

CHILDREN'S EDUCATIONAL COLORING & ACTIVITY BOOK

LET'S TALK  
**ABOUT TOUCHING**

WITH PEGGY PORCUPINE



  
Advocacy, Respect, Kindness

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LET'S TALK  
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WITH PEGGY PORCUPINE



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This book belongs to

**Hi there! My name is Peggy  
and I'm a porcupine.**



**We porcupines know how to stop anyone from touching  
us or bothering us. We throw our sharp quills.**

**Kids don't have quills. So for you to stay safe,  
you have to be smart.**



**Here are some things to do if someone ever bothers you  
or tries to touch you in a way that makes you feel icky.**

**We all have what are called body boundaries.  
These places, covered by your bathing suit are  
your private parts.**



**No one should touch your private parts!**

**If someone touches you or  
your private parts, say NO!**



**Remember to YELL and TELL a  
grown-up that you trust!**

**If someone asks you to keep a secret about touching, say,  
"No, I'm going to tell!"**



**There are lots of different kinds of secrets. There are safe secrets and tell secrets. Surprise parties and gifts are safe secrets. Tell secrets are things that make you feel scared or uncomfortable. Tell them to an adult who will help you!**



**Your body belongs to YOU!**



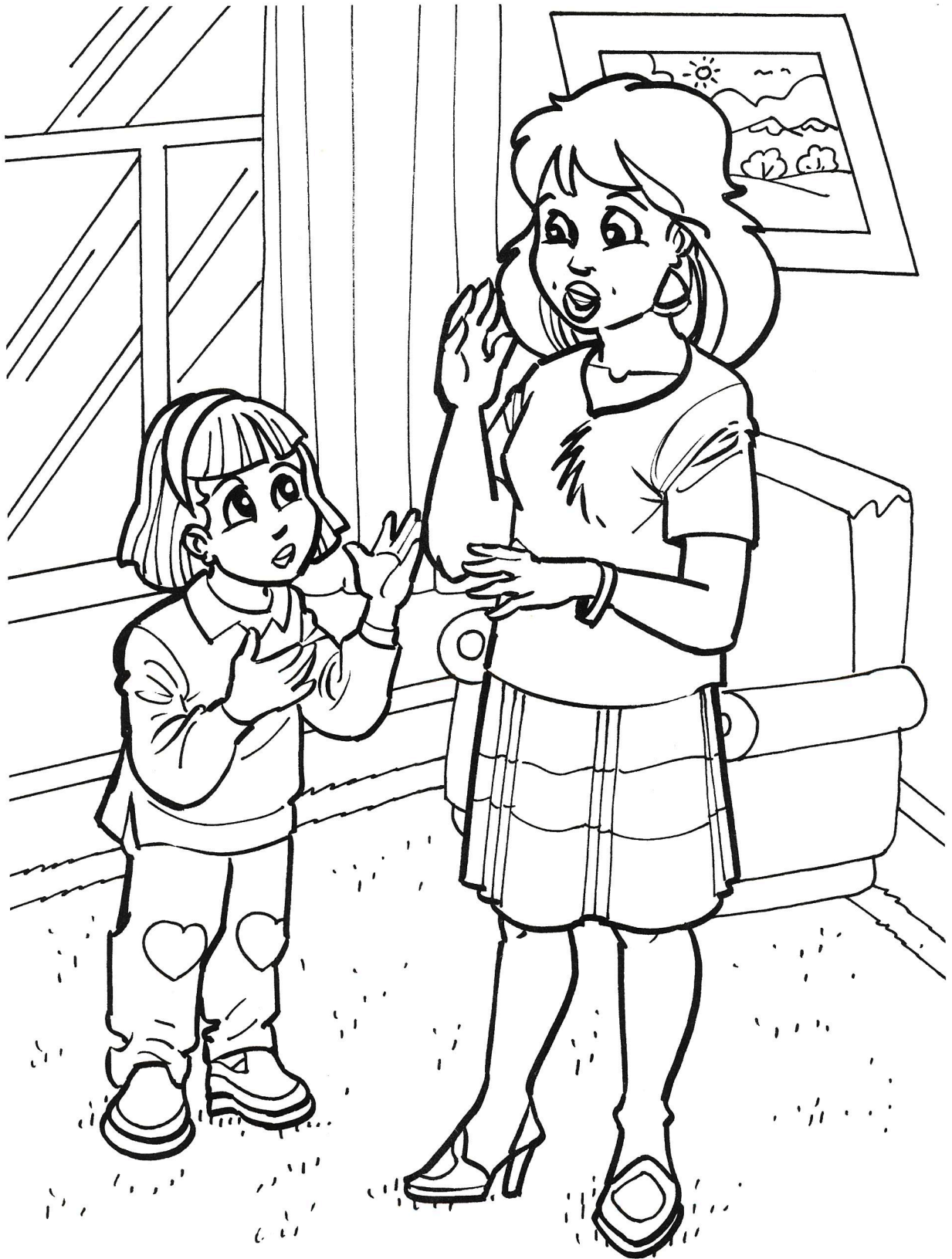
**Nobody should touch your body  
without your permission.**



**Know the difference between safe touching, a hug from your mom or dad, and unsafe touching from a stranger.**

**It is OKAY to say NO to an adult if you are frightened or don't want to do something.**





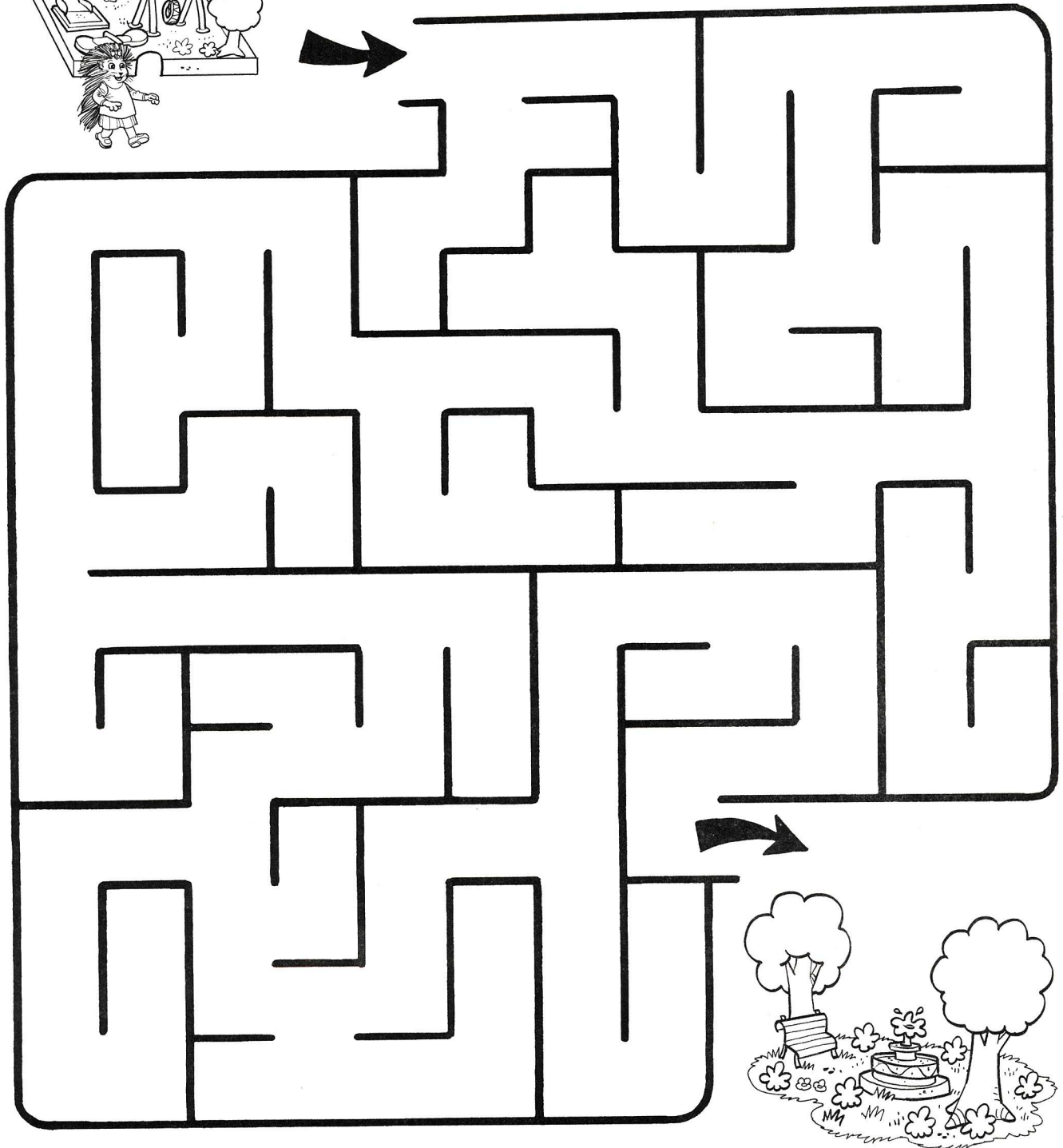
**Let a trusted grown-up know if you have a problem, no matter how scary or embarrassing. They will listen, believe you and help you.**

**Trust yourself. If you feel that something is wrong or uncomfortable for you, remember**  
**RUN! YELL! TELL!**



# A-MAZING!

Help Peggy the Porcupine find her way from the playground to the park.



# THE WORDS ARE ALL MIXED UP



Can you unscramble the them?

**HINT:** The word begins with the letter in black

1. **ch**uot
2. **af**se
3. **ect**esr
4. **ts**mra
5. **us**trt
6. **le**lt
7. **vt**apier
8. **yb**do

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# FILL-IN FUN



Fill in the missing word

1. **Be \_\_\_\_\_, stay safe.**
2. **Know your \_\_\_\_\_ boundaries.**
3. **There are safe \_\_\_\_\_  
and ones you must tell.**
4. **It is OK to say NO to an \_\_\_\_\_.**
5. **Tell a grown-up if you \_\_\_\_\_  
uncomfortable.**



# WHAT'S THE DIFFERENCE?

Peggy is playing in the park.  
What's different about her?



See answer on next page

# Time to Laugh!

Some of Peggy's favorite animal funnies.

1. Where do polar bears vote?
2. What do pigs put on sore toes?
3. What dog keeps the best time?
4. Why did the hummingbird hum?
5. Why do seagulls fly over the sea?
6. How do you keep a snake from striking?
7. What do you get from a pampered cow?
8. What did the porcupine say to the cactus?



ANSWERS:

1. The North Pole 2. Oinkment! 3. A watchdog. 4. He forgot the words! 5. Because if they flew over the bay they would be bagels!  
6. Pay it decent wages! 7. Spoiled milk. 8. Is that you, mommy?

## Let's Talk About Touching with Peggy Porcupine

*I promise to be smart, stay safe  
and remember what Peggy said  
about touching!*

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Sign your name here



Conforms to ASTM D-4236, Intended for ages 3 years & up.  
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