## **QUALITY HERALD**

THE VOICE OF EXCELLENCE



Strength, Strategy,
Success – Women
Who Lead

Leading with Purpose, Thriving with Power

Empowered
Women,
Transforming
Leadership for a
Better Future



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#### **ABOUT THE JOURNAL**

The April 2025 edition of Quality Herald celebrates "Women in Leadership," covering the transformative roles these women portray in various sectors, including technological, manufacturing, political, and climate action. The features of the magaine leverage powerful features to talk about challenges, breakthroughs and strategies for inclusive leadership. The focus is on variety, emotional intelligence and business analytics in present day leadership. It also features real world success stories, the insights of experts and perspectives of corporate well being while touting sustainability, equity and excellence.

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Aims	The magazine intends to be leading platform for sharing practical insights, innovative ideas and thought leadership in the field of Quality, Sustainability, Operations and Business Excellence. It seeks to inspire professionals, academicians and organisations to adopt and implement the quality driven approaches that leas continuous improvement and societal value.
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#### Dear Readers,

Welcome to the April issue of Quality Herald – The Voice of Excellence. As we turn the pages of this vibrant edition, we celebrate not just the arrival of spring, but also the enduring spirit and strength of Women in Leadership.

This issue is dedicated to acknowledging and amplifying the voices of women who are reshaping industries, challenging norms, and redefining leadership across the globe. From boardrooms to factory floors, from classrooms to research labs, women are not just participating in leadership, they are setting new standards of excellence.

Alongside this powerful theme, we also bring to you a rich mix of global perspectives on quality, innovation, and sustainability, offering insights from both industry stalwarts and academic thinkers. Our contributors this month represent a diverse array of experiences and geographies, reinforcing our commitment to creating a truly inclusive and international platform.

As always, the ever-popular Quizzes return, challenging your knowledge, sparking curiosity, and keeping the spirit of learning alive.

We invite you to explore, reflect, and be inspired by the journeys, challenges, and triumphs captured in these pages. Let this issue serve as a reminder that excellence has many voices, and today, more than ever, it's essential we listen to them all.

**Chief Editor** 

**Quality Herald – The Voice of Excellence** 

Junet Thandelya

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VOLUME 2

## **Empowering Change:**The Rise of Women in Leadership



Surajit Mukhopadhyay

#### ARTICLE FROM THE EDITOR'S DESK

The landscape of leadership has historically been dominated by men, with women often overlooked for high-level positions. However, in recent decades, this trend has been shifting, as women are breaking through barriers, challenging the status quo, and making remarkable strides in leadership roles across various sectors. From politics to business, education to technology, women are increasingly taking on leadership positions and demonstrating that leadership is not defined by gender but by vision, courage, and integrity.

#### The Current State of Women in Leadership

Despite the progress that has been made, women remain underrepresented in leadership roles globally. According to a 2020 report by McKinsey & Company, women make up only 39% of the global workforce and occupy just 29% of senior management roles. The numbers become even starker when it comes to executive positions: only about 5% of CEOs in Fortune 500 companies are women. These statistics highlight the ongoing challenges women face in ascending to top leadership roles, including societal expectations, gender bias, and workplace cultures that often favour male leadership styles.



One significant challenge that women face in leadership positions is the "leadership labyrinth," a concept coined by Alice Eagly and Linda Carli. This metaphor reflects the various obstacles and structural biases women must navigate, ranging from hiring practices that favour male candidates to more subtle forms of discrimination that occur once women enter the workplace. These barriers, whether they are due to cultural norms, unconscious bias, or even the "glass ceiling," persist even in more progressive societies, creating a constant uphill battle for women aiming for leadership positions.

#### **Overcoming Barriers**

One of the most significant barriers to women in leadership is the deeply ingrained bias that affects both hiring and promotion decisions. Studies have shown that women are often judged more harshly than men, with qualities such as assertiveness and ambition, which are seen as positive traits in male leaders, sometimes being labelled as "aggressive" or "overbearing" in women. Additionally, women often face the challenge of balancing their professional responsibilities with family or caregiving duties, which are disproportionately placed on them. The "double burden" can limit the time and energy available for networking, professional development, and advancing in their careers.

However, a growing number of organizations have begun implementing policies designed to address these challenges, such as mentorship programs, diversity initiatives, and gender-sensitive leadership development. For example, companies are increasingly offering flexible work arrangements that enable women to balance family and career. Additionally, gender-neutral recruitment policies and bias training are slowly becoming standard practice, providing more equitable opportunities for women to rise to leadership roles.

More women are also taking leadership into their own hands by starting businesses and social enterprises. These women are creating their own pathways to leadership, demonstrating an entrepreneurial spirit that not only disrupts industries but also challenges traditional hierarchies. Women such as Sara Blakely, the founder of Spanx, and Whitney Wolfe Herd, the founder of Bumble, show that the future of leadership can look very different when women are at the helm.

#### Women Leaders Who Are Making a Difference

There are countless examples of women who have risen to leadership positions and are reshaping their industries. Consider Jacinda Ardern, the Prime Minister of New Zealand, who has been widely praised for her empathetic and inclusive leadership styles, especially in times of crisis. Her response to the Christchurch Mosque shootings in 2019, marked by compassion and a swift push for stricter gun laws, showcased a unique blend of emotional intelligence and decisiveness.

In the business world, women like Mary Barra, the first female CEO of General Motors, and Indra Nooyi, the former CEO of PepsiCo, have demonstrated that women can lead with vision and strategic insight. Both of these leaders have driven their organizations to achieve remarkable success while prioritizing diversity, sustainability, and innovation. Similarly, leaders like Oprah Winfrey have built multi-billion-dollar empires while using their influence to champion social change.



Women in tech, such as Sheryl Sandberg, former COO of Facebook, and Ginni Rometty, the first female CEO of IBM, have been trailblazers in an industry traditionally dominated by men. These women have not only broken through glass ceilings but have also paved the way for future generations of women to succeed in STEM (Science, Technology, Engineering, and Mathematics) fields.

#### The Power of Diverse Leadership

Research has shown that diverse leadership teams are more effective and innovative. A 2019 study by McKinsey & Company found that companies with more women in decision-making roles are 21% more likely to outperform their competitors in profitability. This highlights the importance of gender diversity in leadership and the positive impact women can have on business outcomes.

Women bring different perspectives, experiences, and problem-solving approaches to the table, which can lead to more creative solutions and better decision-making. For example, a 2020 report by Credit Suisse found that companies with women in leadership positions had a higher return on equity and were better at managing risk. In an increasingly globalized and interconnected world, the diverse approaches that women offer in leadership roles are essential to driving success and addressing complex challenges.

Another aspect that is often overlooked in the conversation about women in leadership is the emotional intelligence that many women bring to their leadership roles. Emotional intelligence, the ability to understand and manage one's emotions and those of others, is increasingly recognized as a vital leadership skill. Women, on average, score higher on emotional intelligence assessments, which can translate into better communication, conflict resolution, and team-building skills. This emotional acumen allows women to connect with people on a deeper level, which fosters collaboration and trust—qualities that are essential in leadership.

#### The Future of Women in Leadership

As the fight for gender equality continues, the future of women in leadership looks promising. Societal attitudes are slowly shifting, and the younger generation of women is increasingly empowered to pursue careers in leadership. Companies, governments, and organizations are also becoming more aware of the importance of gender diversity and are taking steps to ensure that women have equal opportunities to succeed. Initiatives such as diversity quotas, unconscious bias training, and flexible work policies are helping create more equitable workplaces.

In addition, the rise of social media and movements like #MeToo and Time's Up have given women a platform to voice their experiences, call out inequality, and advocate for change. These movements have sparked important conversations about the need for more women in leadership and have pushed for greater accountability in both the public and private sectors.

The COVID-19 pandemic also accelerated some of these changes. The widespread shift to remote work, coupled with the ongoing societal push for better work-life balance, opened new possibilities for women to succeed in leadership roles. The pandemic also highlighted the unique leadership qualities many women possess—especially in times of crisis—such as empathy, adaptability, and strong communication skills. Women have been at the forefront of public health efforts, business innovation, and community support during the pandemic, demonstrating their ability to lead effectively in challenging situations.

However, there is still much work to be done. The journey toward true gender equality in leadership will require ongoing advocacy, policy changes, and a continued effort to break down the cultural and systemic barriers that prevent women from reaching their full potential. As more women rise to positions of power and influence, their leadership will undoubtedly inspire the next generation to follow in their footsteps.





#### Conclusion

Women in leadership are not just a minority in today's world—they are a driving force for change, innovation, and progress. By breaking down barriers, overcoming biases, and shattering glass ceilings, women are showing that leadership is about capability and vision, not gender. As more women take on leadership roles, they will continue to inspire others and reshape the future of leadership across the globe. The fight for equality is far from over, but every step forward brings us closer to a world where leadership is defined by merit and potential, not by gender.

Ultimately, the real power of women in leadership lies in their ability to combine strength with empathy, vision with action, and determination with collaboration. These are the hallmarks of great leadership—qualities that should be celebrated, no matter who holds the reins. As we look to the future, the rise of women leaders represents not just a victory for women but a victory for humanity as a whole.



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- BRSR
- Waste & Water Management
- Sustainability Risk Analysis and Strategy
- Capacity Building



### **QUALITY CONTROL(LED) HUMOR**

#### WHEN WORK GETS TOO SERIOUS





#### BREAKING THE "GLASS CEILING"

Boss: "We believe in breaking the glass ceiling!"

Woman Leader: Grabs a hammer. Boss: "Uh... metaphorically!"

Woman Leader: "Too late. Pass me the safety goggles."

#### LEADERSHIP MEETING

Manager: "Let's hear from the most experienced person in the room!"

Woman Leader: Starts speaking. Manager: "I meant Steve."

Woman Leader: Pulls out PowerPoint of Steve's mistakes.





#### THE CONFIDENCE GAP

HR: "Men apply when they meet 60% of job criteria. Women wait for 100%."

Woman Leader: "Great, I'll start applying at 61%."

HR: "That's not how it works!"

Woman Leader: "Oh, I thought confidence gets hired more than

competence?"

#### NO IDEA IS A BAD IDEA'

Boss: "Speak up! No idea is a bad idea!"

Steve: "Let's hire more men for leadership roles."

Woman Leader: "Congrats, Steve. You found the bad idea."





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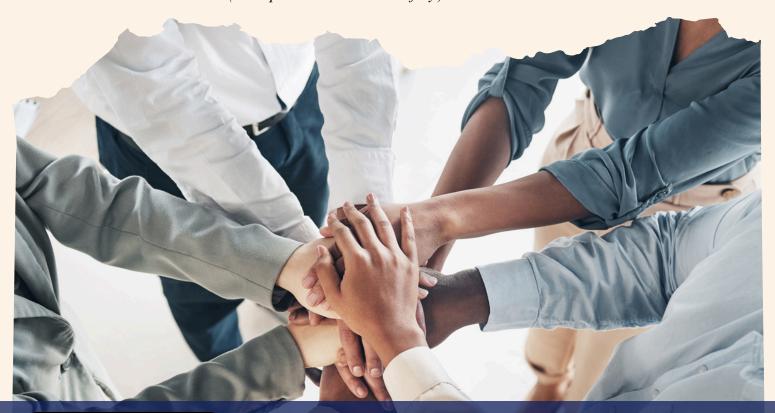
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## WORLD HEALTH DAY

APRIL 7



## **NEWS**

## BREAKING BARRIERS: WOMEN, MANUFACTURING, AND ESG IN INDIA'S AUTOMOBILE SECTOR

The Indian manufacturing sector, once considered a male-dominated domain, is witnessing a transformation as more women enter factory floors. This shift is largely driven by automation, improved infrastructure, and a growing focus on Environmental, Social, and Governance (ESG) principles. The automobile industry, in particular, is leading the way by actively integrating women into its workforce and redefining industry norms.

#### WOMEN IN MANUFACTURING: A RISING FORCE

Traditionally, manufacturing jobs required physical strength and long hours, leading to limited female participation. However, advancements in automation and ergonomics are helping bridge this gap. With machines handling physically intensive tasks, women can now focus on precision work, quality control, and operations management.



The top 10 companies in the Nifty India Manufacturing Index have steadily increased female participation, with the median percentage of women in their workforce rising from 5.5% in 2020 21 to 9.2% in 2023–24. Tata Motors, a leader in this movement, saw its female workforce increase from 5.5% to 11.1% during the same period. Other companies are following suit. Vedanta launched women-exclusive night shifts under Project Shree Shakti, while Ashok Leyland's Hosur plant now boasts an all-women assembly line. MG Motor India has also taken significant steps, producing its 50,000th Hector SUV at its Halol facility with an all-female team.



### ESG AND GENDER DIVERSITY: A BUSINESS IMPERATIVE

Companies are not only hiring more women but are also prioritizing gender diversity as part of their ESG strategies. A higher ESG score translates into better investor confidence, financial stability, and brand reputation.

According to a 2024 report by Foundit, diversity hiring in India has grown by 33% year-on-year. "Many impact funds prioritize gender diversity when assessing potential investments. Sustainability frameworks also demand disclosures on women in leadership," says Ambalika Gupta, Head of Sustainability at Snowkap.

Research from Deloitte indicates that companies with higher ESG scores enjoy a 1.2x higher valuation compared to those with lower scores, making gender inclusivity a financially sound decision.



#### CHALLENGES AND THE ROAD AHEAD

Despite progress, hurdles remain. Labor laws vary across states, with some allowing night shifts for women while others still prohibit them. Housing and transport facilities are also concerns, as employers must ensure safety measures for female employees working late hours. The question now is: Will India replicate the success of the Four Asian Tigers —Hong Kong, Singapore, South Korea, and Taiwan—by integrating more women into manufacturing? Or will outdated policies and systemic challenges hinder progress? One thing is clear—women are no longer just entering the manufacturing sector; they are transforming it. With the right policies, infrastructure, and corporate commitment, India can build an inclusive, ESG-driven manufacturing ecosystem that benefits businesses and society alike.

Source - https://www.outlookbusiness.com/magazine/automation-is-helping-indian-women break-into-the-boys-club-of-manufacturing

#### WOMEN RESHAPING LEADERSHIP IN TECH

### WOMEN LEADERS DRIVING CHANGE IN INDIA'S \$245 BILLION TECH INDUSTRY

The face of leadership in India's tech industry is changing as women take charge, break stereotypes, and create space for more women in the field. No longer just participants, women are now leading India's \$245 billion tech industry, driving innovation, and shaping the future.

Women like Debjani Ghosh, the first woman to lead NASSCOM, are championing policies that ensure equal opportunities in tech. Roshni Nadar Malhotra, Chairperson of HCLTech, is making history as the first woman to lead a listed Indian IT company, with a focus on sustainability and social impact. Entrepreneurs like Suchi Mukherjee, founder of Limeroad, are building digital platforms tailored to millions of Indian women. These leaders prove that women belong in tech leadership—not as exceptions, but as trailblazers of a growing movement.



#### RISING REPRESENTATION IN TECH

For decades, structural bias kept women in support roles, away from core technical and leadership positions. However, the numbers are shifting. According to NASSCOM, women now make up 36% of India's tech workforce, one of the highest ratios globally. Representation matters. When young women see role models who look like them, it inspires them to pursue careers in tech. Programs like Girls Who Code India, She Loves Tech, and Women in Tech India are not just teaching technical skills but also helping women build confidence and leadership abilities.





#### THE BUSINESS CASE FOR DIVERSITY

Companies with diverse teams perform better, innovate faster, and retain employees longer. A 2023 NASSCOM report found that tech firms with higher gender diversity experience:

- Higher employee engagement
- Better retention rates
- Improved financial performance

"Diverse teams challenge outdated thinking and create products that serve a wider audience," said a senior industry expert.

#### CHALLENGES THAT REMAIN

Despite progress, challenges persist. Less than 2% of global venture capital funding goes to women-led startups, and many companies still struggle with creating inclusive workplace cultures. Wage gaps, underrepresentation in C-suite roles, and limited mentorship opportunities continue to hinder women's advancement in tech. This year's International Women's Day theme, "Inspire Inclusion," highlights that true progress means not just having a few women at the top, but building an ecosystem where women at all levels—from interns to CEOs—can thrive.

#### THE FUTURE OF WOMEN IN TECH

Women leaders are not just changing who leads but how leadership is defined. Today's women in tech are showing that leadership is about collaboration, empathy, and lifting others. The question is no longer whether women can lead in tech. They already are. The real challenge is how the industry and society will continue to clear the path forward. To the women in tech: May your voices grow louder. May your impact grow deeper. And may your leadership continue to shape a future where everyone belongs.

Source - https://economictimes.indiatimes.com/small-biz/sme-sector/breaking-barriers-how-women-are- redefining-and-building-leadership-in-tech/articleshow/118798170.cms

## TWELVE WOMEN LEADING THE FIGHT AGAINST CLIMATE CHANGE

As climate change accelerates, twelve women are leading the charge in policy, business, activism, and finance. The 2025 Reuters Events Trailblazing Women in Climate list recognizes their impact in shaping sustainable solutions.

### WOMEN AT THE FOREFRONT OF CLIMATE ACTION

Despite setbacks in gender equality and increasing political resistance, women remain central to climate leadership. Inger Andersen, Executive Director of the UN Environment Programme, stresses that while women suffer disproportionate climate impacts, they are also key problem-solvers. Mafalda Duarte, head of the Green Climate Fund, criticizes world leaders for slow action. "We need more women at the table—not as a gesture, but because their leadership is essential to solving the climate crisis," she states.



### LEADING IN BUSINESS AND CLEAN ENERGY

Women remain underrepresented in climate leadership, but those at the helm are driving real change. Inna Braverman, CEO of Eco Wave Power, emphasizes that diverse leadership leads to stronger climate solutions. Ayesha Choudhury, Chief Commercial Officer at Infinium, is tackling aviation emissions, believing that "every facility we bring online proves progress is happening." Vaishali Nigam Sinha, co-founder of ReNew, highlights how emerging markets are taking the lead in clean energy. Abigail Ross Hopper, President of the Solar Energy Industries Association, remains optimistic: "Despite political shifts, the solar industry's momentum is real."

#### THE PATH FORWARD



### INDIGENOUS AND CLIMATE JUSTICE VOICES

Melina Laboucan-Massimo, founder of Sacred Earth, champions Indigenous-led solutions, stating, "Indigenous leaders hold the knowledge the world needs." Mary Robinson, former President of Ireland, compares female climate leadership to the resilience of a dandelion—spreading, growing, and impossible to ignore. Elaize Farias, journalist and co-founder of Amazônia Real, warns that COP30, set in the Amazon, must not be controlled by corporate interests. "Without Indigenous and local voices, it risks failure," she cautions.



Rhian-Mari Thomas, CEO of the UK's Green Finance Institute, calls for bridging divides. "Leadership means listening, not just commanding attention," she explains. Anna Turrell, former sustainability officer at Decathlon, notes that climate anxiety can lead to inaction, making consumer engagement a challenge. These women prove that real change is possible—through bold, inclusive leadership and immediate action. Their work serves as a call to action for a more sustainable future.

Source - https://www.reuters.com/sustainability/society-equity/twelve-women-bringing-light-fight against-climate-change-2025-03-07/

## A SEAT AT THE TABLE: WHY WOMEN'S LEADERSHIP IS NO LONGER OPTIONAL

Women's leadership in governance is not just about gender equality—it enhances policymaking and community development. Despite progress, female representation in administration, law enforcement, and policymaking remains low.

#### THE NEED FOR REPRESENTATION

Since 1951, only 13% of all IAS officers have been women. While female entrants in the IAS grew from 9% in 1970 to 31% in 2020, women still make up just 21% of serving officers. Gender gaps persist in law enforcement, where women are often sidelined in leadership roles. IAS officer Roopa Roshan Sahoo emphasizes that governance must move beyond the "strongman" model. "Challenges like climate change and migration require empathy, collaboration, and inclusiveness—qualities often linked to female leadership," she states.

#### IMPACT OF WOMEN IN LEADERSHIP

- 1. Economic Growth & Community Development Women leaders in governance have driven economic empowerment. IAS officer Abhilasha Kumari Sharma highlights how Self-Help Groups (SHGs) strengthen financial stability by ensuring funds are used for education, income generation, and welfare. Female leadership in MGNREGA has facilitated water conservation projects and road development, directly benefiting rural communities.
- 2. Gender-Sensitive Governance A lack of female leaders results in gender-blind policies. IPS officer Sara Sharma points out that disaster relief plans often overlook basic necessities for women. In law enforcement, biases persist, with women officers frequently questioned about their capabilities.
- 3. Reducing Corruption & Strengthening Welfare Women leaders have played a key role in preventing corruption and ensuring transparency in welfare programs. Their involvement in MGNREGA, Pradhan Mantri Awas Yojana (PMAY), and sanitation programs has improved implementation and prioritization of women's safety and dignity.





#### BEYOND SYMBOLIC REPRESENTATION

Despite the 73rd and 74th Constitutional Amendments mandating female participation in local governance, many elected women Sarpanches struggle to exercise real power. "True leadership means decision-making authority, not just token positions," Sharma stresses.

#### A CALL FOR CHANGE

Increasing women's representation isn't just about fairness—it's about effective governance. Female leaders bring diverse perspectives, drive inclusive policies, and foster stronger communities. Ensuring equal participation will build a more just, prosperous, and well-governed India.

Source - https://indianmasterminds.com/features/a-seat-at-the-table-why-womens-leadership-is no-longer-optional-108945/ -





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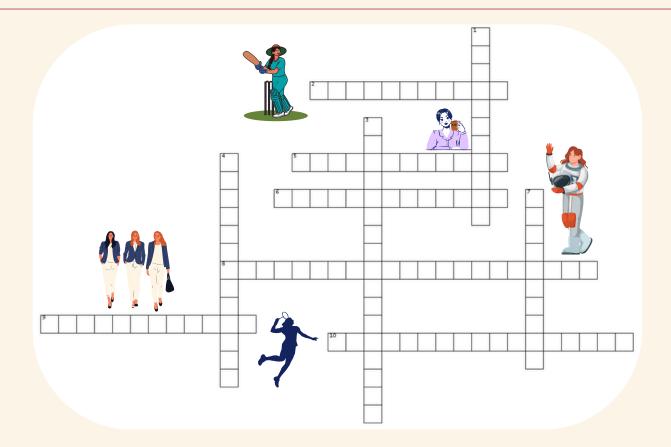
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## CROSS WORD PIONEERING WOMEN OF INDIA



#### **ACROSS**

- 2. Union Minister and former actress, active in governance and policy-making.
- 5. India's first female Prime Minister, known for decisive leadership.
- 6. Former CEO of ICICI Bank, recognized for her contributions to banking.
- 8. First woman to lead State Bank of India (SBI).
- 9. Founder of Nykaa, a successful entrepreneur in the beauty industry.
- 10. Founder of Biocon, a leader in the biotechnology sector.

#### **DOWN**

- 1. Olympic-winning badminton player and sports leader.
- 3. Current Finance Minister of India, leading economic policies.
- 4. Astronaut and role model, first Indian woman in space.
- 7. Former captain of the Indian women's cricket team, a legend in the sport.

3RD EDITION WINNERS: Ritika Batra, APEX and Manoj singh, SSEL

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#### Answers of the 3rd edition

Across- RFID, Traceability, Digitalization or Digitization, Warehousing, Resilience, Logistics, Collaboration

**Down-** Inventory, Automation, Forecasting, Procurement, Blockchain





## WOMEN IN LEADERSHIP BREAKING BARRIERS AND SHAPING THE FUTURE

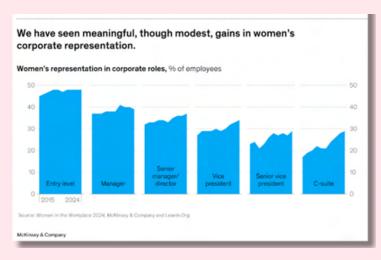
#### Introduction

Women in leadership roles have been transforming organizations, industries, and societies across the globe. While significant progress has been made over the years, challenges persist. Historically, leadership positions were predominantly held by men, but the past few decades have witnessed a remarkable shift as women continue to rise to prominent leadership roles. This article explores the progress of women in leadership, the challenges they face, and the strategies to foster a more inclusive and equitable leadership landscape.

#### The Rise of Women Leaders

Leadership is not only about excelling in corporate or political spheres but also about navigating personal challenges with strength and resilience. Over the years, countless women have broken barriers and showcased their exceptional leadership skills. Whether in politics, boardrooms, entrepreneurship, or social movements, women have made significant strides in various leadership roles. Icons like Indira Gandhi, Angela Merkel, Kamala Harris, and Jacinda Ardern have demonstrated exemplary political leadership, while corporate leaders such as Indra Nooyi (former CEO of PepsiCo), Ginni Rometty (former CEO of IBM), and Mary Barra (CEO of General Motors) have demonstrated the ability to lead multinational corporations with remarkable success.

As illustrated in Figure 1, a March 2024 McKinsey & Company report shows that women's representation has increased at every level of corporate management over the past decade (Exhibit 1). Notably, 29% of C-suite roles are now held by women, up from 17% in 2015. However, progress at the entry-level and midmanagement positions has been noticeably slower.



Women leaders bring fresh perspectives, encourage inclusive workplace cultures, and drive innovation. Studies indicate that organizations with diverse leadership teams achieve stronger financial performance, make well-informed strategic decisions, and foster healthier work environments. Beyond professional accomplishments, women also exhibit strong leadership in their personal lives, such as balancing demanding careers while caring for their families during critical times. This ability to juggle multiple responsibilities with resilience and emotional intelligence underscores the true essence of leadership in every sphere of life.

#### Women in Business Analytics Leadership

In today's dynamic world of Business Analytics, women are emerging as powerful leaders, innovative data scientists, and strategic visionaries. This essential field, which harnesses data to guide smart decision-making, is increasingly being shaped by the innovative contributions of female professionals who are playing a vital role in shaping its future. Here are some key aspects of their impact:

• Bridging the Data Gender Gap – According to a March 2024 Data Science Council of America (DASCA) article, even though women represent 57% of the overall workforce, they hold only 27% of roles in the technology industry. Female leaders in Business Analytics are actively working to level the playing field in data science and analytics careers. These leaders are committed to promoting gender diversity in hiring and building supportive networks for aspiring women professionals.

- Driving Data-Driven and Decision Making Women leaders in Business Analytics use their deep expertise to drive decisions that shape the future of their organizations. Their analytical approach not only fine-tunes operational processes but also enhances customer experiences and boosts overall efficiency.
- Promoting Ethical AI and Data Governance As AI and big data continue to evolve, ensuring responsible and unbiased data use has become paramount. Women leaders in analytics are instrumental in driving these ethical frameworks.
- Encouraging More Women in Science, technology, engineering, and mathematics (STEM) and Analytics By mentoring young professionals and advocating for inclusive policies, women in leadership positions are inspiring the next generation of female data scientists and business analysts.

#### **Business Analytics: A Key Strategic Resource in Modern Leadership**

Business Analytics is all about transforming raw data into actionable insights using statistical methods, machine learning, and data visualization. It plays a key role in everything from streamlining supply chains to forecasting market trends. Leaders skilled in BA can:

- Mitigate Risks: Leveraging predictive analytics to make proactive decisions.
- Enhance Efficiency: Utilizing process mining to pinpoint and resolve workflow bottlenecks.
- Drive Innovation: Uncovering unmet customer needs to steer product development.

For women in leadership, expertise in Business Analytics not only accelerates their careers but also enables them to challenge biases by basing decisions on objective, data-driven insights—thereby strengthening their credibility in traditionally male-dominated fields.

#### Real-Life Scenarios of Women Excelling in Business Analytics Leadership

In today's data-centric business environment, women leaders are redefining success by integrating business analytics into their strategic decision-making. Their unique combination of precise data analysis and forward-thinking leadership has fuelled organizational growth while fostering innovation and inclusivity in traditionally male-dominated sectors. Consider Indira Nooyi at PepsiCo and Mary Barra at General Motors – both have tapped into data insights to revolutionize their sectors, proving that a solid foundation

in analytics is essential for effective leadership in today's world.

According to a report from Medium, Indra Nooyi leveraged her business analytics expertise to drive PepsiCo's growth through data-driven decision-making. She played a pivotal role in divesting the restaurant business to streamline operations and acquiring healthier brands like Tropicana and Quaker to align with evolving consumer preferences. Her strategic vision was further demonstrated when, as PepsiCo's President, she approved a \$1.5 billion multi-year IT and infrastructure refresh plan, ensuring the company's enterprise systems and data warehousing were modernized for long-term efficiency.



Mary Barra has driven General Motors' transformation by making data a core part of its strategy. Through OnStar Smart Driver, which collects real-time data from over 30 million connected vehicles, GM provides drivers with personalized insights to improve safety and fuel efficiency. AI-powered predictive maintenance has also helped cut breakdowns by 30%, leading to better customer satisfaction. During the 2021-2022 semiconductor shortage, GM used data analytics to prioritize chip allocation for high-demand vehicles, enabling the company to deliver 2.27 million vehicles despite supply challenges. Barra's focus on data-driven innovation is also shaping GM's electric vehicle push, with AI-driven battery analytics improving range prediction and charging efficiency, supporting the company's goal of an all-electric lineup by 2035.



These examples underscore the profound impact female leaders can have on organizations. By weaving advanced data insights into every decision, they not only break down traditional biases but also inspire future generations of female data scientists and business analysts.

#### Strategies to Promote Women in Leadership

Creating a more inclusive leadership environment starts with providing women the right support and opportunities to grow. Mentorship and sponsorship play a crucial role in helping women navigate career challenges and advance in their fields. Companies should also introduce policies like paid maternity leave, flexible work hours, and childcare support to ensure that women can balance their personal and professional lives without compromising on career growth.

Another key factor is closing the gender pay gap by conducting regular salary audits and ensuring equal pay for equal work. Additionally, encouraging more women to pursue careers in Business Analytics through STEM education, scholarships, and corporate training programs can help bridge the gender gap in data-driven leadership roles. By fostering these initiatives, organizations can build a diverse and balanced leadership landscape.

#### **Conclusion**

The future of leadership is incomplete without the full participation of women. While significant progress has been made, there is still a long way to go. By addressing challenges, implementing policies that support women, and changing societal perceptions, we can create a leadership landscape where talent, not gender, determines success. Women in leadership are not just an aspiration but a necessity for a more diverse, inclusive, and innovative future.

As the world continues to evolve, embracing women's leadership is not just the right thing to do—it is the smart thing to do. Let us work together to ensure that the next generation of leaders includes more women who will shape a better tomorrow.







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#### IMPORTANT DATES IN APRIL

#### April 2 - World Autism Awareness Day

Recognized by the United Nations, this day promotes awareness and acceptance of autism spectrum disorders. Events are held worldwide to educate people about autism, encourage inclusion, and support individuals with autism and their families.





#### April 13 - Jallianwala Bagh Massacre

A tragic event in India's history, the massacre occurred when British troops, led by General Dyer, fired on a peaceful gathering in Amritsar, killing hundreds. It marked a turning point in India's independence movement, fueling widespread resistance against British rule.

#### April 14 – Ambedkar Jayanti

The birth anniversary of Dr. B.R. Ambedkar, the chief architect of the Indian Constitution and a social reformer who fought against caste discrimination and worked for social justice. It is a public holiday in India with events promoting his teachings.





#### Good Friday

A solemn Christian observance commemorating the crucifixion of Jesus Christ. It is a day of fasting, prayer, and reflection, with church services reenacting Christ's suffering and sacrifice. It is followed by Holy Saturday and Easter Sunday.

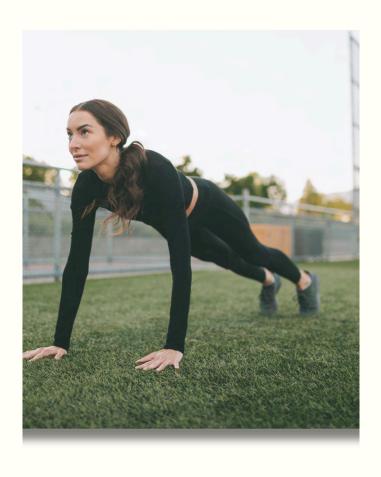
## Championing Wellness, Sustainability, and Quality in the Corporate World

By Dr. Sakshi Shandilya, Physiotherapist – Musculoskeletal, Team Lead - Physio Active

In today's fast-paced, high-pressure corporate environment, organizations across the globe are redefining the parameters of leadership. It's no longer enough to drive financial performance alone. Modern leaders are being called upon to ensure the well-being of their people, foster inclusive cultures, and build sustainable workplaces that stand the test of time. At the center of this evolution is a rising force: women in leadership.

Women bring unique strengths to the leadership table, empathy, collaboration, resilience, and a strong focus on long-term impact. These traits are becoming increasingly essential as organizations realize that employee wellness and workplace sustainability are directly linked to performance, innovation, and retention.

As a physiotherapist specializing in musculoskeletal health, I've seen how health-related challenges, particularly those stemming from poor posture, sedentary routines, and stress, can silently but significantly erode the effectiveness of even the most talented workforce. And this is where women leaders are making a tangible difference.





#### **Redefining Leadership Through Wellness**

Leadership today is not just about strategies and profits, it's about people. And women in leadership are proving this every day. They are often at the forefront of introducing employee-centric policies that focus on mental and physical health, flexible work, and work-life integration. These priorities are not just compassionate, they are strategic.

Work-related musculoskeletal disorders (MSDs) are among the most common occupational health issues worldwide. They affect productivity, increase absenteeism, and result in long-term healthcare costs. Women leaders, with their natural inclination toward nurturing and sustainability, often understand the value of preventive healthcare, an area where physiotherapy plays a vital role.



#### Physiotherapy: More Than Treatment, A Strategic Business Enabler

In most traditional settings, physiotherapy is seen as a reactive measure, something people turn to only after pain or injury sets in. But in the corporate world, a proactive physiotherapy program can be a game-changer.

Here's how physiotherapy contributes to building a healthy, sustainable, and quality-oriented organization:

#### 1. Ergonomic Assessments & Workplace Design

Physiotherapists can help identify poor ergonomic setups that contribute to long-term injuries. By tailoring workstation adjustments for each individual, we reduce the risk of chronic issues like cervical spondylosis, lumbar disc problems, and repetitive stress injuries.

#### 2. Posture and Movement Training

The modern workplace involves extended screen time and prolonged sitting, which are major culprits behind chronic pain. Educating employees about correct postures, encouraging micro-breaks, and incorporating movement routines during the day can prevent multiple musculoskeletal issues.

#### 3. Onsite Wellness Clinics and Virtual Consults

A growing trend among progressive companies is to provide onsite physiotherapy support or virtual consultations, making it easier for employees to access help without disrupting their work schedules. This fosters a culture of wellness and accountability.

#### 4. Stress and Pain Management

Pain and discomfort often lead to irritability, low morale, and decreased efficiency. Physiotherapy interventions like manual therapy, myofascial release, and guided exercise can significantly reduce stress, improve sleep, and boost mental well-being.

#### 5. Rehabilitation & Return-to-Work Programs

For employees returning after surgery, injury, or prolonged illness, physiotherapists design personalized rehabilitation programs that ensure safe and confident reintegration into the workplace.

#### Creating a Sustainable and Quality-Oriented Culture

A quality-oriented organization isn't one that only delivers results, it's one that builds an environment where people are respected, cared for, and empowered to grow. Sustainability is no longer confined to environmental metrics; it extends to people sustainability, ensuring that employees can contribute meaningfully over the long term without burning out.

Women in leadership roles have been instrumental in pushing this paradigm shift. They are advocating for inclusive health strategies, investing in preventive care, and breaking the stigma around seeking physical and mental health support.

In this context, physiotherapy becomes an enabler, not just of health, but of corporate excellence.

#### The Way Forward: Integrating Health into Corporate Strategy

As organizations evolve, so must their approach to employee well-being. Forward-thinking companies should consider integrating physiotherapy services into their broader wellness initiatives. This includes:

- Launching regular movement and stretching sessions during working hours
- Hosting physiotherapy-led workshops on posture, ergonomics, and injury prevention
- Offering annual musculoskeletal health screenings
- Encouraging a culture of movement, especially in remote and hybrid setups



This proactive approach helps in reducing healthcare costs, boosting retention, and enhancing workplace morale, all of which are vital to maintaining a competitive edge.

The future of leadership is inclusive, empathetic, and wellness-focused. Women leaders are trailblazers in this space, driving positive change not just in boardrooms, but in breakrooms, desks, and everyday routines.

As a physiotherapist, I see the deep connection between a pain-free body and a productive mind. When leaders understand and act on this, they don't just build successful businesses, they build thriving communities within their organizations.

Let's continue to redefine leadership through care, courage, and compassion. Let's create workplaces that don't just function, but flourish.



Dr. Sakshi Shandilya, Physiotherapist – Musculoskeletal, Team Lead - Physio Active



QGS GROUP WISHES YOU A VERY

## Happy Ram navami

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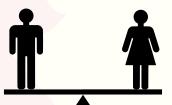


## INDUSTRY BUZZWORDS

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#### **ALLYSHIP**

The active role of colleagues and leaders in promoting gender equity and creating opportunities for women in leadership.



#### **GENDER LENS INVESTING**

An investment strategy that considers gender equity as a key factor in decision-making to support female leaders and women-owned businesses.

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#### **EQUITY VS. EQUALITY**

Equity ensures fair access to opportunities by addressing systemic barriers, while equality focuses on treating everyone the same regardless of individual circumstances.

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## GLIMPSES



A training session on ERA ISO policies was conducted, covering the ERA mission, vision, and values. Participants gained insights into security incident reporting procedures and effective visitor handling protocols. The session emphasized best practices for ensuring compliance, enhancing security awareness, streamlining visitor management processes.

A Safety and Quality Audit was conducted for the Agra Metro project to ensure compliance with safety regulations and quality standards. The assessment focused on risk identification, operational safety, and structural integrity. Recommendations were provided to enhance safety measures and maintain quality standards.





An energy audit was conducted by our team at FCC Tapukara to assess energy consumption and identify opportunities for efficiency improvement. The audit focused on optimizing energy usage, reducing waste, and enhancing sustainability. Recommendations were provided to improve overall energy efficiency and cost savings. The findings aimed to support sustainable practices and operational excellence.



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## GLIMPSES



An EHS Internal Audit was conducted at Vardhman Specialised Steel Limited, Ludhiana. to assess compliance with environmental, health, and safety standards. The audit focused on risk identification, regulatory adherence, and workplace safety improvements. Recommendations provided to enhance EHS practices and ensure a safer work environment.

Executive sessions on AMS were conducted at Hindalco (Aditya Birla Group) to enhance understanding of Asset Management Systems and best practices. The sessions focused on optimizing asset performance, improving reliability, and ensuring compliance with industry standards. Key discussions included risk management, maintenance strategies, and efficiency improvements.





An extensive workshop on AIAG VDA DFMEA and SAE J2886 DRBFM was conducted at a leading global electronics manufacturing organization. The session focused on risk assessment, failure analysis, and design improvements. The workshop emphasized industry best practices to enhance quality and mitigate potential failures.



# Upcoming Training Programmes

April 08-12, 2025 ISO 9001:2015 Lead Auditor

April 22-26, 2025 ISO 14001 Lead Auditor

Starting from April 19th

Six Sigma Black Belt

May 07-11, 2025 Six Sigma Green Belt



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True leadership isn't about power - it's about impact, and women are redefining it every day.



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