

# ALLERGEN MATRIX



	Cereals containing gluten	Eggs	Fish	Lupin	Milk	Mollusks	Mustard	Nuts	Peanuts	Sesame Seed	Soya	Sulphur Dioxide
<b>Sandwiches</b>												
Chickpea Curry	Wheat - Barley - Rye									✓		
Pizza Sandwich	Wheat - Barley - Rye				✓							
Fancy ham and cheese	Wheat - Barley - Rye				✓							
BLT	Wheat - Barley - Rye											
<b>French Toast</b>												
Strawberry	Wheat - Rye - Oat				✓							
Chocolate	Wheat - Rye - Oat				✓						✓	
Banana and Nutella	Wheat - Rye - Oat				✓			✓			✓	
<b>Sides</b>												
Trio of olives												
Feta and cucumber					✓							
Halloumi Chili jam					✓							
<b>Dips</b>												
Mayo		✓										
Garlic Mayo		✓										
Mustard							✓					
Siracha	Wheat											
Peri-Peri												
Siracha Mayo	Wheat	✓										
Sweet Chilli												
Chilli jam												
<b>Other Treats</b>												
Ice Cream					✓							
Pippy's Pick n' Mix					✓							
<b>Bakes</b>												
Bev's Brownies												
Cake of the day	Please ask the staff for any allergens											
<b>Bowls</b>												
Macaroni cheese	Wheat				✓		✓				✓	
Sweet potato curry												
Poke Bowl										✓	✓	