





## **SIX WEEK COURSE**

- Dealing with Defiance and Other Difficult Behaviors
- Setting Limits
- Ending the Control Battle
- Empathy not Anger
- Creating a Family Unit
- Empowering Them
- Minimizing Power Struggles

**Tuesdays @ 11am** Evening class TBA

Contact The ARK for more information. 325-643-2699







## **CHILDCARE IS AVAILABLE**