

ALLERGEN MATRIX



	Cereals containing gluten		Eggs	Fish	Lupin	Milk	Mollusks	Mustard	Nuts	Peanuts	Sesame Seed	Soya	Sulphur Dioxide
Pizza													
LR Special	Wheat					✓							
Prosciutto	Wheat					✓							
Hot honey pepperoni	Wheat					✓							
Veggie	Wheat					✓							
Margherita	Wheat					✓							
Courgette & Mozzarella	Wheat					✓							
Sun Dried Tomatoes	Wheat					✓							
Mushroom and Ham	Wheat					✓							
Bowls													
Macaroni cheese	Wheat					✓		✓					
Chickpea Curry								✓					
Three Bean Chilli		Celery											
Sides													
Bruschetta	Wheat												
Mozzarella/Tomato salad						✓							
Trio of Olives													
Cheesy garlic bread	Wheat					✓							
Bakes													
Bev's Brownies	Please ask the staff for any allergens												
Cake of the day													

Reviewed in date: 27/11/2025

By: Federico Pesaresi & Amelia Peebles