

Emergency Plan

Household



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Last Updated:

Foundational Disaster Kit: It is highly recommended that individual items are stored in airtight plastic Ziplock bags. Your entire kit should be an easy-to-carry box or boxes with hard ridged sides like a large plastic container with an airtight lid. Your kit should be large enough to accommodate all persons and pets in your family for up to 3 days or more.



Suggested Items for Sheltering In-Place include:

Water and Food

- Water – **1 gallon per person per day for at least 3 days**
- Non-perishable food for at least 3 days (canned food, boxed food and jarred food)
- Manual can opener (for canned food items)
- Eating utensils, cups, and plates

Medical and Health

- First aid kit
- Prescription medications (3-day supply minimum)
- List of medications, strengths, dosing frequency, and doctors contact info
- Personal medical equipment (glasses, hearing aids, mobility devices, etc.)

Communication and Information

- Battery-powered or hand-crank radio (NOAA Weather Radio)
- Extra batteries (Variety of sizes)
- Cell phone with chargers and backup battery
- Notebook and pencils
- Pencil Sharpener

Safety and Emergency Tools

- Flashlight with extra batteries
- Whistle (to signal for help)
- Dust masks or respirators (for contaminated air)
- Plastic sheeting and duct tape (for sealing a room if needed)
- Wrench or pliers to turn off utilities
- Basic tools (screw drivers, hammer etc.)

Sanitation and Hygiene

- Moist towelettes or wet wipes
- Soap and hand sanitizer
- Toilet paper
- Garbage bags and plastic ties
- Feminine hygiene products

Clothing and Comfort

- Blankets or sleeping bags
- Change of clothing (including underwear and socks)
- Pillows

Household and Special Needs

- Pet food and water
- Infant supplies (diapers, formula)
- Books, games, or activities
- Copies of important documents (Passports, birth certificates, SS Cards, Immunization Records, Insurance policy numbers and contact information)
- Other: _____

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Suggested Items for a “Go-Bag” include:

Water and Food

- Water – about 1 gallon per person per day for 3 days
- Ready-to-eat non-perishable food
- Energy bars or compact food items
- Manual can opener

Documents and Money

- Copies of important documents (Passports, birth certificates, SS Cards, Immunization Records, Insurance policy numbers and contact information)
- Emergency contact list
- Cash in small bills

Medical and Health

- First aid kit
- Prescription medications
- Glasses or contacts
- Personal hygiene items

Communication and Navigation

- Cell phone and chargers/power bank
- Battery-powered or hand-crank radio
- Local paper maps
- Whistle

Clothing and Personal Gear

- Change of clothing
- Jacket or weather-appropriate gear
- Comfortable walking shoes
- Blanket or sleeping bag

Tools and Lighting

- Flashlight or headlamp with extra batteries
- Multi-tool or basic tools
- Dust mask

Household Needs

- Pet supplies (leashes, collars, treats, toys, medical & vaccination records, meds, pictures)
- Infant and child supplies (toys, treats, meds, pictures, birth certificates)

Evacuation Planning

- Know evacuation routes and alternate routes
- Pre-identified destination (family, shelter, hotel)
- Keep vehicle fuel tank at least half full

Other Items:
