Volunteer Application



The Ark encourages the participation of volunteers who support our mission. If you agree with our mission and are willing to be interviewed and trained in our procedures, we encourage you to complete this application. The information on this form will be kept confidential and will help us find the most satisfying and appropriate volunteer opportunity for you. Thank you for your interest in The Ark Domestic Violence Shelter.

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*You may attach a resum	e in lieu of this section				
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The Ark Volunteer Programs

Please review the following descriptions of the programs offered by the Ark. There is a separate sheet that you can sign up to help with any of the programs you are interested in.

Intake Office/Shelter Assistance Volunteer

As an intake office/shelter assistance volunteer you will work with shelter staff to provide emotional support and assist clients with other basic needs. Duties to include but not limited to signing clients in and out of the shelter, providing general needs such as laundry soap and OTC medication, and letting receptionist know which advocate to transfer crisis calls to. Office duties will include making copies, shredding papers, and other tasks assigned by shelter program director.

House Mentor Volunteer

As a house mentor volunteer you will work in either group settings or one on one with clients to provide them with general life skills in a positive and encouraging environment. This program will be tailored by you the volunteer to teach clients skills that you are proficient in. Examples of the types of skills we would like to offer include: cooking and meal planning, budgeting for a family, healthy coping skills, and any other skill that can be taught to clients to help them become self-sufficient.

Group Conductor Volunteer

As a group conductor volunteer you will organize and conduct Ark approved programs for clients, or assist staff in current group settings. Example of the types of groups we would like to offer include: AA/NA groups, Job Skills and Interview Techniques, and Tutoring and GED prep. Or you can assist staff in conducting weekly support group (currently held on Thursdays from 3pm-4pm).

Client Activities Volunteer

As a client activities volunteer you will organize and conduct Ark approved and age appropriate activities for clients. Activities we would like to offer include: game night, movie night, crafts and art therapy, and outings.

Donations Volunteer

As a donation volunteer you will help with sorting donations, organizing storage to make it more assessable for clients, and assist with preparations for garage sales.

Fundraising and Events

As a fundraising and events volunteer you will become involved in any or all of the exciting events the Ark puts on throughout the year. Duties may include but not limited to: setting up, tabling events, registration, clean up, promoting the event and recruiting other volunteers to assist. All fundraisers must be approved by the Arks Board of Directors Fundraising Committee.





The ARK Domestic Violence and Sexual Assault Shelter

2900 Coggin Ave. Ste A * Brownwood TX * 325-643-2699

Volunteering offers many different opportunities such as "Direct Care" and "Indirect Care". Direct care is working one on one with clients on the frontline and requires a 10-hour course (5hr classroom/5hr on job training), as well as, a 40-hour course in sexual assault. Both courses are very informative and full of interesting facts on helping domestic violence and sexual assault victims. Indirect care is more backstage such as sorting donations and assisting with events/fundraisers. Both types of care are equally important! Three volunteer levels have been created in order to allow each of you the ability to determine how often and where you are willing to volunteer. Levels One and Two are considered "Indirect Care" and require only an orientation, whereas, level Three is considered "Direct Care" and requires orientation and 50hrs training. What level are you?

Volunteer Levels

<u>Level One</u>	<u>Level Two</u>	<u>Level Three</u>
*Donations/Admin Office	*Donations/Admin Office	*Donations/Admin Office
*Indirect Care	*Events/Fundraising	*Events/Fundraising
*Orientation	*Indirect Care	*Direct Shelter Care
	*Orientation	*Orientation/50hr Training

C	oordinator. Be sure t	o ask any and a	all questions be	fore committing.
	Print Name:			****
	Good Phone #:			
	Circle Level:	One	Two	Three
ights/Concerns:			,	