

ALLERGEN MATRIX



LONG REST

	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusks	Mustard	Nuts*	Peanuts	Sesame Seed	Soya	Sulphur Dioxide
Pizza													
Cheesy Going	Wheat					✓						m/c	
Pepper-roll-ni	Wheat					✓			m/c			m/c	
Longrest Special	Wheat					✓						✓	
Barbarian	Wheat					✓						m/c	
Waffles													
Marybelles	Wheat		✓			✓			m/c			✓	
Cookies n Cream	Wheat		✓			✓			m/c			✓	
Hot Dogs													
Swine Time	Wheat		✓			✓		✓				✓	
Hellhound	Wheat		✓			✓						✓	
Summon emmental	Wheat		✓			✓						✓	
Natures Not Dog	Wheat											✓	
Bowls													
One Bowl to Rule them all	Wheat												
You shall not Pasta	Wheat					✓							
Sweet po-tay-to Curry													
2nd Breakfast	Wheat												
Bilbos Berry Nice	Wheat												
Subs													
Chicken to Ride	Wheat					✓							
Guac + Roll	Wheat												
Chris P. Bacon	Wheat/Barley												
Extras													
Kerdunkers	Wheat					✓		✓					
Cheesy Garlic bread	Wheat					✓							
Beast Sense Nachos	Wheat/Barley					✓							
Fireball Nachos	Wheat					✓							
Plant Growth Nachos													
Dips													
Mayo			✓										
Garlic Mayo			✓										
Ketchup	m/c Wheat												
Mustard								✓					
Siracha	Wheat												
Peri-Peri													
BBQ	Wheat/Barley											✓	
Sweet Chillli													
Curry Ketchup								✓					
Chipotle Sauce			✓										