



# Hi-SEAS ADVENTURE

---

TRAUMA TRANSFORMED



# ABOUT US

**Hi-SEAS:** High Latitude Sailing, Exploration, Adventure and Solutions

Specializing in mental health solutions for Non-Combat Trauma (NCT), we are an Expedition Sailing and Adventure Therapy group based in Northwest Montana and Alaska.

Our unique programs are designed for Veterans & First Responders of any age to overcome the crippling affects of PTSD, Anxiety, Depression, and Substance Use Disorder.



# MISSION

Our mission is to foster emotional healing for Veterans and First Responders suffering from PTSD, Depression, Anxiety, and Substance Use Disorder.





# VISION

By offering support, comradery, fellowship, and shared experiences, we work with our guests to overcome the suffocating effects of PTSD, Depression, Anxiety, and Substance Use Disorders by engaging in appropriate trauma therapies combined with sea and land-based adventures.



# PROBLEM

The majority of treatment options for PTSD are for combat-wounded Veterans.

However, there are significantly more Veterans and First Responders who suffer from Non-Combat Trauma (NCT), especially women.

Millions are left untreated. This is why we specialize in serving these groups.



# TYPES OF NCT

- Rape
- Sexual Assault
- Sexual Harassment
- Military Sexual Trauma (MST)
  - 33% (1 in 3) of all female Vets meet criteria
- Training Accidents
- Survival Guilt
- Death/violence of friends
- Violent/Traumatic Events





# THE NUMBERS

## Suicide Rates:

### Veterans

- 18-22 Vets a day (13.5% of US Suicides)
- 58% higher risk of suicide

### First Responders

- 47% of Firefighters admit to suicidal thoughts
- 16% of Firefighters commit suicide
- 25% of Law Enforcement admit to suicidal thoughts



# THE NUMBERS

## PTSD:

### Veterans

- 14% of all male Veterans
- 24% of all female Veterans
- 1.3 million Vets received benefits for PTSD

### First Responders

- 35% of EMS/Paramedics
- 20% Firefighters
- 11% of Law Enforcement
- Total of 400,000

All Veteran stats come from the VA and the National Center for PTSD







# EFFECT

Without treatment, there is a dramatic increase in rates of suicide, domestic violence, anti-social behaviors, alcohol and drug addiction, and a loss of value and work production.

It costs **BILLIONS** left untreated. We need only **THOUSANDS** to treat.

# Hi-SEAS' SOLUTION

By taking individuals out of their normal routine, learning new skills, overcoming challenges, becoming an effective Crew Member, and reconnecting with others - **healing can begin.**

Regardless of expedition, each participant becomes a Crew Member, with expected duties and responsibilities during both sea and land ventures.

On-boarding and orientation includes specialized training for the type of trip selected.







# PROGRAMS

All programs are 21 days: includes travel, counselor evaluation, orientation/training, and the 10-day sea expedition (includes land excursions).

**ALL expenses** are covered by Hi-SEAS from the time the guest leaves home until they return, including counseling follow-up and consultation with local counselor.

**Sea-Base located in Homer, Alaska:** destinations are to Kenai Fjords National Park, Aleutian Islands, Kodiak Island, & Glacier Bay National Park



# WOMEN-ONLY

We are the only Expedition Sailing and Adventure-based program serving women.

Our female-centric programs are led by an all-female crew including Captains, Mates, and Counselors.

Half of our programs are solely for women.



# IMPACT

**Untreated:** Hurt people, hurt people. Homes are destroyed; businesses suffer. Suicide rates skyrocket. People are unproductive.

**Treated:** Healed people are more patient, engaged at both home and work, motivated, and productive. They rediscover their sense of purpose, which is essential to a meaningful life.

By supporting **Hi-SEAS**, you generate profound social impact. You get to heal not only a person, but a family, a company, and a community. And that is a very real and powerful thing.



# FINANCIALS

Expense Budget	Year 1	Year 2	Year 3	Year 4	Year 5
Executive	\$ 803,372	\$ 824,058	\$ 844,902	\$ 866,426	\$ 751,905
Lodging and Land	\$ 690,000	\$ 137,900	\$ 652,090	\$ 142,286	\$ 144,590
Marketing	\$ 80,000	\$ 81,000	\$ 82,600	\$ 84,360	\$ 86,296
Engagement	\$ 15,000	\$ 252,000	\$ 252,000	\$ 480,000	\$ 488,000
Sea	\$ -	\$ 226,000	\$ 227,200	\$ 410,558	\$ 411,895
Vessel	\$ 360,000	\$ 25,500	\$ 25,500	\$ 411,000	\$ 51,000
	\$				
<b>Total</b>	<b>1,948,372</b>	<b>\$ 1,546,458</b>	<b>\$ 2,084,352</b>	<b>\$ 2,394,630</b>	<b>\$ 2,070,435</b>

Startup: **\$5,600,000**, consisting of capital expenses and operational expenses for 3 full years

Operating costs for 5-year budget: **\$10,044,246** (includes \$5.6M start-up)

A detailed budget is available upon request.





## BUDGET INCLUDES:

- Licensed Professional Counselors (LPC)
- Licensed Captains
- port fees
- boat expenses
- expedition base expenses (wood, fuel, lamps, food, etc.)
- crew/contractor salaries
- administrative costs
- expenses for volunteers
- travel expenses for participants

# LEAVE A LEGACY

- **PATRON**
  - One-time or recurring donations of any amount
  - Materials/supply donations
- **CORPORATE PARTNERSHIP**
  - Cash donations
  - Materials and supplies
  - Product Sponsorships
  - Payroll deduction for employees

All donations are tax deductible.

[www.hiseasventure.com](http://www.hiseasventure.com)





# THANK YOU



Romer Shaw, Founder & Ambassador  
romershaw@gmail.com

[www.romershaw.com](http://www.romershaw.com)

Hi-SEAS ADVENTURE

P.O. Box 2058

Kalispell, MT 59903

Fed ID: 99-2245115

Registered 501(c)(3) Non-Profit Corporation

Public Charity Status: 170(b)(1)(A)(vi)

[www.hiseasadventure.com](http://www.hiseasadventure.com)

To contribute, contact:

Nancy Garner, Executive Director

[nancy@hiseasadventure.com](mailto:nancy@hiseasadventure.com)

(406) 260-8224