

### Health, Sickness and Exclusion

The Ark at Waddington Preschool aim to promote a healthy environment for the children in our care and we need your co-operation to support this:

- Children will have the opportunity to play in the fresh air throughout the year.
- If parents/carers notice their child becoming ill or infectious they must inform the setting and they must have regard to the exclusion list below.
- If a child becomes ill or infectious at the setting, every effort will be made to contact the parents/carers. It is essential therefore that the setting has up to date information in order to be able to contact the parents/carers during setting hours. If the parent/carer cannot be contacted, setting staff will endeavour to contact the other named contacts on the child's registration document.
- If the setting is unable to contact a parent/carer or other named contact, The Ark at Preschool reserves the right to take the child to a general practitioner or hospital in an emergency. Parents/carers will be required to give signed consent for this procedure on registering their child at the setting.

If a child contracts any of the infectious diseases listed below, other parents will be informed by an emergency newsletter and information on the notice board.

If we have reason to believe that any child is suffering from a notifiable disease identified as such in the Public Health (Infection Diseases) Regulations 1988, we will inform the Health Protection Agency and Ofsted. We will act on any advice given by the Health Protection Agency and inform Ofsted of any action taken. The Health Protection Agency's list of notifiable diseases can be found at [www.hpa.org.uk](http://www.hpa.org.uk) and is displayed on our parent's notice board.

Further guidance on infection control in schools and childcare settings can also be found at [www.hpa.org.uk](http://www.hpa.org.uk).

The local Health Protection Unit can be contacted on Tel: 01529 416000

*This policy has been adopted by The Ark at Waddington Preschool.*

Signed by:	Date:	Review date:

### Notification of exposure to infectious diseases

Illness/Infectious Diseases	Period of Exclusion
Chicken pox/shingles	5 days after the onset of the rash
Conjunctivitis	None
Diarrhoea and/or vomiting	Children and staff should be excluded from the setting until their symptoms have settled and until 48 hours after the last episode of diarrhoea or vomiting
Glandular fever	There is no benefit in keeping children or staff off once they feel well enough to attend
Hand, foot and mouth	None, however, whilst the child is unwell he/she should be kept away from the setting
Head lice None.	Treatment is only required if live lice are seen in the hair (not nits (eggs)).
Hepatitis	Hep A- Until the child feels well or until 7 days after the onset of jaundice, whichever is the later.
	Hep B children who develop symptoms will be too ill to be at the setting.
	Hep C-Usually no symptoms but care must be taken with bodily fluids if person is known to have Hep C.
HIV / Aids	Should not be restricted or excluded
Impetigo	Until 24 hours after the start of treatment. If there is an outbreak, stop the use of sand, water, playdough and cooking activities and wash all "dressing up " clothes. An outbreak is 2 or more cases of the same infectious organism in a setting.)
Measles	The child should be excluded until 5 days after the onset of the rash
Mumps	The child should be excluded for 5 days after the onset of swelling
Rubella	For 4 days after onset of the rash, and whilst unwell.
Meningitis	Meningitis Children will be too ill to attend and there is no need to exclude siblings or other close contacts.
Molluscum contagiosum	None
Pharyngitis/tonsillitis	If the disease is known to be caused by streptococcal (bacterial) infection the child or member of staff should be kept away from the setting until 24 hours after the start of treatment. Otherwise they should stay at home while they feel unwell.
Rashes	A child who is unwell and has a rash should visit their GP to establish the reason for it.
Ringworm (Tinea)	Children need not be excluded but spread can be prevented by good personal hygiene, regular hand washing and use of separate towels and toilet articles. Parents should be encouraged to seek treatment.

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Website [www.thearkatwaddington.co.uk](http://www.thearkatwaddington.co.uk) OFSTED registration no. EY2660835

Scarlet fever / Scarletina	Once a patient has been on antibiotic treatment for 24 hours they can return, provided they feel well enough.
Slapped cheek syndrome (Erythema Infectiosum/fifth disease)	An affected child need not be excluded because they are no longer infectious by the time the rash occurs.
Scabies	Not necessary, but treatment should be commenced.
Typhoid, paratyphoid (enteric fever)	Yes, an infected child is likely to be very ill and whilst infectious unable to attend the setting.
Tuberculosis (TB)	“Open” cases- until 2 weeks after treatment started. “Open” cases of drug resistant TB when the hospital physician advises. (“open” is determined by sputum samples).
Verrucae	Not necessary
Whooping cough (Pertussis)	An affected child and unvaccinated contacts under 7 years should be excluded until they have had 5 days of antibiotics.
Worms	Not necessary

