## CALLING ALL BAKERS!!!

Following is the recipe for communion bread used at Grace Lutheran. If you are able to make bread for worship, we would greatly appreciate it. Please place it in a zip-lock bag, marked with the date you made it, and then put it in the FREEZER in the Multi-purpose room (in the office wing of the church). Be sure door to freezer is shut securely. We appreciate your willingness to serve in this capacity!

## **COMMUNION BREAD**

Yield: Four 8 oz. loaves; each loaf serves approximately 40 people (depending upon the size of the piece).

- Sift dry ingredients three times: 2 C. whole wheat flour 1 C. white flour 1/4 tsp. baking powder 1/4 tsp. salt
- 2. Cut in 4 tsp. oil
- 3. Mix water and sweeteners together; add to dry ingredients and mix well, but don't over-mix: 3/4 C + 2 Tbsp. very hot water
  3 Tbsp. honey
  3 Tbsp. molasses (mild flavored molasses works best)
- 4. Dough should be a bit sticky
- 5. Divide and roll into a 1/4 inch thick circle
- **6.** Mark with a cross
- 7. Bake at 350 degrees for 10 minutes
- 8. Remove and brush <u>lightly</u> with oil
- **9.** Bake an additional 5-8 minutes
- **10.** Cool