

THE GOOD NEWS OF GRACE

March 2020

A Newsletter for Members and Friends of Grace Lutheran Church 1408 Washington Street Wenatchee, WA 98801-2555 Volume 4 Issue 2

Spreading Our Lives Generously, in a Focused Way

Dear friends in Christ,

Growing up farming, I helped with the planting by prepping the soil of a few hundred acres as time allowed (it was always during the school year). My job was to break up the sleepy, sometimes frosty ground so the sun's heat and the clouds' rain could finish the preparation. The field cultivator behind my tractor would also knock down any early weeds. A freshly tilled, 40-acre plot of ground is really a thing to see. It has its own beauty. Stewarding the land is about partnering with the flow of natural forces. The next step in planting was to get out the drill.

It wasn't like a drill you might be imagining now. It was a piece of machinery that held bushels and bushels of prepared seed (wheat, barley, soybeans, sunflowers). Depth and density were adjusted according to the crop type. Many rows of seed were planted at once. Imagine a landscape rake being pulled through soil or sand, leaving slight channels behind. Buried were seeds for future food. My driving skills weren't so good as to be the one doing the planting; that job was for my dad or brother. No one wanted to see my crooked rows and gaps all season long!

This is a nice image for this time of year, the lengthening of days (the liturgical season of Lent) and the challenge to spread our lives generously, in a focused way. As God heals and reconciles the world to God's self through Christ, what is your particular area of interest? Do you watch and witness? Do you wait and pray? Do you stand up for justice for the oppressed? Do you give in a sacrificial way? Do you open your ears to hear about God's mission through others? Do you open your mouth to bless, to love, to challenge?

There's a strange-sounding prayer after communion that I'm remembering now. One of the petitions is this: "By your Spirit strengthen us to serve all in need and to give ourselves away as bread for the hungry, through Jesus Christ our Lord." You are bread. You are seed. Your faith through Christ and love for the world are seed. The miracle is that you don't disappear in the giving. In fact, you rediscover yourself.

You and I are also the field, and we all have seasons when we need to be "fallow" for a while, resting and receiving as the world continues on. Even the time we spend at rest is holy, filled with the presence and purpose of God.

My days off in March: 2, 9, 16, 23.

Together! Pastor James Aalgaard



THE MISSION OF GRACE LUTHERAN CHURCH

To proclaim and celebrate the gospel of Jesus Christ through word and sacraments so that a community of believers is created, trained, nurtured, and sent into mission.

From the desk of Intern Jenna

Morning Mannerisms

Our Holy Scripture starts with the words, "In the beginning..."

Recently, I've been trying to establish a more intentional and regular morning routine that honors God's work in and through me. Truth be told, I was feeling caught up in

my own business and thought I needed to establish some practices that would center and slow down my life a bit, starting from the moment I wake up. I've listened to podcasts, talked to friends, and done my own soul-searching to try and figure out what is best for me in my first waking hours. I don't believe there is any perfect formula, but here are some things that I've found to be life-giving and energizing in my morning routine:

- Exposure to natural light. This is something I heard on a podcast; as far as your body's natural rhythms go, it is good to connect with the sun's rhythms (assuming you are awake during the daytime) both in the morning and at night for a productive day and a good sleep.
- Settling into silence. We have so much "noise" throughout our day that I find starting the day with at least a few minutes' silence (meditation, if you will) a very grounding practice and reminder to take time to be still.



- Unhurried reading. Sometimes I read Scripture; other times I read a book or article that inspires me. I'm careful not to read anything that I "have to" read for work or school or book club, but something that just feels right or thought-provoking for the start of my day.
- Body movement. This is another podcast insight; doing some form of exercise in the morning is good for your overall health on many levels. Whether it's going for a hike, doing some light stretching on the floor, or riding my bike to church, I try to get in touch with my body and move it as our Creator intended!
- Intentional prayer. Of all the things I try to do in my mornings, I confess that prayer is the one I need to work on the most. I believe prayer takes shape in many forms (like in silence or moving your body), but intentional prayer is something I desire more of in my life from the very start of each day.

How do you start your mornings? Do you follow certain practices or disciplines that you find life-giving and energizing? God is present in our every waking - and sleeping! - moment. Let us be good stewards of each blessed moment from the very beginning of each day.



Grace Lutheran Women's Retreat March 13 - 15 Grunewald Guild \$170 per person

(shared room, programming, Saturday meals and Sunday brunch)

Sign up on the bulletin board outside the workroom. Checks can be made out to GLC with "Women's Retreat" in the memo line and are due to Finance Manager (Roxanne) by March 4.

FAITH FORMATION

LIFELONG LEARNING OPPORTUNITIES

March 1 - 9:30 a.m.

PreK/K: The Lost Sheep and Lost Coin

1st -5th : Project

6th Grade - Adult: Social Concerns Team Forum

Adult: Acts Bible Study

March 8 - 9:30 a.m.

PreK/K: The Prodigal Son

1st Grade - Adult: Speaker - Jamie Bruesehoff

March 15 - 9:30 a.m.

PreK/K: Mary and Martha

1st -5th : Creative Corner 6th - 12th Grade: Visit Grace City Church

Adult: Acts Bible Study

March 22 - 9:30 a.m.

PreK/K: Zacchaeus 1st -12th Grade: Project

Adults: Acts Bible Study

March 29 - Spring Break - No Classes.

Arts Festival

For three years (2009 – 2011), Grace Lutheran hosted a week-long VBS-Arts Festival during the summer, and it was a huge success. We will be revisiting that program this August and are looking for folks to share their interests, crafts and skills. In the past we have offered: Stained glass, Advanced art, Arts and crafts, Music (all sorts), Liturgical Dance, Beginning Cooking, Knitting, Beginning Sewing, and Sports. I am sure we could add to this list. The tentative dates are August 3 - 7. If you are interested in being a part of the festival, please contact Beth at youthandfamily@glcwen.org

Easter Egg Hunt

The 3rd- 5th grade youth group has excitedly volunteered to host an Easter egg hunt for young children between our two services on Easter morning, April 12. We would gratefully accept donations to fill the eggs (stickers, candy, etc.)

A basket will be available in the narthex for donations. Please bring items by Tuesday, April 7. Thank you!



Youth Winter Retreat 2020











Fifth Sunday All Congregation Worship

Reminder, March 29 is a fifth Sunday - we encourage you to join us for our all congregation worship at 10:30 a.m. There will be no 8:30 a.m. worship, or Faith Formation, that day. Let's fill the sanctuary with worship "from floor to rafter!"

Lenten Midweek Vespers

Please join us for worship during Lent, 5:15 p.m. on Wednesdays before our evening meal of soup and bread. The sanctuary will be ready for silent prayer and meditation at 5:00 if you'd like to arrive before the start of vespers. Candles and prayer shawls will be available for your use. Our theme this year is "Perfect Love Casts Out Fear", from 1 John chapter 4.



Lenten Soup Suppers

Join us for our weekly Lenten Soup Suppers, each Wednesday during Lent, beginning March 4. Volunteers are needed to provide soup, bread/rolls and clean up. Sign-up sheets are available in the narthex for your convenience. Meals will be served at 5:45 p.m.

SOCIAL CONCERNS TEAM

Sleeping Mats

As part of our Cross Generational Faith Formation Project this year we are putting together sleeping mats for the homeless. We will be working on them during the Faith Formation Classes between the Sunday Services and on the last Friday of the month from 7 p.m. to 11 p.m. We are desperately in need of people to cut and tie the grocery bag



strips together to make plarn so we can start to crochet the strips together to make the mats. For more information, contact Beth Smallbeck at 509-663-2189, email youthandfamily@glcwen.org, or Kay Fisher at 509-669-3220, email threefishers@nwi.net.

It's Noisy Offering time!

On March 1, the Social Concerns Team will be distributing boxes that you can decorate and put your loose change in for those who are in need. So, it's time to start saving all your loose coins from your pockets, shoes, socks, drawers, underneath the bed, the sofa, and car seats. Wherever you can find it, collect it and put it in your decorated loose change box and bring it back to the church on March 29

where a Social Concerns Team member will be collecting them. So, start collecting all those coins!!! For more information contact Jolane Guthrie at 509-669-9309, email: jolaneg@live.com or Barbara Tilly at 509-679-3900, email: bbtilly@nwi.net.

Friday Night Bingo

The second Friday of each month at 6:30pm the Social Concerns Team sponsors a Bingo game night for those that have special needs. Approximately 20 individuals show up and the program runs for 1½ hours. There is also a need for prizes. Any



This Photo by Unknown

trinkets will do. A box labeled "Bingo Prizes" is in the narthex. If you are interested in volunteering, or for more information, contact Jolane Guthrie at 509-669-9309, email: jolaneg@live.com or Joyce Owens at 509-393-2686, email: joyceowens44@gmail.com.

Food Drive

This March, to go along with our hunger emphasis month, we will be collecting food items for those in need. These items will be distributed throughout our community. The donated items will be taken to the Chelan-Douglas Community Action Council Food Bank and will be distributed all over Chelan and Douglas Counties. A list will be available in the Narthex and the office. For more information, please contact Mike Sweeney at 360-533-4486, email: Sweence@gmail.com or Bob Bartlett at 598-888-7991, email: bobbartlett1@outlook.com.



Congratulations Mackenzie!!

To the Congregation of Grace Lutheran Church,

I am pleased to inform you that Mackenzie Mueller of Grace Lutheran Church has been awarded a Pacific Lutheran University President's Scholarship, one of the top academic and leadership scholarships offered by PLU.

Over 500 qualified applicants applied for these scholarships this year, and the standards are high. This year the President's Scholarship recipients scored an average 1306 SAT test score, an average 30 ACT test score, and have a 3.98 average GPA. To see a full list of the 102 named President's Scholars, please visit plu.edu/admission/pres-scholars.

Mackenzie was selected based on academic achievement, co-curricular involvement, service and leadership, as well as potential to effect positive change and leadership in both the academic and co-curricular life of our university. The prestigious President's Scholarship is worth \$33,000 per year. As a President's Scholar, Mackenzie has been invited to interview on the PLU campus in February to compete for the next level of PLU Presidential Scholarships – one of ten \$38,000 per year Harstad Founder's Scholarships or one of five full-tuition Regents' Scholarships.

Congratulations to Mackenzie Mueller!

We welcome you to include this in Grace Lutheran Church's next bulletin or newsletter. Thank you for your support of Mackenzie.

Sincerely, Melody Ferguson Associate Dean of Admission

March Birthdays

Jody Marquardt	3/2	Anna Guthrie	3/9	Nicholas Boersma	3/22
Michelle Harrison	3/3	Jim Wurl	3/11	Langley Vertrees	3/22
Taylor Melton	3/3	Micah Florea	3/12	Vera Curtis	3/24
Gene Abel	3/4	Jan Herman	3/12	JoAnn Koch	3/24
Conrad Lake	3/4	Sylvia Henry	3/13	William Neer	3/26
Annette Mueller	3/5	Karen Zanol	3/13	Joel Banken	3/27
Jan Romey	3/5	Sam Stevens	3/14	Jolane Guthrie	3/27
Kelli Ottley	3/7	Wanda Rivedal	3/16	Betty Zielke	3/27
Chuck Graves	3/8	Michele Sandberg	3/19	David Coe	3/31
Mike Mueller	3/8	Colleen Smith	3/19	Ruth Westby	3/31
Marie Coe	3/9	Erin Reed	3/20		

Worship Assistants

Please note: All worship assistants listed below are for the 10:30 service.

1 st Sunday in Lent Sunday, 3/1 Worship 8:30 a.m. Worship 10:30 a.m.	2 nd Sunday in Lent Sunday, 3/8 Worship 8:30 a.m. Worship 10:30 a.m.	3 rd Sunday in Lent Sunday, 3/15 Worship 8:30 a.m. Worship 10:30 a.m.	4 th Sunday in Lent Sunday, 3/22 Worship 8:30 a.m. Worship 10:30 a.m.	5 th Sunday in Lent Sunday, 3/29 5 th Sunday All Congregational Worship Worship 10:30 a.m.
Scripture Readings Genesis 2:15-17; 3:1-7 Psalm 32 Romans 5:12-19 Matthew 4:1-11	Scripture Readings Genesis 12:1-4a Psalm 121 Romans 4:1-5, 13-17 John 3:1-17	Scripture Readings Exodus 17:1-7 Psalm 95 Romans 5:1-11 John 4:5-42	Scripture Readings 1 Samuel 16:1-13 Psalm 23 Ephesians 5:8-14 John 9:1-41	Scripture Readings Ezekiel 37:1-14 Psalm 130 Romans 8:6-11 John 11:1-45
Acolytes	Acolytes first Sunday of the month only.	Acolytes first Sunday of the month only.	Acolytes first Sunday of the month only.	Acolytes first Sunday of the month only.
Altar Guild Hollie Olson	Altar Guild Kathy Gavin	Altar Guild Tami Woolsey	Altar Guild Peggy Fenhaus	Altar Guild Denise Miller
Communion Assistants Colleen Smith Riva Morgan Rose Applegate	Communion Assistants Faye DeJong Nancy O'Donnell	Communion Assistants Chad & Della DuLac	Communion Assistants Kathy Gavin Beth Smallbeck	Communion Assistants Gary & Kathy Otheim
Lector	Lector	Lector	Lector	Lector
Sound Technician Ken Machtley	Sound Technician Chad Dulac	Sound Technician Joanne Dalinkus	Sound Technician Rob Salter	Sound Technician Kent Heminger
Ushers	Ushers	Ushers	Ushers	Ushers
Flowers No Flowers during Lent.	Flowers No Flowers during Lent.	Flowers No Flowers during Lent.	Flowers No Flowers during Lent.	Flowers No Flowers during Lent.

THE KING'S GARDEN PRESCHOOL



We are having a blast learning about health and safety this month! We've had visits from the dentist office and the fire department.

We have three full classes enrolled for next year already, which includes an additional 6 student spaces for incoming three-year olds. We are excited to be bringing on another teacher for the 3 -year-old class, Jill Thayer.

At this time, we are gathering sponsors for our annual fun run, Sole 2 Soul Storybook 5k. The run is on June 13th at Pybusit's fun for everyone. We hope you'll join us!!

Council Corner

February 25, 2020

- 1. Habitat for Humanity provided initial bid on East Wenatchee Property.
- 2. New Employee Handbook presented by Staff Support Committee.
- 3. Lighting project team to meet with architect in March for updated proposal.
- 4. Approved Meyer's fund request for Fox Visioning Committee training.

Thank you

Thank you to everyone who helped with the photo sessions for the new church directory. As soon as the new directory is available, I will be passing them out at our fellowship times after Sunday services. For those not available to pick them up, I will mail them. Out photographers had a lot of fun with all of you and took some really great pictures. As always, Jen, Rich, and other staff were right there to help in any way they could. A special thank you to them.

Shirley Leslie

Sunday 2/2 Attendance	58 & 98	Sunday 2/16 Attendance	43 & 108
Weekly Offering	\$14,681.85	Weekly Offering	\$7,025.80
Sunday 2/9 Attendance	60 & 130	Sunday 2/23 Attendance	48 & 101
Weekly Offering	\$5,664.95	Weekly Offering	\$
Weeking offering	\$3,00 1.72	Weekly offering	Ψ

Women's Fellowship

"Circles" are groups of women that meet monthly for Bible study and mutual support.

YOU are invited to attend. Please contact the church office or the monthly host (listed at right) if you would like more information. <u>Anna Circle</u> will meet on Tuesday, March 10, at 10:00 a.m. at the church.

Miriam Circle meets Tuesday, March 17, at 7:00 p.m. at Hollie Olson's home (668-1219).





This month's Prayer Shawl meeting will meet at 10:00 a.m. on Thursday, March 26 at Ruth Westby's home (886-0375).

2020 TEAM & COMMITTEE LEADERS

Arts: Phil Gregg
Building & Grounds: Open
Endowment: Karen Zanol
Faith Enrichment: Jody Marquardt
Fellowship: Shirley Leslie
Trish Simmons
Andy Sheets

Pastoral Support: Micah Florea
Staff Support: Ernie Bentsen
Social Concerns: Kay Fisher
Worship: Denise Miller

Youth: Open

2020 CHURCH COUNCIL

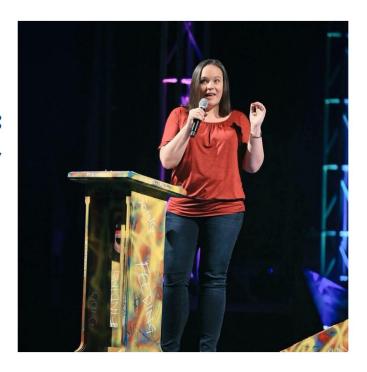
President: Chad DuLac
Vice President: Cathy Sweeney
Treasurer: Gwen Sparks
Secretary: Jody Marquardt
Members-at-Large: Riva Morgan
Monte Olson

Monte Olson Ann Bartlett Andy Sheets Grace Lutheran Church Presents

Jamie Bruesehoff

From Empathy to Action: Supporting Transgender & Gender Expansive Youth

Thursday, March 5 6:30 PM
Wenatchee High School Commons
1101 Millerdale Ave



Jamie Bruesehoff (she/her) is an award-winning writer, speaker, and advocate. She is an openly queer woman married to a Lutheran pastor and mom to three spirited children, including a twelve-year-old transgender daughter. She is passionate about sharing her family's story, because she believes our stories are bridges to understanding, compassion, and celebration. We are excited to have Jamie join us in Wenatchee March 4-8 for Gender Diversity Week. During that time, she will be speaking to students at Westside and Wenatchee High Schools and Wenatchee Valley College, and will give a public presentation on Thursday, March 5 (see below for more info). On Sunday, March 8, Jamie will be our guest preacher and will also be speaking during our Faith Formation time. Jamie will be available to visit and answer questions while she is here. If you would like to submit questions in writing, you may give them to the office or email them to Beth at youthandfamily@glcwen.org.

Supporting Transgender & Gender Expansive Youth Thursday, March 5, 6:30 p.m. at Wenatchee High School Commons

Rooted in her own personal experience, Jamie Bruesehoff will share some of the joys and challenges of raising a transgender child in a world that all too often isn't ready for them. We know these youth face devastating rates of depression, anxiety, and suicide, but the data overwhelmingly shows that support and affirmation greatly reduces those risks. What does that affirmation look like? How as parents, family, educators, faith leaders, and community members can we be that support? Jamie will inspire, empower, and equip us to better show up for the young people in our lives and in our community.

March 2020

Widi Cii 2020						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
**See below for Sunday Morning Schedule 1:00 p.m. Cold Weather Shelter Potluck 5:30 p.m. Chancel Schola 6:30 p.m. Middle School & Senior High Youth 8:00 p.m. Compline Choir 9:00 p.m. Compline	2 7:00 p.m. Appleaires	3 10:30 a.m. Alzheimer's Support Group 6:30 p.m. Worship Team 6:30 p.m. Social Concerns Team	4 11:00 a.m. Lectionary Study 5:15 p.m. Vespers 5:45 p.m. Soup Supper 6:15 p.m. Bells of Grace 6:30 p.m. Grace Readers 7:30 p.m. Voices of Grace	5 7:00 a.m. 1st Prayer 2:00 p.m. SAIL Class 6:30 p.m. Jamie Bruesehoff @ High School	6 9:00 a.m. Quilters	7
8 Daylight Savings Begins **See below for Sunday Morning Schedule 5:30 p.m. Chancel Schola 6:30 p.m. Middle School & Senior High Youth	9 7:00 p.m. Appleaires	10 10:00 a.m. Anna Circle 6:00 p.m. Youth Team 7:00 p.m. Recital 7:00 p.m. Suicide Loss Support Group	9:30 a.m. Intern Team 11:00 a.m. Lectionary Study 3:45 p.m. 3 rd - 5 th grade Youth 5:15 p.m. Vespers 5:45 p.m. Soup Supper 6:15 p.m. Bells of Grace	7:00 a.m. 1st Prayer 2:00 p.m. SAIL Class 7:00 p.m. Team Leaders 7:00 p.m. Recital		s Retreat
			6:30 p.m. Grace Readers 7:30 p.m. Voices of Grace			
1 5**See below for Sunday Morning Schedule 5:30 p.m. Chancel Schola 6:30 p.m. Middle School & Senior High Youth 8:00 p.m. Compline Choir 9:00 p.m. Compline	16 7:00 p.m. Appleaires 7:00 p.m. Compassionate Friends	17 Newsletter Deadline 10:30 a.m. Alzheimer's Support Group 6:30 p.m. Recital 7:00 p.m. Miriam Circle	18 11:00 a.m. Lectionary Study 5:15 p.m. Vespers 5:45 p.m. Soup Supper 6:15 p.m. Bells of Grace 6:30 p.m. Grace Readers 7:30 p.m. Voices of Grace	197:00 a.m. 1st Prayer 1:00 p.m. Staff Support 2:00 p.m. SAIL Class	20 9:00 a.m. Quilters	21
22 **See below for Sunday Morning Schedule 3:00 p.m. Recital 5:30 p.m. Chancel Schola 6:30 p.m. Middle School & Senior High Youth	Appleaires	24 11:00 a.m. Cluster Meeting 6:00 p.m. Council	25 11:00 a.m. Lectionary Study 3:45 p.m. 3 rd - 5 th grade Youth 5:15 p.m. Vespers 5:45 p.m. Soup Supper 6:15 p.m. Bells of Grace 6:30 p.m. Grace Readers 7:30 p.m. Voices of Grace	7:00 a.m. 1st Prayer 10:00 a.m. Prayer Shawl 2:00 p.m. SAIL Class	27 9:00 a.m. Quilters	28
29 5 th Sunday 10:30 a.m. All Congregational Worship One Worship Service Only	30	Worship	day Mornin Schedule : 8:30 & 10:30 ormation: 9:30	No a.m. One Wo	e note: Sunday, Faith Format Orship Service a	ion and

GRACE LUTHERAN CHURCH

Evangelical Lutheran Church In America 1408 Washington Street Wenatchee, WA 98801-2555 (509) 663-2189

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Rich Smallbeck Facilities Maintenance Manager

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Jen Gale Office Administrator

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Roxanne Reindl Finance Manager

finance@glcwen.org

FAITH FORMATION

Sundays at 9:30 a.m.

SUNDAY WORSHIP

8:30 a.m. 10:30 a.m.

COMPLINE

1st and 3rd Sundays, 9:00 p.m.

CHURCH OFFICE HOURS

Tuesday- Thursday 9:00 a.m. - 4:00 p.m.

Friday

9:00 a.m. - 12:00 p.m.

PHONE: (509) 663-2189

WEBSITE

www.glcwen.org