



**Frank E. Booma Post 6
American Legion
MARCH 2023**

Founded 1919

POST COMMANDER FRANK DESPER

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www.feboomapost6.org

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POST COMMANDER'S MESSAGE

This message is one that you need to know. It's about enrolling into the VA healthcare system. Since my hospitalization with COVID last year and although I retired from the US Navy and am supposed to have free healthcare for the rest of my life for my service, well it didn't happen. Tricare (my healthcare insurance), Mass general Brigham and I had a long conversation about my hospitalization billing a couple of weeks ago. Tricare said I did not meet my catastrophic cap and I need to pay my portion of the billing.

After calling several state, congressional and Senator Shaheen office, I made another call to the VA asking for assistance. I found out that I (or a family member) should of called the VA within 72 hours of me going into the hospital and all of my bills would of been paid.

I'm here to tell you, if you have not enrolled into the VA healthcare system you should seriously consider doing it.

There are some stipulations to enroll, you have to have an honorable discharge and your annual income may be a factor? But, you won't know about the income portion until you apply? If you have a general discharge under honorable conditions the VA will assist you getting your discharge upgraded, then you can enroll?

If you have any questions about enrolling, contact our post service officer or post Adjutant for help. You can also call the VA hospital in Manchester at 1-800-892-8384 and ask the operator to connect you to the enrollment office.

Frank Desper, Post Commander

**St. Patrick's
Day!**

POST ADJUTANT'S MESSAGE

Greetings veterans! Members continue to renew for 2023, including six new members in March alone. If you haven't paid your 2023 dues, please consider doing so soon. Post 6 is doing great things in and outside of the community, and you are a part of that!

First nominations for Post 6 officer positions were held at the March meeting. New blood is sorely needed to run for officer positions, especially young blood. Please consider attending the **Thursday, March 16, 2023** meeting and/or submit a letter of intent to run for office.

Members who attended our March meeting opened discussion of raising drink prices in the Grille to bring prices in line with neighboring posts. Action will likely be taken on this issue at our March meeting. Please attend and give your input and/or vote!

The Department of Veterans Affairs has provided us with TOXIC EXPOSURE SCREENING INFORMATION. The VA is committed to providing screening, health care and resources to veterans with toxic exposure concerns from military service. I will place this information at the front of the Veterans Resource Guide available for your use in the grille.

Rockingham VNA & Hospice has provided us with information on Veteran to Veteran Hospice Volunteer Training Spring Sessions. I will place this information near the front of the Veterans Resource Guide available for your use in the grille. I will be back at the post on March 8th. Don't hesitate to visit or call if I can be of assistance.

Frank Capalare, Post 6 Adjutant

GRILLE MESSAGE

Happy Irish Heritage Month! A huge Shout Out and a big Thank You to Dana O'Hare, Past Commander of Somersworth Post 69, for filling in for our bartender, Bobby while he was out. Not only did she tend bar with a smile, she also deep cleaned the Ice Machine, deep cleaned the well where the alcohol bottles go, and she deep cleaned the racks in the cooler! Boy did they need the cleaning!

Come on in and try out the new EBOT machines! Will the Luck of the Irish be with you? The prize money that was won in January was up over \$61,000.00. How much can you win in March?

Karaoke is the first Friday and third Saturday of the month!

We need Members to step up and volunteer for the Corned Beef and Cabbage Dinner on **Thursday, March 17, 2023**, St. Patrick's Day! \$5.00 per plate from 2-4 p.m. (or until gone) There's a sign-up sheet next to the bar.

The Grille Entertainment for March is the band, F.O.G. on March 25th!! As usual, Surf and Turf is every Saturday!

Feel free to email me for any reason and have a safe and happy St. Patrick's Day!
Sláinte!

For God and Country,
Paddy O'Hare, Grille Steward
steward.post6@gmail.com

SURF & TURF SCHEDULE

MARCH 4th- Post
MARCH 11th – S.A.L.
MARCH 18th – Unit
MARCH 25th – Post

ENTERTAINMENT SCHEDULE

MARCH 3rd – Karaoke w/DJ Darlene
MARCH 18th – Karaoke w/DJ Darlene
MARCH 25th – F.O.G.

SQUADRON COMMANDER'S MESSAGE

Hi everybody, We will be holding second nominations for officers. If you would like to run for an office, please be at the next S.A.L. meeting on **Wednesday, March 15, 2023**, at 6:00pm. If you cannot make the meeting but would like to run for an office, please submit a letter of intent to myself or the S.A.L. Adjutant before the meeting. Voting for Officers will take place in the upstairs hall at the post, **Thursday, April 20, 2023**, from 12pm till 6pm. You will need to show your 2023 S.A.L. membership card to vote. The next S.A.L. Surf & Turf will be held on **Saturday, March 11, 2023** from 3:00 till 5:00pm. Have a Happy Saint Patrick's Day!

Michael Hunt, S.A.L. Commander

UNIT PRESIDENT'S MESSAGE

Hello Ladies: This month, **Thursday, March 9, 2023**, the Auxiliary will have nominations for officers. If you are interested in running for an officer....get nominated at the meeting. Or attend a meeting and ask about a committee or program we have that might be of interest to you. Voting will be held at the **Thursday, April 13, 2023** meeting at 3:00 pm until 6:00 pm when we will have the vote count and a meeting. Also, at the April meeting we will be voting to increase our yearly dues to \$30.00. Congratulations to the winners of the Valentine Baskets. Thank you for your participation and donations. It goes toward our programs. Please get in touch with me if you have any questions or concerns about the Auxiliary. If you know someone eligible to join, get an application from the bartenders, Karyl, or me. We always welcome new members...especially if they want to help out once in a while.

Judi Fountas, Unit President 603-964-7007

Unit 6 will be voting to increase our unit dues to **\$30.00** starting with the year 2024 at the April meeting, **Thursday, April 13, 2023**, at 6 p.m. Your attendance would be appreciated.

There are several ways to renew your dues. Visit www.ALAforVeterans.org to renew online with your member ID on your card. You must log in to pay your dues. Click "Renew Here" and log in with your username and password. If you do not have a username or password, simply click "Sign Up" to get started.

Pay by phone to ALA National Headquarters at (317) 569-4570, Monday-Friday, 8 a.m. to 4:30 p.m. EST. Visa/MasterCard or Visa/MasterCard Debit are accepted when renewing online or by phone. Send to American Legion Auxiliary, Unit 6, 96 Islington Street, Portsmouth, NH 03801. Please make all checks payable to "American Legion Auxiliary." If you prefer, you can visit your unit and pay your dues directly to an Auxiliary officer.

Karyl Horn, Secretary/Treasurer

MARCH 2023

S	M	T	W	T	F	S
26	27	28	1	2	3 Karaoke with DJ Darlene 7-11 p.m.	4 SURF & TURF 3 p.m.
5	6	7	8	9 Unit Meeting 6 p.m.	10	11 SURF & TURF 3 p.m.
12	13	14	15 S.A.L. Meeting 6 p.m.	16 Post Meeting 6 p.m.	17 HAPPY ST. PATRICK'S DAY Corned Beef Dinner \$5.00 2-4 p.m. (or until gone)	18 SURF & TURF 3 p.m. Karaoke with DJ Darlene 7-11 p.m.
19	20 FIRST DAY OF SPRING	21	22	23	24	25 SURF & TURF 3 p.m. F.O.G.
26	27	28	29	30	31	1 SURF & TURF 3 p.m.

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