

Minimally invasive or minimal access spinal surgery is practised by Mr Harding when indicated. If the operation can be performed using a minimally invasive technique this is preferable to a more 'open' procedure but only if the aims of the surgery are addressed and not compromised.

These procedures use smaller and often multiple incisions and the technology is advancing rapidly to facilitate more and more procedures. Theoretically, minimal access surgery has less muscle damage and hospital stays are usually less with faster recovery.

Specifics relating to your own surgery can be discussed with Mr Harding in clinic.

In summary they are as follows:

Cervical

Microforaminotomy

Posterior Cervical Fusion using intrafacet cages

Lumbar

Microdiscectomy

Microdecompression

MAST TLiF

MidLiF

XLIF

DLIF

OLIF

Facet joint Denervation

Kyphoplasty

