

**Mr Ian J. Harding**  
BA (Hons), FRCS (Tr and Orth)

**Curriculum Vitae**

**April 2020**

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### **Personal Details**

Name Ian James Harding

GMC number 4119742

### **Current NHS Position**

Consultant Orthopaedic Spinal Surgeon treating all aspects of Spinal Surgery (adult and paediatric) including deformity, degenerative, tumour and trauma.

Department of Orthopaedics  
Southmead Hospital  
Bristol  
BS10 5NB

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### **Private practice**

Spire Bristol  
BS6 6UT

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Email : [ianhardingpa@spirehealthcare.com](mailto:ianhardingpa@spirehealthcare.com)

### **Professional Affiliations**

British Association Spinal Surgeons  
Fellow Royal College of Surgeons of England  
British Scoliosis Society  
Active Fellow Scoliosis Research Society

## **Education and Qualifications**

|         |   |
|---------|---|
| 2005    | CCST awarded February in Trauma and Orthopaedics            |
| 2003    | FRCS (Tr and Orth) - Birmingham                             |
| 1998    | FRCS (CsiG) England   |
| 1996    | FRCS (part 1) in Applied Basic Science – London             |
| 1994    | BMBCh Oxford University Clinical School                     |
| 1991    | BA (Hons) in Physiological Sciences – 1 <sup>st</sup> Class |
| 1990    | 1 <sup>st</sup> BM (part 2) - distinction                   |
| 1989    | 1 <sup>st</sup> BM (part 1) – distinction                   |
| 1988-94 | Worcester College, Oxford University                        |

## **Awards and Bursaries**

|         |  |
|---------|--|
| 2013    | ISSLS Best Special Poster Prize                                  |
| 2013    | Runner up BSS best presentation                                  |
| 2012    | Scoliosis Research Society International Travelling Fellowship   |
| 2008    | Best presentation award at Britspine 2008, Belfast               |
| 2004    | AO Spine Fellowship in Spine Trauma, Seattle, USA                |
| 2003    | BOA/Zimmer European Travelling fellowship                        |
| 2000    | Prize for best presentation at COC meeting - Milton Keynes       |
| 1998    | Course Prize Whipps Cross Advanced Surgery Course                |
| 1997    | Dooley Prize in Anatomy for teaching and prosection              |
| 1993    | Grenfell Elective Association award – Newfoundland & Labrador    |
| 1991    | College Prize for 1 <sup>st</sup> Class in Final Honours Schools |
| 1990    | College Prize for distinction 1 <sup>st</sup> BM (part 2)        |
| 1989-94 | Scholarship at Worcester College, Oxford                         |
| 1989    | College Prize for distinction 1 <sup>st</sup> BM (part 1)        |

## **Consultant Activities**

### *In hospital:*

I have a busy clinical practice treating all aspects of Spinal Pathology including paediatric and adult deformity, spinal trauma, infection, tumour and degenerative disease. Non-clinical activities include training junior doctors and clinical staff, British Scoliosis Society Executive (British Spine Registry), Research and medicolegal work (50:50 claimant/defendant)

### *Other professional activities:*

|         |   |
|---------|---|
| 2017-20 | Medicolegal negligence work – 50% claimant/50% defendant                                  |
| 2017-20 | British Scoliosis Society Executive   |
| 2016-20 | Deputy Editor, Spine Deformity Journal  |
| 2015-16 | Chairman, Awards and Scholarships Committee SRS   |
| 2012-16 | Associate Editor, Spine Deformity Journal   |
| 2012-17 | Awards and Fellowship Committee SRS   |
| 2006-20 | Training and Education Contract with Medtronic Europe                                     |
| 2006-09 | Founding member of Spinal Deformity Study Group – European Section                        |
| 2005-10 | Medico-legal work – personal injury work  |
| 2005-20 | Private practice at Spire and Chesterfield Hospitals, Bristol and Waterside Suite, Weston |
| 2009-12 | Member of Awards Committee, British Scoliosis Research Foundation                         |
| 2006-09 | Health Care Commission – clinical advisor to Health Care Commission                       |

## **Invited Lectures**

- 2020 Advanced Spine Deformity Symposium, Berlin  
- *'Sagittal balance – do the goals justify the means?'*  
- *'Strategies for severe curve correction'*  
- *'From degen to deformity – tricks to gain balance'*
- 2019 Skull to Sacrum, New York City, USA  
- *'3CO or not 3CO'*
- 2019 Advanced spine deformity symposium, Barcelona Spine  
- *'Pseudarthrosis and construct failures, how to fix it right first time'*  
- *'Pre-operative planning: what are the parameters and what do we hope to achieve?'*
- 2019 GP/Physio/Patient/Allied Health Professional study days, Bristol  
- *'Back pain'*  
- *'Spinal stenosis'*  
- *'Spinal deformity'*  
- *'NICE guidelines'*
- 2019 IMAST, Amsterdam, Netherlands  
- *'PJK after Adult Deformity Surgery- can we lower the incidence?'*  
- *'Sagittal balance: Do the goals always justify the means?'*  
- *'Building constructs for challenging deformities'*
- 2019 Summer University Medtronic, London, UK  
- *'MIS – simply better?'*
- 2019 Advanced Spine Deformity Symposium, Lisbon, Portugal  
- *'Avoiding the VCR'*  
- *'Technique and pitfalls in PSO'*
- 2019 South West Spine, Bristol, UK  
- *'Intergrating guidelines into clinical practice'*
- 2018 British Scoliosis Society, Belfast, UK  
- *'Pre-operative assessment and planning, determining the right operation'*  
- *'Minimising complications in neuromuscular scoliosis'*
- 2018 Advanced spine deformity symposium, Barcelona Spine  
- *'Pseudarthrosis and construct failures, how to fix it right first time'*  
- *'Pre-operative planning: what are the parameters and what do we hope to achieve?'*
- 2018 Eurospine, Barcelona, Spain  
- *'Degenerative cases with demanding patient conditions, what are my solutions?'*
- 2018 GP/Physio/Patient/Allied Health Professional study days, Bristol  
- *'Back pain'*  
- *'Spinal stenosis'*  
- *'Spinal deformity'*
- 2017 British Scoliosis Society, Birmingham, UK  
- *'Rib hump and derotation in Adolescent Idiopathic Scoliosis'*
- 2017 Advanced Spine Deformity symposium, Barcelona, Spain  
- *'Principles thoracolumbar alignment - consequences of ageing on sagittal balance'*  
- *'Pseudarthrosis and construct failures – how to fix it right first time'*
- 2017 Bath Biomechanics Symposium, Bath, UK  
- *'The challenges of long fixations in the spine'*
- 2017 Scoliosis Research Society, Philadelphia, USA  
- *'Early instrumentation failure – 2 cases'*
- 2017 Online Eccelearning Spine Surgery Education Program [www.eccelearning.com](http://www.eccelearning.com)  
- *'Pelvic Fixation Options', Adult Deformity Module*
- 2017 IMAST, Cape Town, South Africa  
- *'Spinal Stenosis: decompression alone or decompression and fusion?'*  
- *'Lenke 2,4 and 6 curves: special considerations'*
- 2017 Spinal Surgery Symposium, PUMCH, Beijing, China  
- *'Getting It Right First Time: How to limit complications in adult spinal deformity'*

- 2017 - *'Adolescent Idiopathic Scoliosis: What are we treating?'*  
Thoracolumbar Anterior and Posterior Techniques, Newcastle, UK
- 2017 - *'Spinal osteotomies'*  
Spinal Deformity Symposium, Warsaw, Poland
- 2017 - *'What's on the horizon for deformity surgery?'*  
- *'Why operate? What makes you think there is more to gain than to lose from surgery?'*  
GP/Physio/Patient/Allied Health Professional study days, Bristol
- 2016 - *'Back pain'*  
- *'Spinal stenosis'*  
- *'Spinal deformity'*  
Big Time Spine meeting, Hampshire, UK
- 2016 - *'Proximal junctional kyphosis and failure'*  
British Scoliosis Society, Middlesbrough, UK
- 2016 - *'Pre-operative assessment and planning'*  
GP/Physio study days, Bristol
- 2016 - *'Back pain'*  
- *'Spinal stenosis'*  
- *'Kyphosis'*  
IMAST, Washington, USA
- 2016 - *'Defining the goals in approaching deformity'*  
Dilemmas in Deformity, Exeter
- 2016 - *'Measurement or maladie'*  
- *'Lordosis is the only game in town'*  
Polish National Spine Society, Swiedorowska, Poland
- 2016 - *'Complications after sagittal balance restoration with PSO/SPO'*  
Scoliosis Research Society, Minneapolis, USA
- 2015 - *'Adolescent Idiopathic Scoliosis Lenke 1c – modern practice'*  
Adult Deformity Advanced Surgeon Course, Barcelona, Spain
- 2015 - *'Principles of thoracolumbar alignment and sagittal balance'*  
- *'Surgical considerations in treating a patient with Parkinson's disease'*  
- *'Pseudarthrosis and construct failures: how to get it right first time'*  
South African Orthopaedic Association, Drakensburg, South Africa
- 2015 - *'Osteoporosis and vertebral fractures'*  
- *'Degenerative spondylolisthesis'*  
- *'Adult degenerative scoliosis: treatment options'*  
Obstetric Anaesthesia Annual Meeting, Torquay
- 2015 - *'Spinal conditions relevant to obstetric anaesthesia'*  
GP Study Days Bristol
- 2015 - *'Spinal stenosis'*  
- *'Common spinal conditions'*  
- *'Spinal deformity'*  
Spine Deformity Symposium, Madrid, Spain
- 2014 - *'Compensatory mechanisms in adult spinal deformity'*  
Eurospine, Lyon, France
- 2014 - *'Spinal osteotomies – how to maintain a stable construct?'*  
British Scoliosis Society, Bristol
- 2014 - *'Adult Scoliosis – assessment and treatment'*  
Britspine, Warwick
- 2014 - *'Debate: Should you correct all the deformity?'*  
Dilemmas in Deformity, Exeter
- 2014 - *'The road to hell is paved with good intention – what are we treating?'*  
- *'Interbody surgery - front, back or side?'*  
Adult Deformity, Leiden, Netherlands
- 2014 - *'How to achieve the reduction requested. When have you done enough?'*  
GP Study Days, Bristol
- 2014 - *'The management of Spinal Tumours'*

- *'Causes of low back pain'*
- *'The assessment of Spinal Conditions'*
- 2013 Wessex Spinal Symposium
- *'Scoliosis in the next 10 years'*
- 2013 Passionate Spine Meeting, London
- *'Clinical manifestations of sagittal imbalance'*
- 2013 Bristol and Bath Bone Meeting
- *'Vertebral augmentation in osteoporosis'*
- 2013 South West Obstetric Anaesthetic Meeting, Taunton
- *'Spinal pathology and surgery in obstetrics'*
- 2013 AO Spine Forum, Bristol
- *'Lumbo-sacral and pelvic parameters and why they matter'*
- 2013 South West and Wessex Pain Meeting, Bristol
- *'Surgical treatment of axial and radicular pain'*
- 2013 Medtronic Summer University, Lisbon
- *'Proximal junctional kyphosis'*
- 2013 GP Study Days, Bristol
- *'Common spinal complaints'*
- *'Recognition and management of spinal deformity'*
- *'Sports injuries and the spine'*
- 2013 Adult Deformity, Leiden Netherlands
- *'Principles and theory of sagittal balance'*
- *'Reduction strategies in sagittal imbalance'*
- *'Adult idiopathic scoliosis'*
- *'Adult degenerative scoliosis'*
- 2012 Sagittal Balance Course, London, UK
- *'Flat back deformity and failed back surgery'*
- *'Harmonious kyphosis and junctional kyphosis'*
- *'Lumbar stenosis and sagittal imbalance – is decompression sometimes enough?'*
- 2012 SRS Fellowship, Philadelphia, Dallas, St Louis, Chicago, USA
- *'A slip above a slip – retrolisthesis above a lytic spondylolisthesis'*
- *'Spinal stenosis and spinal deformity'*
- *'The sagittal plane – an Englishman's perspective on a French obsession'*
- 2012 IMAST, Istanbul, Turkey
- *'Fixation problems in osteoporosis'*
- 2012 GP Study Days, Bristol
- *'The management of spinal metastases'*
- *'Risks and benefits of spinal surgery'*
- 2012 Medtronic Summer University, Rome
- *'The evidence for applying deformity principles to the degenerate spine'*
- 2012 Oxford Higher Surgical Training Program
- *'Adult deformity'*
- 2012 Dilemmas in Deformity, Exeter
- *'The sagittal plane in scoliosis'*
- *'The case for classification in planning for AIS'*
- 2012 Adult Deformity, Leiden Netherlands
- *'Sagittal balance in adult spinal deformity'*
- *'Osteotomy options'*
- 2012 Orthopaedic Surgeons in training conference, Bristol
- *'Spinal surgery as a career'*
- 2012 Metabolic Bone Disorders 2012. London
- *'Minimally invasive surgical techniques in the treatment of fractures'*
- 2012 Minimally invasive solutions and sagittal imbalance, Amsterdam, Netherlands
- *'Interspinous devices and clinical experience with DIAM'*
- 2011 Scoliosis Association of UK, London
- *'Adult Scoliosis'*

- 2011 Current Spine Asia, Kota Kinabalu  
- *'Is PSO enough in adult deformity'*  
- *'Osteotomies in spinal deformity surgery'*
- 2011 SATS Spinal Study Day  
- *'Pitfalls in managing spinal stenosis'*
- 2010 Association of Personal Injury Lawyers; Edinburgh  
- *'Back Pain – an orthopaedic perspective'*
- 2010 'Scrubs' Society University of Bristol  
- *'Spinal Anatomy and Surgery'*
- 2010 Spire Hospital Bristol  
- *'Kyphosis in the Spine'*
- 2010 South West Teaching Program  
- *'The failed back'*  
- *'Adult deformity'*  
- *'Spinal Fractures'*
- 2010 6<sup>th</sup> Advanced Deformity Meeting, Zurich  
- *'Avoiding sagittal plane malalignment'*
- 2010 Britspine Liverpool 2010  
- *'The Sagittal Plane – the evidence'*
- 2010 Spinal ESP course, Bristol  
- *'Stenosis and spinal deformity'*  
- *'Assessment of the sagittal plane'*
- 2010 Spinal ESP course, Taunton  
- *'Stenosis in adult spinal deformity'*
- 2009 British Scoliosis Society  
- *'The Sagittal Plane for English Speakers'*
- 2009 Scoliosis Association of United Kingdom  
- *'Adult Scoliosis'*
- 2009 Berlin Medtronic Summer University  
- *'Complications of Paediatric Spinal Deformity'*
- 2009 South West Radiographers Group  
- *'Nuts and Bolts' in the Spine'*
- 2008 East Anglian Orthopaedic Meeting  
- *'Adult Scoliosis – recognition and treatment'*
- 2008 Spire Hospital Bristol  
- *'Imaging the Spine'*  
- *'Spondylolysis and Spondylolisthesis'*
- 2008 Spinal deformity course, Geneva  
- *'Anterior interbody support in long adult fusions'*  
- *'Apical derotation in scoliosis correction – does it happen?'*
- 2007 CD Horizon Legacy Study Day, Edinburgh  
- *'Pelvic fixation in Spondylolisthesis'*
- 2007 Oxford Teaching Program  
- *'Adult Scoliosis Management'*
- 2007 Bristol Paediatric Grand Round  
- *'Paediatric Spinal Deformity'*
- 2007 Planet GP Weston Study Day  
- *'Surgical Treatment of Back Pain'*
- 2007 Orthopaedic Updates, Belle Plagne  
- *'Adult Scoliosis Management'*  
- *'Metastatic Spine Disease'*
- 2006 Specialist Physiotherapist Course/South West Spine  
- *'Management of Adult Scoliosis'*
- 2006 Spinal Surgery Course, Lyon, France  
- *'Anterior approaches to the spine'*  
- *'Spinal instrumentation techniques'*



- 2006 - *'Novel techniques in Spinal Surgery'*  
APCP Annual Conference, Glasgow
- 2006 - *'Advances in Spinal Surgery in Children'*  
Royal Society Medicine, Back Pain Study Day
- 2006 - *'Back Pain – a Surgical Approach'*  
South West England Neuromuscular Information Update
- 2006 - *'Surgical Treatment of Neuromuscular Scoliosis'*  
British Orthopaedic Association, Glasgow
- 2006 - *'Scoliosis in Cerebral Palsy'*  
South West Paediatric Group, Barnstaple
- 2006 - *'Natural History of Scoliosis'*  
European Instructional Spine Course, Windsor
- 2006 - *'Cervical Spine Trauma'*  
- *'Anterior Approaches to the Spine'*  
Trauma Symposium Royal Society of Medicine, London
- 2006 - *'Thoracolumbar fractures'*  
BOA Instructional Course, Birmingham
- 2006 - *'Scoliosis in Cerebral Palsy'*  
Physiotherapy training day, Bristol
- 2006 - *'What Spinal Surgery has to offer'*  
Theatre Nurses training course, Bristol
- 2006 - *'Spinal Trauma'*
- 2005 Lecturer Oxford Regional Teaching Day  
- *'Spinal Surgery – Bon Sens or Nonsense?'*

## **Postgraduate Training Courses/Meetings Attended**

\* denotes invited lecturer †denotes invited faculty

2020 Medtronic Covid 19 Webinar Spine Care Worldwide†  
2020 Covid 19 Webinar – perspectives form 3 countries†  
2020 South West Spine Winter Meeting, Bath  
2020 Advance Spine Deformity Symposium, Berlin\*†  
2019 British Scoliosis Society, Cardiff, UK†  
2019 Skull to Sacrum, New York City, USA\*†  
2019 Cardiff University Spine Deformity Course  
2019 Advanced Spine Symposium, Barcelona, Spain\*†  
2019 IMAST, Amsterdam, Netherlands\*†  
2019 Medtronic Summer University, London, UK\*†  
2019 Advanced Spine Deformity Symposium, Lisbon, Portugal\*†  
2019 South West Spine, Bristol, UK\*  
2018 British Scoliosis Society, Belfast, UK\*†  
2018 Eurospine, Barcelona, Spain\*  
2018 Advanced Spine Symposium, Barcelona, Spain\*†  
2018 IMAST, Los Angeles, USA†  
2018 Britspine, Leeds, UK†  
2017 British Scoliosis Society, Birmingham, UK\*†  
2017 Advanced Spine Symposium, Barcelona, Spain\*†  
2017 Bath Biomechanics Symposium, Bath, UK\*†  
2017 Scoliosis Research Society, Philadelphia, USA\*†  
2017 IMAST, Cape Town, South Africa\*†  
2017 13<sup>th</sup> PUMCH Bone and Joint Surgery – Spine Symposium, Beijing, China\*†  
2017 British Association Spinal Surgeons, Manchester†  
2017 Thoracolumbar Anterior and Posterior Techniques, Newcastle, UK\*†  
2017 Learning from failures symposium, Warsaw, Poland\*†  
2017 Advanced spine deformity symposium, Warsaw, Poland\*†  
2016 Big Time Spine, Hampshire, UK\*†  
2016 British Scoliosis Society, Middlesborough, UK\*†  
2016 Scoliosis Research Society, Prague, Czech Republic  
2016 IMAST, Washington, USA\*†  
2016 Dilemmas in deformity, Exeter, UK\* †  
2016 Polish Spine Society, Swiederowska, Poland\*  
2015 Scoliosis Research Society, Minneapolis, USA\*  
2015 Adult Spinal Deformity Advanced Course, Barcelona, Spain\*†  
2015 Obstetric Anaesthesia Annual meeting, Torquay, UK\*  
2015 Spine Deformity Symposium, Madrid, Spain\*†  
2014 AO Spine, Davos, Switzerland\*†  
2014 British Scoliosis Society\*  
2014 Eurospine, Lyon, France\*  
2014 Scoliosis Research Society Annual Meeting, Anchorage, USA  
2014 Britspine, Warwick, UK\*†  
2014 Advanced Spine Deformity Symposium, Dublin, Ireland\*†  
2014 Adult Deformity, Leiden Netherlands\*†  
2013 Spinal Symposium, Sandbanks, UK  
2013 AO Spine Forum, Bristol, UK†\*  
2013 South West and Wessex Pain Meeting, Bristol, UK\*  
2013 North American Spine Society, New Orleans, USA  
2013 Scoliosis Research Society, Lyon, France

2013 Medtronic Summer University, Lisbon, Portugal†  
 2013 South West Obstetric Anaesthesia, Taunton, UK\*  
 2013 Current Debates in Spinal Surgery, Cardiff, UK†  
 2013 Passionate about spine, London, UK†\*  
 2013 Advance Cervical Surgery, San Diego, USA  
 2013 Adult Deformity, Leiden Netherlands\*†  
 2013 South West Spinal Surgery Group  
 2012 Sagittal Balance Course, London, UK\*†  
 2012 SRS, Annual Meeting, Chicago, USA  
 2012 IMAST, Istanbul, Turkey\*†  
 2012 Medtronic Summer University, Rome, Italy\*†  
 2012 Britspine, Newcastle, UK  
 2012 Dilemmas in deformity, Exeter, UK\*†  
 2012 Minimally invasive solutions and sagittal imbalance, Amsterdam, Netherlands\*†  
 2012 Adult Deformity, Leiden Netherlands\*†  
 2011 SRS annual congress, Louisville, USA  
 2011 Scoliosis Association UK adult deformity meeting, London\*  
 2011 XLIF course, New York, USA  
 2011 SATS spinal study day, Bristol\*  
 2011 Advanced Deformity Meeting, Stockholm, Sweden  
 2011 Current Spine Asia, Kota Kinabalu, Malaysia\*†  
 2010 Association Personal Injury Lawyers, Edinburgh\*†  
 2010 SRS annual congress, Kyoto Japan  
 2010 Britspine, Liverpool\*  
 2010 Advanced Deformity Meeting, Zurich, Switzerland\*†  
 2010 Minimal Access Surgery, Leiden, Netherlands  
 2009 IGASS Sagittal Plane Study Meeting, Lyon, France  
 2009 SRS annual congress, San Antonio, USA  
 2009 British Scoliosis Society, Edinburgh\*  
 2009 Scoliosis Association UK meeting, Bristol \*†  
 2009 Spinal Study Deformity Group Meeting – European Section, Amsterdam  
 2009 Groupe Etude Scoliose, Le Touquet, France  
 2009 Kyphoplasty users group meeting, London  
 2009 Spinal Study Deformity Group Meeting – European Section, Geneva  
 2009 Medtronic Summer University, Berlin\*†  
 2008 SRS annual congress, Salt Lake City, USA  
 2008 8<sup>th</sup> Inspiration Spinal Meeting, Rome, Italy  
 2008 Spinal Deformity Course, Geneva, Switzerland\*†  
 2007 SRS annual congress, Edinburgh, Scotland  
 2007 SRS travelling fellows, Berck Plage, France\*  
 2007 IMAST, Nassau, Bahamas  
 2007 Orthopaedic Updates, Belle Plagne\*†  
 2006 ACP Annual Conference, Glasgow\*  
 2006 Royal Society Medicine, Back Pain Study Day \*  
 2006 South West England Neuromuscular Information Update\*  
 2006 Spinal Study Deformity Group Meeting – European Section - Istanbul  
 2006 Techniques in Spinal Deformity, Lyon, France †\*  
 2006 AO Spine Forum, Bristol †  
 2006 British Orthopaedic Association, Glasgow\*  
 2006 South West Paediatric Group, Barnstaple\*  
 2006 SRS annual congress, Monterey, USA  
 2006 Kyphoplasty techniques - Netherlands  
 2006 European Instructional Spine Course, Windsor\*†  
 2006 Trauma Symposium Royal Society of Medicine, London\*†  
 2006 BOA Instructional Course, Birmingham\*  
 2005 SRS annual congress, Miami, USA

2005 Faculty AO Basic Spine Module, Bristol\*†  
 2005 Lecturer Oxford Regional Teaching Day\*  
 2005 Faculty FRCS (Orth) course, Oxford †  
 2005 Spine stabilisation techniques course, Bordeaux, France  
 2005 Techniques in Spine Arthroplasty, Monte Carlo  
 2005 Groupe Etude Scoliose, St. Malo, France  
 2005 Spinal Deformity Symposium, Copenhagen, Denmark  
 2005 NHS Management Course, Oxford  
 2004 Spineweek, Oporto, Portugal  
 2004 Britspine, Nottingham  
 2004 FRCS (Orth) Course – Faculty - Oxford  
 2004 Groupe Etude Scoliose, Bruxelles, Belgium  
 2003 European Spine Course, Oberdorf, Switzerland  
 2003 FRCS (Orth) Course – Faculty – Oxford †  
 2003 BOA, Birmingham  
 2003 FRCS (Orth) Course, Oxford  
 2002 British Trauma Society, Leeds  
 2002 Hand Surgery, Nottingham  
 2002 Basic Science in Orthopaedics, Nottingham  
 2002 Changing the Culture – teaching course, Stratford  
 2002 Mobile Bearing Knee Replacements - Amsterdam  
 2002 BritSpine, Birmingham  
 2001 Spine, 9<sup>th</sup> course in Spinal Surgery, Imperial College, London  
 2001 BOA, Birmingham  
 2001 Current Concepts in Children’s Orthopaedics, London  
 2001 Advanced Techniques in Arthroscopic Knee Surgery - RCS, London  
 2000 Wexham Cruciate Meeting - Slough  
 2000 Edinburgh Trauma Symposium - Edinburgh  
 2000 ATLS update course - Churchill Hospital, Oxford  
 1999 Basic and Intermediate Techniques in Arthroscopy - RCS, London  
 1999 Total Knee Replacement Course - RNOH, Stanmore  
 1999 Basic Ilizarov Technique - NOC, Oxford  
 1998 Basic AO course - Davos, Switzerland  
 1998 Clinical Surgery Course - Whittington Hospital, London  
 1998 Advanced Surgery Course - Whipps Cross Hospital, London  
 1997 Popumet Radiation Safety Course – Churchill Hospital, Oxford  
 1996 ATLS - High Wycombe, Bucks  
 1994 ALS - John Radcliffe Hospital, Oxford

## **Summary of experience in Spinal Surgery (prior to Consultant post)**

### **AO Spine Fellowship – Nov-Dec 2004**

Harborview Medical Centre, Seattle, USA with Jens Chapman MD

- *adult trauma, degenerative, tumour and infection. Spinal instrumentation techniques.*

### **Fellowship - Nov 2003-Oct 04**

Spine Fellow of Daniel Chopin, Institut Calot, Berck Plage, France

- *adult and paediatric deformity, degenerative, infection, tumour, late reconstructive, anterior cervical surgery (degenerative), all anterior and posterior approaches/instrumentation*

### **Visiting Surgeon**

2004 *Tumour and trauma surgery at unit of Jurgen Harms, Karlsbad, Germany*

2004 *Disc Replacement with Thierry David, Arras, France*

### **Specialist Registrar (Teaching Hospital)**

2000/03 *Complex Spinal Surgery including trauma reconstruction, tumours and infection during 2x 6 months attached to John Radcliffe in Oxford*

2002 *6 months of solely Spinal Surgery at Nuffield Orthopaedic centre and John Radcliffe, covering all areas including adult and paediatric deformity surgery, degenerative disease, tumours and infections.*

### **Specialist Registrar (other)**

During the two years in District general hospitals I worked with Consultants who had specialist interest in Spinal Surgery – predominantly lumbar. Throughout my training I have seen and cared for patients with conditions of the Spine requiring urgent intervention. I have also attended courses and meetings, both national and international to facilitate my training.

## **Appointments prior to Consultant Appointment**

### **Specialist Registrar Training Oxford Region**

#### **Specialist Registrar Year 7**

*January 2005 – April 2005*

Nuffield Orthopaedic Centre  
Oxford

Consultants: Mr J Fairbank, Mr J Wilson-McDonald, Mr G Bowden

*Spinal surgery – deformity, infection, tumour, degeneration of cervical, thoracic and lumbosacral spine. General Orthopaedic on call.*

#### **Specialist Registrar Year 6 (Fellowship)**

Institut Calot

*November 2003 – November 2004*

Berck-sur-mer  
France

Chef de Service: Docteur Daniel Chopin

*Adult and paediatric spinal surgery including degenerative spine disease, deformity and infection of the cervical, thoracic and lumbar spine. Extensive experience of many clinical problems, surgical approaches and difficult cases in this tertiary referral centre.*

**Specialist Registrar Year 5**  
Nuffield Orthopaedic Centre  
Oxford

*July 2003 – October 2003*

Consultants: Prof A Carr, Mr P Burge, Mr I McNab

*Upper Limb Unit – shoulder, elbow and hand service. Arthroscopic, open and microsurgical techniques. General Orthopaedic on call.*

**Specialist Registrar Year 5**  
Trauma Unit (including complex Spine)  
John Radcliffe Hospital  
Oxford

*January 2003 – June 2003*

Consultants: Mr P Worlock, Mr K Willett, Mr R Keys, Mr P Wilde, Mr R Handley  
Mr P Burge, Mr J Fairbank, Mr J Wilson-McDonald

*Excellent experience, teaching and supervision in all aspects (both simple and complex) of Trauma Management including Pelvic and Spinal Trauma in a busy tertiary referral centre and teaching hospital with exposure to the management of hand trauma.*

**Specialist Registrar Year 4**  
Nuffield Orthopaedic Centre  
Oxford

*July 2002 – December 2002*

Consultant: Mr M. McNally

*Deformity and Reconstruction Unit – infection, tumour, deformity surgery in adults and children with exposure to Plastic Surgical reconstruction and Ilizarov technique. General Orthopaedic on call.*

**Specialist Registrar Year 4**  
Nuffield Orthopaedic Centre  
Oxford

*January 2002 – June 2002*

Consultants: Mr J Fairbank, Mr J Wilson-McDonald, Mr G Bowden, Trauma

*Spinal surgery – deformity, infection, tumour, degeneration of cervical, thoracic and lumbosacral spine. General Orthopaedic on call. In addition I was responsible for all elective trauma work at the NOC.*

**Specialist Registrar Year 3**  
Nuffield Orthopaedic Centre  
Oxford

*July 2001 – December 2001*

Consultant: Mr P McLardy Smith

*Adult reconstruction – primary/revision hip and knee surgery. Attending other lists, meetings when available. General orthopaedic on call.*

**Specialist Registrar Year 3**

*January 2001 – June 2001*

Heatherwood Hospital  
Ascot  
Berkshire

Consultants: Mr R Allum, Mr G Deane, Mr J Jones

*Elective orthopaedic surgery. Special interests of consultants include joint reconstruction, knee ligament reconstruction and lumbar spinal surgery. On calls at Wexham Park Hospital*

**Specialist Registrar Year 2**

*July 2000 - December 2000*

Wexham Park Hospital  
Slough

Consultants: Mr R Allum, Mr G Deane, Mr J Jones, Mr M Thomas, Mr A Unwin,  
Mr R Dega, Mr G Singer

*Experience in Trauma, Paediatric Orthopaedic Surgery and Revision Hip/Knee Surgery in a busy District General Hospital. Wide exposure in clinic to all aspects of Orthopaedics. Achieved improved decision making skills on ward, in clinic and in the emergency department as well as continued improvement in surgical skills in the operating theatre.*

**Specialist Registrar Year 2**

*January 2000 – June 2000*

Trauma Unit  
John Radcliffe Hospital  
Oxford

Consultants: Mr P Worlock, Mr K Willett, Mr R Keys, Mr P Wilde, Mr R Handley  
Mr P Burge, Mr J Fairbank, Mr J Wilson-Mcdonald

*Excellent experience, teaching and supervision in all aspects (both simple and complex) of Trauma Management including Pelvic and Spinal Trauma in a busy tertiary referral centre and teaching hospital. Valuable exposure to the management of hand trauma.*

**Specialist Registrar Year 1**

*January 1999 –December1999*

Kettering General Hospital,  
Kettering.  
Northamptonshire

Consultants: Mr S Biswas, Mr R Barrington, Mr J Bromage

*A broad experience gained in emergency and elective orthopaedic surgery in the outpatient clinic, on call and in the operating theatre. In addition, consultants with special interests enabled exposure to lumbar spinal, paediatric and shoulder surgery.*

**Orthopaedic Experience Prior to Specialist Registrar Appointment**

**Senior SHO Orthopaedics**

*July 1998 – December 1998*

Rowley Bristow Orthopaedic Unit  
Chertsey

Consultants: Mr R Hollingsworth, Mr R Simonis, Mr D Elliot

**SHO Orthopaedics**

Oldchurch Hospital  
Romford

Consultant: Mr R King

*February 1998 – June 1998*

**SHO Orthopaedics**

Nuffield Orthopaedic Centre  
Oxford

Consultant: Mr P McLardy-Smith, Mr D Murray, Mr C Dodd

*November 1996 – February 1997*

**SHO Trauma**

John Radcliffe Hospital  
Oxford

Consultants: Mr P Worlock, Mr K Willett, Mr R Keys, Mr P Wilde, Mr R Handley  
Mr P Burge, Mr J Fairbank, Mr J Wilson-McDonald

*August 1996 – November 1996*

**Other Basic Surgical and Pre-Registration Training**

SHO in General Surgery, Wexham Park Hospital, Slough

*(August 1997 – February 1998)*

SHO in Urology, Churchill Hospital, Oxford

*(February 1997 – August 1997)*

SHO in Accident and Emergency, Wycombe General, High Wycombe

*(February 1996 – August 1996)*

House Physician, Horton Hospital, Banbury

*(February 1995 – August 1995)*

House Surgeon, John Radcliffe Hospital, Oxford

*(August 1994 – February 1995)*

**Teaching Appointments**

I am a very enthusiastic teacher and teaching has been an important feature of my career to date. I have attended teaching courses and participated in teaching of students, paramedical staff and junior colleagues at all levels.

**Educational Supervisor**

North Bristol NHS Trust  
Bristol

*May 2005 - present*

**Honorary Senior Lecturer**

Bristol University Medical School  
Bristol

*May 2005 - present*

**Orthopaedic Tutor**

University of Oxford  
Nuffield Orthopaedic Centre  
Oxford

*July 2001 – November 2003*

**Demonstrator in Human Anatomy**

Department of Anatomy  
University of Oxford

*August 1995-February 1996*

**College Lecturer in Human Anatomy**

Worcester College  
Oxford

*September 1995 – July 1997*



## Research

### Publications

#### **Identifying scoliosis in population-based cohorts: automation of a validated method based on total body dual energy X-ray absorptiometry scans**

Amir Jamaludin, Jeremy Fairbank, **Ian Harding**, Timor Kadir, Tim J Peters, Andrew Zisserman, Emma M Clark

*January 2020 Calcified Tissue International 106(3)*

#### **Physical disruption of intervertebral disc promotes cell clustering and a degenerative phenotype**

Lama P, Claireaux H, Flower L, **Harding I**, Dolan T, le Maitre C, Adams M

*Cell Death Discovery (2019) 5:154*

#### **Spinal epidural lipomatosis following bilateral spinal decompression surgery**

Greenish D, Watura K, **Harding I**

*BMJ Case Reports CP 2019;12:e226985.*

#### **Association between physical activity and scoliosis: a prospective cohort study**

Tobias JH, Fairbank J, **Harding I**, Taylor HJ, Clark EM.

*Int J Epidemiol. 2019 Dec 6. doi: 10.1093/ije/dyy268*

#### **Reduction of Deep Infections and Length of Stay in Paediatric Spinal Deformity Surgery After the Introduction of A Standardised Care Pathway**

DC Lavelle, **IJ Harding**, MJ Hutchinson, M Katsimihias, PA Torrie, SAC Morris, J Sacree, IW Nelson

*Int J Orthopaedics 2018 Vol 5(3) 2018*

#### **Nerves and blood vessels in degenerated intervertebral discs are confined to physically disrupted tissue.**

Lama P, Le Maitre CL, **Harding IJ**, Dolan P, Adams MA.

*J Anat. 2018 Apr 30 233(6)*

#### **The relationship between sacral kyphosis and pelvic incidence**

G McKay, G Dempster, PATorrie, **I Harding**

*Asian Spine Journal Feb 2018, 12 (1): 74-79*

#### **Myelography in the Assessment of Degenerative Lumbar Scoliosis and Its Influence on Surgical Management**

McKay G<sub>1</sub>, Torrie PA<sub>1</sub>, Bertram W<sub>1</sub>, Landham P<sub>1</sub>, Morris S<sub>1</sub>, Hutchinson J<sub>1</sub>, Watura R<sub>1</sub>, **Harding I<sub>1</sub>**

*Korean J Spine. 2017 Dec;14(4):133-138. doi: 10.14245/kjs.2017.14.4.133. Epub 2017 Dec 31.*

#### **Coping with the ageing spine**

**Ian J. Harding**

*Backbone, Spring 2017, SAUK journal*

#### **Pelvic tilt correlates with pain following traumatic spinal fracture**

W Bertram, **I Harding**

*Orthopaedic Proceedings Volume 98-B, Issue SUPP 601 Feb 2016*

#### **Active Treatment for Idiopathic Adolescent Scoliosis (ACTivATeS): a feasibility study**

Mark A Williams, Peter J Heine, Esther M Williamson, Francine Toye, Melina Dritsaki, Stavros Petrou, Richard Crossman, Ranjit Lall, Karen L Barker, Jeremy Fairbank, **Ian Harding**, Adrian Gardner, Anne-Marie Slowther, Neil Coulson, Sarah E Lamb; on behalf of the ACTivATeS study group.

*Health Technology Assessment, No. 19.55* NIHR Journals Library; 2015 Jul.

**The role of transitional vertebrae in the pathogenesis of degenerative lumbar scoliosis: an in vitro study**

A Torrie, **I Harding**, J Hutchinson, I Nelson, M Adams, P Dolan  
*The Spine Journal 15 (2015) 67S*

**The role of oblique spinous process abutment in the pathogenesis of degenerative lumbar scoliosis: an in vitro study**

A Torrie, **I Harding**, J Hutchinson, I Nelson, M Adams, P Dolan  
*The Spine Journal, Volume 15, Issue 3, Supplement, s61*

**Risk factors for the development of a mobile degenerative spondylolisthesis at L4/5.**

S. Granuum, P.A.G Torrie, A. Miller, **I.J Harding**  
*Spine Deformity (3) 2015: 98-104*

**The influence of lumbar spine subtype on lumbar intervertebral disc degeneration in young and middle-aged adults.**

P.A.G Torrie, G McKay, R Bryne, SJ Morris, **I.J Harding**  
*Spine Deformity (3) 2015:172-179*

**Significance of cartilage endplate within herniated disc tissue.**

Lama P1, Zehra U, Balkovec C, Claireaux HA, Flower L, **Harding IJ**, Dolan P, Adams MA.  
*Eur Spine J.* 2014 Sep;23(9):1869-77

**Association Between Components of Body Composition and Scoliosis: A Prospective Cohort Study Reporting Differences Identifiable Before the Onset of Scoliosis.**

Clark EM, Taylor HJ, **Harding I**, Hutchinson J, Nelson I, Deanfield J, Ness AR, Tobias JH.  
*J Bone Miner Res.* 2014 29(8), p1729-36

**The role of the pelvic parameters and the lumbar spine subtype in the aetiology of degenerative scoliosis**

PAG Torrie, R Purcell, SAC Morris, **IJ Harding**, P Dolan, MA Adams, IW Nelson, MJ Hutchinson.  
*Eur Spine J (2014) 23 (Suppl 1):S122.*

**The role of oblique (type 4) spinous process abutment in the aetiology of degenerative lumbar scoliosis.**

PAG Torrie, R Purcell, SAC Morris, **IJ Harding**, P Dolan, MA Adams, IW Nelson, MJ Hutchinson.  
*Eur Spine J (2014) 23 (Suppl 1):S123*  
*The Spine Journal 15 (2015) 61S*

**The influence of lumbar spine subtype on lumbar intervertebral disc degeneration in young and middle-aged adults**

PAG Torrie, G McKay, R Bryne, SAC Morris, **IJ Harding**  
*Eur Spine J (2014) 23 (Suppl 1):S131.*

**Reducing deep infections following paediatric spinal deformity surgery.**

D. Lavelle, S.A.C. Morris, A. Torrie, M. Katsimihas, J. Hutchinson, **I.J. Harding**, and I. Nelson  
*Bone Joint J 2014 96-B: (SUPP 6) 28.*

**The use of intra-operative monitoring during spinal deformity surgery**

S.A.C. Morris, H. Marriott, P. Walsh, N. Kane, **I.J. Harding**, J. Hutchinson, I.W. Nelson  
*Bone Joint J 2014 96-B: (SUPP 6) 28, 29-29*

**Anatomic risk factors for mobile degenerative spondylolisthesis at L4/5**

S Grannum, A Miller, **I Harding**

*Bone Joint J 2014 96-B: (SUPP 6) 28, 12-12*

**The top 25 most influential Great British spine deformity publications**

W Bertram, **I Harding**, I Nelson

*Orthopaedic Proceedings Volume 96-B, Issue SUPP\_1501 Oct 2014*

**Complications and re-operation rates in adult scoliosis surgery single surgeon series**

N. Upadhyay, P Robinson, **I Harding**

*Orthopaedic Proceedings Volume 96-B, Issue SUPP\_1501 Oct 2014*

**Abnormal cell metabolism in degenerated intervertebral discs: a response to matrix swelling following focal damage?**

P Lama, HA Claireaux, L Flower, **IJ Harding**, P Dolan, MA Adams

*Bone Joint J 2014 96-B:(SUPP 4) 18*

**The significance of cartilage endplate within herniated disc tissue**

P Lama, **IJ Harding**, P Dolan, MA Adams

*Bone Joint J 2014 96-B:(SUPP 4) 19*

**The role of lumbar spine subtype and pelvic incidence in the aetiology of degenerative scoliosis.**

P. Torrie, R. Purcell, S. Morris, **I. Harding**, P. Dolan, M. Adams, I. Nelson, and J. Hutchinson

*Bone Joint J (2014) 96-B: (Supp 6) 11.*

**A Radiological Evaluation of Lateral Vertebral Subluxation Associated With Spinal Stenosis in the Lumbar Spine in Degenerative Scoliosis**

Richard O.E. Gardner, Peter A.G. Torrie, Wendy Bertram, Richard P. Baker, **Ian J. Harding**

*Spine Deformity 1 (2013) 365-370*

**Admission inflammatory markers and isolation of a causative organism in patients with spontaneous spinal infection**

PAG Torrie, A Leonidou, **IJ Harding**, G Wynne Jones, MJ Hutchinson, IW Nelson

*Ann R Coll Surg Engl 2013; 95*

**Non-pharmacologic management of vertebral fracture**

E Clark, **I Harding**, R Lewis

*Osteoporosis Review Winter 2013 21(3)*

**Do intervertebral discs degenerate before they herniate, or after?**

P. Lama, C. L. Le Maitre, P. Dolan, J. F. Tarlton, **I. J. Harding**, M. A. Adams

*Bone Joint J 2013;95-B:1127-33*

**Identifying scoliosis in population based cohorts: development and validation of a novel method based on total body dual-energy xray absorptiometric scans**

Taylor HJ, **Harding I**, Hutchinson J, Nelson, I, Blom A, Tobias JH, Clark EM

*Calci Tiss Int 2013 Feb 28 (Epub ahead of print)*

**Annulus fissures are mechanically and chemically conducive to the ingrowth of nerves and blood vessels.**

Stefanakis M, El-Abbasi MMS, **Harding I**, Pollintine P, Dolan P, Tarlton F, Adams MA

*Spine (Phila PA 1976) 2012 37(22):1883-91*

*Eur Spine J 2012 Supp 2 May 2012 s232-233*

**Can intervertebral discs degenerate after herniation rather than before?**

P Lama, CL LeMaitre, J Tarlton, P. Dolan, **IJ Harding**, MA Adams

*J Bone Joint Surg Br 2013 Vol 95-B Supp 17,29*

**How far into a degenerated disc can nerves and blood vessels penetrate**  
P Lama, M Stefanakis, I Sychev, B Sumas, **IJ Harding**, P Dolan, MA Adams  
*J Bone Joint Surg Br 2013 Vol 95-B Supp 17,16*

**A slip above a slip : A retro-listhesis above a lytic spondylolisthesis**  
J.S. Mehta, S. Kochhar, **I. Harding**  
*Eur Spine J. 2012 Nov 21(11):2128-33*  
*J Bone Joint Surg Br 2012 94-B:(SUPP X) 093*

**The relationship between sacral kyphosis and pelvic incidence**  
G Dempster, W Bertram, **I Harding**  
*Eur Spine J 2012 Supp 2 May 2012 s251-252*

**The use of a novel low radiation method to assess prevalence of spinal curvature in a large population based cohort**  
HJ Taylor, **IJ Harding**, IW Nelson, JH Tobias, EM Clark  
*Eur Spine J 2012 Supp 2 May 2012 s231-232*

**Brace treatment in idiopathic scoliosis: the case for treatment**  
**Ian Harding**  
*Chapter 3.14 in Oxford Textbook of Trauma and Orthopaedics, Oxford University Press, 2011*

**Myelography in the assessment of adult degenerative scoliosis**  
W. Bertram, M. Katsimihas, I. Nelson, J. Hutchinson, **I. Harding**  
*J Bone Joint Surg Br 2012 94-B:(SUPP X) 022.*  
*Spine: Affiliated Society Meeting Abstracts: 2010 - Volume - Issue - p 72-73*

**Complications of Spinal Deformity and Spinal Stenosis surgery in adults greater than 50 years old**  
W. Bertram, **I. Harding**  
*J Bone Joint Surg Br 2012 94-B:(SUPP X) 105.*

**Psychosocial considerations for children undergoing growing rod treatment for scoliosis: a review of the literature**  
W. Bertram, M. Katsimihas, **I. Harding**, I. Nelson, J. Hutchinson  
*J Bone Joint Surg Br 2012 94-B:(SUPP X) 109.*

**Review of radiation exposure during fluoroscopically assisted pedicle screw placement in scoliosis corrective surgery**  
D. Hughes, J Hutchinson, I Nelson, **I Harding**  
*J Bone Joint Surg Br 2012 94-B:(SUPP XXVI) .*

**Annulus fissures: An ideal microenvironment for the ingrowth of nerves and blood vessels into human intervertebral discs**  
MStefanakis, J Lou, **I Harding**, P Dolan, MA Adams  
*J Bone Joint Surg Br Proceedings, 2012 94-B(SUPP I) 28*

**In growth of nerve and blood vessels into painful intervertebral discs**  
M. Stefanakis, I. Sychev, B.A. Summers, P. Dolan, **I. Harding**, M.A. Adams.  
*Spine 2012, Affiliated Society Meeting abstracts supplement October 2011*

**The healing potential of intervertebral discs**  
M Stefanakis, MA Adams, M Sharid, R Gordon, GC Desmond, A Ritchie, A Kay and **I Harding**  
*J Bone Joint Surg Br Proceedings, 2011 93-B(SUPP IV) 488-489*

**Abnormalities of the lumbar spine in the coronal plane on plain abdominal radiographs**

RPBaker, M Kilshaw, R Gardner, S Charosky, and **IJHarding**  
*Eur Spine J.* 2011 Mar;20(3):429-33. Epub 2010 Nov 11.  
*J Bone Joint Surg Br Proceedings*, 2011 93-B(SUPP I) 3  
*J Bone Joint Surg Br Proceeding*, s2011 93-B:(SUPP I) 27  
*J Bone Joint Surg Br Proceeding*, s2009 91-B(9SUPP III) 484

**The use and abuse of abbreviations in orthopaedic literature.**

Kilshaw MJ, Rooker J, **Harding IJ**.  
*Ann R Coll Surg Engl.* 2010 Apr;92(3):250-2. Epub 2010 Mar 10

**Understanding sagittal balance with a clinical perspective.**

**Harding IJ**.  
*Eur J Phys Rehabil Med.* 2009 Dec;45(4):571-82. Review

**Motor and sensitive axonal regrowth after multiple intercosto-lumbar neurotizations in a sheep model.**

Vialle R, Lacroix C, **Harding I**, Loureiro MC, Tadié M.  
*Spinal Cord.* 2009 Nov 24. [Epub ahead of print]

**An analysis of the appearance on supine MRI of open and closed subluxations of the lumbar spine**

R. Gardner, E. Chaudhury, R. Baker, and **IJ Harding**  
*J Bone Joint Surg Br Proceedings*, Sep 2009; 91-B: 494 - 495  
*J Bone Joint Surg Br Proceedings*, May 2009; 91-B: 358

**Surgical treatment of severe thoracic scoliosis in skeletally mature patients.**

Vialle R, Mary P, **Harding I**, Tassin JL, Guillaumat M.  
*Orthopedics.* 2008 Mar;31(3):218

**Lumbar disc degeneration below a long arthrodesis (performed for scoliosis in adults) to L4 or L5**

**Harding IJ**, Charosky S, Vialle R, Chopin DH  
*Eur Spine J.* 2008 Feb;17(2):250-4. Epub 2007 Nov 8

**Transpedicular osteotomy in revision scoliosis surgery**

S Charosky, **I J Harding**, R Vialle, and D Chopin  
*J Bone Joint Surg Br Proceedings*, Aug 2008; 90-B: 450

**An audit of early results of monaxial versus polyaxial screw only constructs in the correction of adolescent idiopathic scoliosis**

G Wynne-Jones, N Manidakis, **I Harding**, J Hutchinson, and I Nelson  
*J Bone Joint Surg Br Proceedings*, Aug 2008; 90-B: 477

**Can the Perdriolle method of apex rotation be reliably applied in the presence of pedicle screw instrumentation?**

M Ockendon, ROE Gardner, S Khan, **I Harding**, MJ Hutchinson, and IW Nelson  
*J Bone Joint Surg Br Proceedings*, Aug 2008; 90-B: 479

**Lumbar disc degeneration below a long arthrodesis (performed for scoliosis in adults) to L4 or L5**

**IJ Harding**, S Charosky, M Ockendon, R Vialle, and D Chopin  
*J Bone Joint Surg Br Proceedings*, Aug 2008; 90-B: 453

**The paraspinal splitting approach: a possible approach to perform multiple intercosto-lumbar neurotizations: an anatomic study**

Vialle R, **Harding I**, Charosky S, Tadié M  
*Spine* 2007 Oct 15;32(22):E631-4

**Treatment of knee flexion contracture due to central nervous system disorders in adults**

Martin JN, Vialle R, Denormandie P, Sorriaux G, Gad H, **Harding I**, Dizien O, Judet T

*J Bone Joint Surg Am.* 2006 Apr;88(4):840-5

**Multiple lumbar plexus neurotizations of the ninth, tenth, and eleventh intercostal nerves**

Vialle R, Court C, **Harding I**, Lepeintre JF, Khouri N, Tadie M.

*Clin Anat.* 2006 Jan;19(1):51-8.

**Long term follow up of pulmonary function and rib hump following Schollner Costoplasty**

**I J Harding**, S Charosky, D Carrizo, C Delecourt, D Chopin

*Spine* 2005 Jul 15;30(14):1627-31

**The symptom of night pain in a back pain triage clinic**

**I J Harding**, E Davies, E Buchanan, J Fairbank

*Spine* 2005 Sep 1;30(17):1985-8

**Measurement of the Cobb Angle using the Oxford Cobbometer. Intraobserver variation**

M Rosenfeldt, **I Harding**, J Hauptfleisch, J Fairbank

*Spine* 2005 Feb 15;30(4):440-3.

**Outcome of Copeland Surface Replacement Shoulder Arthroplasty**

Thomas S, Chambler A, Wilson A, **Harding I**, Thomas M

*J Shoulder Elbow Surg.* 2005 Sep-Oct;14(5):485-91

**Long term effect of costoplasty on pulmonary function and rib hump deformity in patients with adolescent idiopathic scoliosis**

**I. Harding**, D Carrizo, S Charosky, and D Chopin

*J Bone Joint Surg Br Proceedings* Sep 2005; 87-B: 237

**Is the symptom of night pain important in the diagnosis of serious spinal pathology in a back pain triage clinic?**

**I. Harding**, E. Davies, E. Buchanan, and J. Fairbank

*J Bone Joint Surg Br Proceedings* Sep 2005; 87-B: 239

**Osteonecrosis in retrieved femoral heads after failed resurfacing arthroplasty of the hip**

CP Little, A Ruiz, **IJ Harding**, P McLardy-Smith, R Gundle, DW Murray, N Athanasou

*J Bone Joint Surg Br.* 2005 Mar;87(3):320-3

**The symptom of night pain in a back pain triage clinic**

**I J Harding**, E Davies, E Buchanan, J Fairbank

*The Spine Journal* 4: No 5S, p30S, 2004

**Histological findings in retrieved femoral head remnants following revision of hip resurfacing arthroplasty for early failure**

**I Harding**, C Little, A Ruiz, D Murray, P McLardy-Smith, N Athanasou

*J Bone Joint Surg* 86-B: Supp III, p366, 2004

**The aetiology and outcome of 170 electrophysiologically proven symptomatic ulnar nerve lesions**

**Harding IJ** and Morris IM

*Acta Orthop Belg* 69(5), 2003

**The Serum Level of Cobalt and Chromium in a Dynamic Total Hip System**

V Psychoyios, **I Harding**, R Crawford, P McLardy-Smith, D Murray

*J Bone Joint Surg* 85-B: Supp III, p225, 2003

**The aetiology and outcome of 170 electrophysiologically proven symptomatic ulnar nerve lesions**

**Harding IJ** and Morris IM

*J Bone Joint Surg* 85-B: Supp II, p96, 2003

**Copeland Hemiarthroplasty of the Shoulder**

A Wilson, A Chambler, S Thomas, **I Harding**, M Thomas

*J Bone Joint Surg* 85-B: Supp I, p69, 2003

**The Serum Level of Cobalt and Chromium in a Dynamic Total Hip System**

**I Harding**, R Crawford, V Psychoyios, T Bonomo, T Delves, P McLardy-Smith, D Murray

*Journal of Arthroplasty* 17(7), 893-895, 2002

**The Importance of Colour and Number Coding of Radiographs in Clinical Practice**

**Harding IJ** and Pearce O

*International Journal of Clinical Practice* 56(4) 247-248, 2002

**The aetiology and outcome of 152 electrophysiologically proven symptomatic ulnar nerve lesions at the elbow**

**Harding IJ** and Morris IM

*J Bone Joint Surg* 84-B: Supp II, p190, 2002

**The aetiology and outcome of 170 electrophysiologically proven symptomatic ulnar nerve lesions**

**Harding IJ** and Morris IM

*Rheumatology* 40 (supp I) p133, 2001

Abstract published in *J Bone Joint Surg. Orthopaedic Proceedings*

**The Use Of A Moulded Metacarpal Brace Versus Neighbour Strapping For Fractures Of The Little Finger Metacarpal Neck.**

**I J Harding**, D Parry, R L Barrington

*Journal of Hand Surgery (British and European volume)* 26B(3) 179-180, 2001

**The Importance Of Intramedullary Entry Point For Total Knee Arthroplasty**

**I J Harding**, R Crawford, P McLardy-Smith, D Murray

*The Knee* 6 (1999) 207-210

**8 to 10 year Radiological Review of Polished and Matt Exeter Stems**

R Crawford, G Gie, **I Harding**, R Ling

*J Bone Joint Surg* 81-B: Supp III, p300, 1999

**A Long-term Survivor with Bladder Metastasis from Renal Cell Carcinoma**

**Harding I J**, Cranston D

*Int J Clin Practice* 1998; 52(7):522

## **Presentations**

### **A comparison of Cobb angle measurement on digitized radiographs with and without extrapolation extrapolation. Intra-observer measurement variability for Cobb Angles.**

N Kumar, A Torrie, D Thomas, **I Harding**

- poster presentation British Scoliosis Society, Belfast 2018

### **Association between physical activity in early life and scoliosis: a prospective cohort study**

JH Tobias, J Fairbank, **I Harding**, HJ Taylor, EM Clark

- poster presentation at Bone Research Society , Bristol, UK, 2017

### **Can degenerative lumbar scoliosis be initiated by anatomical asymmetry in the neural arch?**

Torrie PAG, **Harding IJ**, Hutchinson MJ, Dolan P, Adams MA

- podium presentation at Bath Biomechanics Symposium, Bath 2017

### **Association between physical activity in early life and scoliosis: A prospective cohort study**

JH Tobias , J Fairbank, **I Harding**, HJ Taylor, EM Clark

- poster presentation, Bone Research Society Meeting, Bristol, 2017

### **Practice audit of low profile Sacral alar Iliac (SAI) fixation in children with cerebral palsy**

N Upadhyay, I Nelson, PAG Torrie, **IJ Harding**, MJ Hutchinson, IW Nelson.

- poster presentation British Scoliosis Society, Middlesbrough, UK, Oct 2016

### **The role of transitional vertebrae in the pathogenesis of degenerative lumbar scoliosis: an in vitro study**

A Torrie, **I Harding**, J Hutchinson, I Nelson, M Adams, P Dolan

- podium presentation British Association Spinal Surgeons, Bath, 2015

### **Complications and re-operation rates in Adult Scoliosis Surgery - Single Surgeon Series**

N Upadyhay, **I Harding**

- podium presentation, British Scoliosis Society, Bristol 2014

### **The role of oblique (type 4) spinous process abutment in the aetiology of degenerative scoliosis**

PAG Torrie, R Purcell, SJ Morris, **IJ Harding**, P Dolan, MA Adams, IW Nelson, MJ Hutchinson

-poster presentation Britspine , Warwick, 2014

- podium presentation British Association Spinal Surgeons, Bath, 2015

### **The influence of lumbar spine subtype on lumbar intervertebral disc degeneration in young and middle aged adults**

PAG Torrie, G McKay, R Bryne, SJ Morris, **IJ Harding**

- special poster presentation Britspine , Warwick, 2014

### **The role of pelvic parameters and the lumbar spine subtype in the aetiology of degenerative scoliosis**

PAG Torrie, R Purcell, SJ Morris, **IJ Harding**, P Dolan, MA Adams, IW Nelson, MJ Hutchinson

-poster presentation Britspine , Warwick, 2014

### **Abnormal cell metabolism in degenerated intervertebral discs: a response to matrix swelling following focal damage?**

P Lama, HA Claireaux, L Flower, **IJ Harding**, P Dolan, MA Adams

- podium presentation Society Back Pain Research, London 2013

### **The significance of cartilage endplate within herniated disc tissue**

P Lama, **IJ Harding**, P Dolan, MA Adams

- podium presentation Society Back Pain Research, London 2013



**Anatomic risk factors for mobile degenerative spondylolisthesis at L4/5**

S Grannum, A Miller, **I Harding**

- podium presentation Eurospine, Liverpool, 2013
- podium presentation British Scoliosis Society, 2013

**The role of lumbar spine subtype and pelvic incidence in the aetiology of degenerative scoliosis**

P Torrie, R Purcell, S Morris, **I Harding**, P Dolan, M Adams, I Nelson

- podium presentation at British Scoliosis Society, 2013

**The role of oblique spinous process abutment in the aetiology of degenerative lumbar scoliosis**

PAG Torrie, R Purcell, SJ Morris, **IJ Harding**, P Dolan, MA Adams, IW Nelson, MJ Hutchinson

- poster presentation British Scoliosis Society, 2013

**Reducing deep infections following paediatric spinal deformity surgery**

D Lavelle, SAC Morris, A Torrie, M Katsimihias, J Hutchinson, **IJ Harding**, I Nelson.

- podium presentation at British Scoliosis Society 2013

**The use of intra-operative monitoring during spinal deformity surgery**

SAC Morris, H Marriott, P Walsh, N Kane, **IJ Harding**, J Hutchinson, I Nelson.

- podium presentation at British Scoliosis Society 2013. Runner up paper award

**Smaller bones at aged 9 predicts scoliosis at aged 15: results from a population-based birth cohort**

Clarke EMF, Taylor H, **Harding I**, Hutchinson J, Nelson IW, Tobias, JH.

- poster presentation British Scoliosis Society, 2013

**The role of oblique spinous process abutment in the aetiology of degenerative lumbar scoliosis.**

Torrie PAG, Purcell R, Morris SJ, **Harding IJ**, Dolan P, Adams MA, Nelson IW, Hutchinson MJ

- poster presentation British Scoliosis Society, 2013

**Definition of back pain in the selection criteria – how accurate is current research?**

M Ismail, SAC Morris, **IJ Harding**

- podium presentation at BASS, Norwich 2013

**Can intervertebral discs degenerate after herniation rather than before?**

P Lama, CL LeMaitre, J Tarlton, P. Dolan, **IJ Harding**, MA Adams

- poster presentation ISSLS, Scottsdale, USA 2013
- podium presentation at SBPR, Isle of Man, 2012
- podium presentation Global Spine Congress, Hong Kong, 2013

**The role of cell clusters in intervertebral disc degeneration**

P Lama, L Spooner, JB Joseph, **IJ Harding**, P Dolan, MA Adams

- podium presentation Global Spine Congress, Hong Kong, 2013

**How far into a degenerated disc can nerves and blood vessels penetrate**

P Lama, M Stefanakis, I Sychev, B Sumas, **IJ Harding**, P Dolan, MA Adams

- podium presentation at SBPR, Isle of Man, 2012
- best special poster award ISSLS, Scottsdale, Arizona, USA 2013

**The relationship between sacral kyphosis and pelvic incidence**

G Dempster, W Bertram, **I Harding**

- podium presentation Britspine, Newcastle 2012
- e-poster, IMAST, Istanbul 2012

**The use of a novel low radiation method to assess prevalence of spinal curvature in a large population based cohort**

HJ Taylor, **IJ Harding**, IW Nelson, JH Tobias, EM Clark  
- podium presentation Britspine, Newcastle 2012

**Annulus fissures encourage blood vessel and nerve ingrowth into degenerated intervertebral discs**  
M Stefanakis, M Al-Abbasi, **I Harding**, P Pollintine, P Dolan, J Tarlton, MA Adams  
- podium presentation Britspine, Newcastle 2012

**Ingrowth of nerve and blood vessels inside the disc increases with degeneration**  
M. Stefanakis, I. Sychev, B.A. Summers, P. Dolan, **I. Harding**, M.A. Adams.  
- BORS, Cambridge, 2011

**In growth of nerve and blood vessels into painful intervertebral discs**  
M. Stefanakis, I. Sychev, B.A. Summers, P. Dolan, **I. Harding**, M.A. Adams.  
- ISSLS, Gothenburg, 2011

**Myelography in the assessment of degenerative scoliosis**  
W Bertram, M Katsimihias, MJ Hutchinson, IW Nelson, **IJ Harding**  
- poster at Britspine, Liverpool 2010  
- podium presentation SRS, Tokyo, 2010

**Complications of spinal deformity surgery in adults greater than 50 years old**  
W Bertram, **IJ Harding**  
- poster at Britspine, Liverpool 2010

**A Slip above a Slip: A Retro-Listhesis above a Lytic Spondylolisthesis**  
Jwalant S. Mehta FRCS (Orth) MCh(Orth) MS (Orth), Shivani Kocchar, **Ian Harding**  
- e-Poster at IMAST, Vienna, 2009  
- poster Britspine, Liverpool 2010

**The coronal plane in adult degenerative scoliosis on radiographs and MRI**  
TM Barton, N Orpen, R Ahmed, **IJ Harding**  
- podium presentation at British Scoliosis Society, Leicester, 2009

**The healing potential of human intervertebral discs**  
M Stefanakis, MA Adams, M Sharif, R Gordon, GC Desmond, A Ritchie, A Kay, **I Harding**  
- podium presentation at Society Back Pain Research, Chepstow, 2009

**A new way of assessing sagittal balance: A radiologic study of 232 asymptomatic individuals**  
S Charosky, **IJ Harding**, R Vialle, E Berthonnaud, P Roussouly, D Chopin  
- podium presentation Scoliosis Research Society, Salt Lake City, 2008

**Sagittal balance correction assessed with the C7 and pelvic tilts in 35 patients undergoing transpedicular osteotomy for severe sagittal imbalance**  
S Charosky, **IJ Harding**, R Vialle, E Berthonnaud, P Roussouly, D Chopin  
-eposter presentation Scoliosis Research Society, Salt Lake City, 2008

**Abnormalities of the lumbar spine in the coronal plane on plain abdominal radiographs**  
R P Baker, M J Kilshaw, R Gardner, S. Charosky, **I J Harding**  
- podium presentation Britspine 2008, Belfast  
- eposter presentation IMAST 2008, Hong Kong

**Patterns of lateral listhesis in degenerative scoliosis and MRI findings.**  
R Gardner, E Chaudhuri, G Wynne Jones, **I J Harding**  
- podium presentation IMAST, Nassua, 2007  
- e-poster SRS Budapest 2007  
- podium presentation Britspine 2008

### **Transpedicular Osteotomy in Revision Scoliosis**

S Charosky, **I Harding**, R Vialle, D Chopin

- podium presentation at Scoliosis Research Society, Monterey, 2006
- podium presentation at Britspine, Cardiff
- podium presentation at SFCR, Paris 2005

### **An audit of early results of monaxial versus polyaxial screw only constructs in the correction of adolescent idiopathic scoliosis**

G Wynne-Jones, N Manidakis, **I Harding**, J Hutchinson, and I Nelson

- podium presentation British Scoliosis Society, Dublin 2006

### **Can the Perdriolle method of apex rotation be reliably applied in the presence of pedicle screw instrumentation?**

M Ockendon, ROE Gardner, S Khan, **I Harding**, MJ Hutchinson, and IW Nelson

- podium presentation British Scoliosis Society, Dublin 2006

### **Lumbar disc degeneration below a long arthrodesis (performed for scoliosis in adults) to L4 or L5**

**I J Harding**, S Charosky, R Vialle, D Chopin

- podium presentation at Scoliosis Research Society, Miami, 2005
- podium presentation at Britspine, Cardiff, 2006
- podium presentation at SFCR, Paris 2005

### **Is Night Pain a useful 'Red Flag' symptom in a back pain triage clinic?**

**I Harding**, E Davies, E Buchanan, J Fairbank

- podium presentation Britspine, Nottingham, 2004
- podium presentation Eurospine/Spineweek, Porto, 2004
- podium presentation North American Spine Society, Chicago, 2004

### **Long term follow up of pulmonary function and rib hump following Schollner Costoplasty**

**I J Harding**, S Charosky, D Carrizo, C Delecourt, D Chopin

- podium presentation Britspine 2004

### **Fonction respiratoire et gibbosité résiduelle après gibbectomie (dans les scolioses idiopathiques): résultats à long terme.**

**I Harding**, S Charosky, D Carrizo, C Delecourt, D Chopin

- podium presentation (in French), Groupe Etude Scoliose, Bruxelles, 2004

### **Measurement of the Cobb Angle using the Oxford Cobbometer. Intraobserver variation**

**I Harding**, M Rosenfeldt, J Hauptfleisch, J Fairbank

- e-poster at SRS, Buenos Aires, 2004
- poster presentation at Britspine, Nottingham, 2004
- poster presentation at Eurospine/Spineweek, Porto, 2004
- podium presentation at BOA, Manchester, 2004
- poster presentation at COA, Sydney, 2004

### **Histological findings in retrieved femoral head remnants following revision of hip resurfacing arthroplasty for early failure**

**I Harding**, C Little, A Ruiz, D Murray, P McLardy-Smith, N Athanasou

- podium presentation EFORT 2003

### **Metal – on metal resurfacing arthroplasty – the early results**

C Little, **I Harding**, A Ruiz, S Isaac, R Gundle, D Murray, P McLardy-Smith

- poster presentation BOA 2002
- poster presentation EFORT 2003

**The Results of the Watson-Jones Anterolateral Approach to the Hip for Hemiarthroplasty in Patients with a Fracture of the Neck of Femur**

I J Harding, D Melsum, P Worlock

- podium presentation BTS, 2002

**A Review of the Copeland Shoulder Prosthesis**

S Thomas, Wilson A, Chambler A, **Harding I**, Thomas M

- podium presentation at 9<sup>th</sup> ICSS, Washington, USA, 2004

- podium presentation at BOA, Birmingham, 2003

- podium presentation at the British Elbow and Shoulder Society, 2002

**The Oxford Protocol for Management of Dislocated Total Hip Replacement**

Ruiz A and **Harding I**

- podium presentation at British Hip Society, Keswick 2002

**The Serum Level of Cobalt and Chromium in a Dynamic Total Hip System**

V Psychoyios, **I Harding**, R Crawford, P McLardy-Smith, D Murray

- podium presentation at Hellenic Association of Orthopaedic Surgery, 2002

**The aetiology and outcome of 152 electrophysiologically proven symptomatic ulnar nerve lesions at the elbow**

**Harding IJ** and Morris IM

- podium presentation at British Elbow and Shoulder Society, London, 2001

**The aetiology and outcome of 170 electrophysiologically proven symptomatic ulnar nerve lesions**

**Harding IJ** and Morris IM

- podium presentation at BOA, 2001

- poster presentation at British Society for Rheumatology, Edinburgh, 2001

**The Importance of Colour and Number Coding of Radiographs in Orthopaedic Practice**

**I J Harding**, O Pearce

- poster presentation at BOA, 2001

**The Use Of A Moulded Metacarpal Brace Versus Neighbour Strapping For Fractures Of The Little Finger Metacarpal Neck.**

**I J Harding**, D Parry, R L Barrington

- presented at Central Orthopaedic Club meeting 2000, Milton Keynes

**The Importance Of Intramedullary Entry Point For Total Knee Arthroplasty**

**I J Harding**, R Crawford, P McLardy-Smith, D Murray

- poster presentation Combined Orthopaedic Associations, Auckland. 1998

- poster presentation at ESKKA, Nice. 1998

**8 to 10 year Radiological Review of Polished and Matt Exeter Stems**

R Crawford, G Gie, **I Harding**, R Ling

- podium presentation at BOA annual meeting, 1998

### **BA in Physiological Sciences Degree**

In 1992 I conducted 6 months of research, becoming proficient in basic laboratory technique, at the Department of Pharmacology, University of Oxford as part of my dissertation entitled:

**‘ The Role of Intracellular and Extracellular Calcium Release Mechanisms in Guinea Pig Ileum Longitudinal Smooth Muscle’.**

### **Grants awarded**

**ACTivATeS: ACTive Treatment for Idiopathic Adolescent Scoliosis - A feasibility study.**

HTA Grant awarded from NIHR for £331,717 to Sarah Lamb, Karen Barker, Jeremy Fairbank, **Ian Harding**, Peter Heine, Ranjit Lall, Anne-Marie Slowther, Francine Toyne, Mark Williams, Esther Williamson, Petrou Stavros and Neil Coulson. 2012-2013.

### **Healing potential of human intervertebral discs**

Backcare funded £17,000 to Adams, Tarlton, Sharif, Key, Dolan and **Harding**

### **Other research activity**

2010 Sub-investigator in EVIDENCE trial of Spinal Cord Stimulation v. Surgery for failed back surgery

2012-18 Associate editor/reviewer for Spine Deformity journal

2013-18 Associate Editor European Spine Journal

2018-19 Centre PI for SpinOUT spinal stenosis trial – NIHR grant awarded

## **Other Activities and Interests**

|                   |  |  |
|-------------------|--|--|
| <b>Rowing</b>     | 1990-94<br>1992-93<br>1993<br>1991-92<br>1991-99<br>1995-00<br>2014-20 | Worcester College 1 <sup>st</sup> VIII<br>Henley Royal Regatta – Visitors and Temple Cups<br>Oxford University Lightweight VIII (half blue)<br>Captain of Boats, Worcester College<br>Single Sculling<br>Coaching Worcester College 1 <sup>st</sup> VIII<br>City Of Bristol Rowing Club, sculling/rowing |
| <b>Soccer</b>     | 1989-94<br>1994-03   | Worcester College 1 <sup>st</sup> XI goalkeeper<br>Regular 5-a-side football   |
| <b>Cricket</b>    | 1986-88<br>1989-90<br>2000-03<br>1998-03<br>2004-20                    | Little Marlow CC<br>Worcester College 1 <sup>st</sup> XI<br>Organised RNOH Stanmore v. NOC match<br>Club cricket<br>MCC membership   |
| <b>Running</b>    | 1997<br>2001-20<br>2009,14<br>2010,13<br>2018                          | London Marathon completed for Red Cross<br>Regular leisure pursuit<br>Bath Half Marathon<br>Bristol Half Marathon<br>Cheltenham Half Marathon  |
| <b>Cycling</b>    | 2002-20  | Regular leisure pursuit  |
| <b>Triathlon</b>  | 2002-16<br>2003<br>2003  | Regular competitor in triathlons, sprint and Olympic<br>London Triathlon<br>Half Ironman UK Triathlon, Sherborne, Dorset<br>- 1.9K swim, 90K bike, 22K run   |
| <b>St. John's</b> | 1996-98  | Medical assistance and 1 <sup>st</sup> aid at major events   |
| <b>French</b>     | 2003<br>2004-20  | Intermediate French Course at Oxford Brookes University<br>French Speaking   |