

ALLERGEN MATRIX



	Cereals containing gluten		Eggs	Fish	Lupin	Milk	Mollusks	Mustard	Nuts	Peanuts	Sesame Seed	Soya	Sulphur Dioxide
Sandwiches													
Chickpea Curry	Wheat - Barley - Rye					✓					✓		
Pizza Sandwich	Wheat - Barley - Rye					✓							
Fancy ham and cheese	Wheat - Barley - Rye					✓							
BLT	Wheat - Barley - Rye												
French Toast													
Strawberry	Wheat - Rye - Oat					✓							
Chocolate	Wheat - Rye - Oat					✓						✓	
Banana and Nutella	Wheat - Rye - Oat					✓			✓			✓	
Sides													
Trio of olives													
Feta and cucumber						✓							
Halloumi Chili jam						✓							
Dips													
Mayo		✓											
Garlic Mayo		✓											
Mustard								✓					
Siracha	Wheat												
Peri-Peri													
Siracha Mayo	Wheat	✓											
Sweet Chilli													
Chilli jam													
Other Treats													
Ice Cream						✓							
Pippy's Pick n' Mix						✓							
Bakes													
Bev's Brownies													
Cake of the day	Please ask the staff for any allergens												
Bowls													
Macaroni cheese	Wheat					✓		✓				✓	
Sweet potato curry													
Poke Bowl											✓	✓	