcare provide. Typically, Injections can be administered up to twice a week.

Storage: Controlled refrigeration. Protect from light. Store under refrigeration 2° to 8°C (36° to 46°F).

Overview: The different ingredients in this mixture are known to aid in Proper metabolism of fats and removal of fat from the liver reducing fatty liver disease, Boost your metabolism by playing a key role in digestion and metabolism of fats, proteins and carbohydrates, Provide an energy boost, Improve mood, thought processes and memory, Provides essential components for normal cell and brain function. Lowers cholesterol levels. Reduces homocysteine levels. Elevated homocysteine levels are associated with increased risk of heart attack, stroke or dementia. Helps keep skin tone healthy and nails strong. Promotes healthy hair growth

VITAMIN B12 - METHYLCOBALAMIN

This is an important water soluble vitamin with a long list of benefits. Our bodies do not produce vitamin B12 so we rely on getting it in our food. Meat, milk and eggs are a primary source of vitamin B12. While vitamin B12 is found naturally in a healthy diet, factors like stress and poor eating habits can lead to a deficiency. It has a key role in the normal functioning of our neurological system and helps in the formation of healthy red blood cells. Vitamin B12 provides a boost of energy and plays a key role in digestion and metabolism of fats, proteins and carbohydrates. It has been shown to decrease homocysteine levels which reduces our risk of developing heart attacks, strokes or dementia. The B12 we use in the office is Methylcobalamin which is a highly absorbable form of Vitamin B12. It is felt that this form of B12 is better absorbed and retained within the body than cyanocobalamin which is another type of B12 injection.

Precautions/Side Effects

Some medications, supplements, or over-the-counter drugs may interact with methylcobalamin. Always speak with your healthcare provider about everything you are taking. You should avoid eating grapefruit or drinking grapefruit juice. Before taking, speak with your doctor if you are allergic to vitamin b12, have a genetic condition called optic atrophy, have blood in your urine, polycythemia, an ongoing infection, low iron or folate levels, are pregnant or plan to become pregnant, are breastfeeding or plan to breastfeed. Some common side effects include, Anorexia, Vomiting, Headaches, Diarrhea, Nausea. Patients with sulfa allergy should not take this injection.

Shipping:

This medication was shipped in a cooler or insulated bag with ice packs to preserve the integrity of the medication during transportation. If you suspect that your medication could have been tampered, or is damaged, or is outside the expected temperature, DO NOT USE IT and call the pharmacy to obtain advise.

References: <https://ods.od.nih.gov/factsheets/VitaminB12-HealthProfessional/>
Allen LH. Vitamin B12. In: Coates PM, Betz JM, Blackman MR, et al., eds. Encyclopedia of Dietary Supplements. 2nd ed. London and New York: Informa Healthcare; 2010:812-20.

If you have any questions, or concern about your medication, please, don't hesitate to call us.