

ALLERGEN MATRIX



	Cereals containing gluten		Eggs	Fish	Lupin	Milk	Mollusks	Mustard	Nuts	Peanuts	Sesame Seed	Soya	Sulphur Dioxide
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Sandwiches

Chickpea Curry	Wheat - Barley - Rye										✓		
Pizza Sandwich	Wheat - Barley - Rye					✓							
Fancy ham and cheese	Wheat - Barley - Rye					✓							
BLT	Wheat - Barley - Rye												

French Toast

Strawberry	Wheat - Rye - Oat					✓							
Chocolate	Wheat - Rye - Oat					✓						✓	
Banana and Nutella	Wheat - Rye - Oat					✓			✓			✓	

Sides

Trio of olives													
Feta and cucumber						✓							
Halloumi Chili jam						✓							

Dips

Mayo		✓											
Garlic Mayo		✓											
Mustard								✓					
Siracha	Wheat												
Peri-Peri													
Siracha Mayo	Wheat	✓											
Sweet Chilli													
Chilli jam													

Other Treats

Ice Cream						✓							
Pippy's Pick n' Mix						✓							

Bakes

Bev's Brownies													
Cake of the day	Please ask the staff for any allergens												

Bowls

Macaroni cheese	Wheat					✓		✓				✓	
Sweet potato curry													
Poke Bowl	Wheat (In soy sauce)										✓	✓	