

# COW SHARE

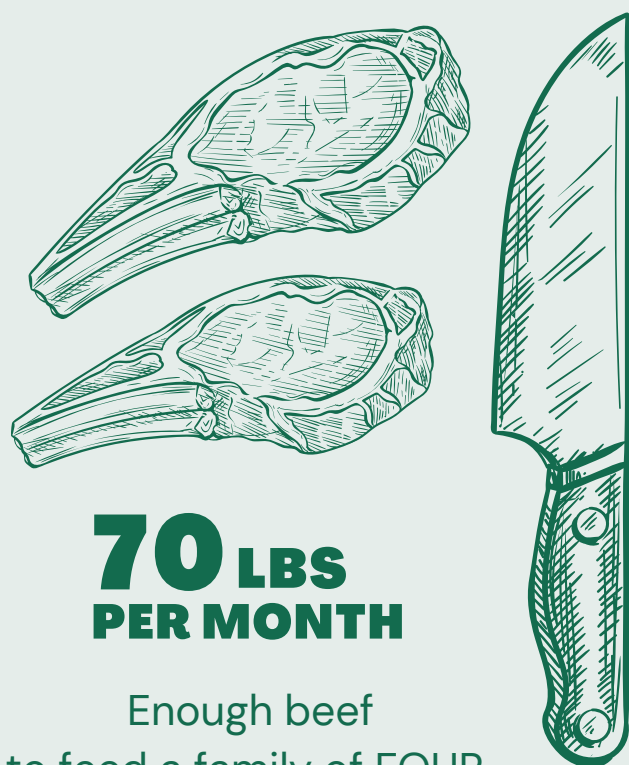
## COMMUNITY SUPPORTED AGRICULTURE BASICS

CSA is an alternative model of agriculture, food distribution, and food processing that allows the producer and consumer to share the benefits of small farming.



**425 LBS  
PER COW**

\$2500 to purchase  
whole cow share



**70 LBS  
PER MONTH**

Enough beef  
to feed a family of FOUR  
THREE times per week  
for the month!

**\$416 PER MONTH**

When you break purchase  
price into 6 payments.

That's LESS than  
\$6 per pound!



**3 CUFT OF  
FREEZER  
SPACE**

That's all you need for the 70lbs of  
beef! Equal to about half of a  
standard kitchen freezer. We store  
the rest of your meat for you!



## BUY THE COW GET HONEST MEAT

You get honest, humane meat because  
you give your farmer the option to field  
harvest the animal and use a local butcher  
when you "buy the cow!"

**LEARN MORE:**

The Honest Carnivore  
A West Virginia  
Meat Collective

[www.thehonestcarnivore.com](http://www.thehonestcarnivore.com)

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