



**Frank E. Booma Post 6
American Legion
JUNE 2024
Founded 1919
POST COMMANDER FRANK DESPER
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JUNE 2024

POST COMMANDER'S MESSAGE

I hope everyone observed Memorial Day last month and had a good weekend!

To recap our elections in April, we're still looking for a few volunteers to fill the chairs to complete our executive board. If you're up to the challenge and have a little spare time, we'd enjoy having you on the board? The post meetings are held the third Thursday of each month starting at 6:00pm. Please take time to be in attendance.

Another reminder and update, the city has started cutting and digging the street in front of the post. It won't be long before everyone will have to find alternate parking to visit the post. I can't say how long the digging will last. Please be patient. The project supervisor told me the section of digging they have to do out front has lots of rock ledge to get through. And the post might have to close for a day or two depending on the sewer disconnect and reconnect? I'll update everyone on Facebook if and when that day gets closer.

Didn't forget about our Saturday fundraiser "Surf & Turf." The game starts at 3:00. We'd enjoy seeing you. Speaking of surf & turf, the adult outing and super surf & turf is scheduled for **Saturday, September 7, 2024**. The BBQ will start at 12:00 and the game at 3:00. More details will be published in future newsletters.

Frank Desper, Post Commander

POST ADJUTANT'S MESSAGE

Greetings Veterans! Your adjutant has returned to his desk following a three month absence. My lengthy visit with family and friends and my volunteer work and coaching at Three Rivers Union School went beautifully.

Upon returning to my desk, I found things to be in very good order. For that I owe a debt of gratitude to Bev Stone who filled in for me while I was away. Let me take this opportunity to express my appreciation to a list of people whose herculean efforts keep the post running smoothly: Commander Frank Desper, Service Officer Bev Stone, Finance Officer Stephen (Kubby) Katsanos, Bookkeeper Sheila Katsanos and each of our bartenders. Each of these

persons makes my job as adjutant easier.

Member participation in the post election in April was dismal once again. There were no challenges to the current slate of officers, and with Frank Daggett (Sergeant At Arms, deceased) and George McCall (Judge Advocate, relocated out of the area) inactive as officers, and with member attendance at post meetings as scant as it has been, the post has frequently been unable to number a quorum for the purpose of conducting business. I would like to see this situation improve, but only you can make that happen. Please consider contributing your time and effort to the operation of the post going forward.

Enjoy the summer weather, veterans, and we hope to see you here at the post!

Frank Capalare, Post Adjutant

SQUADRON COMMANDER'S MESSAGE

There are no S.A.L. meetings scheduled for the months of July and August. Our next S.A.L. meeting will be held on **Wednesday, June 19, 2024** at 6:00 pm. The next S.A.L. sponsored Surf & Turf will be held on **Saturday, June 15, 2024** from 3:00 pm till 5:00 pm. Come on out and try your luck. Thank You

Michael Hunt, S.A.L. Commander

GRILLE MESSAGE

Some of you have been asking about bringing back more entertainment and activities. I am looking into your requests. We do need more fun at our Post. I would like to hear feedback from you all. I'll put a suggestion box near the ATM machine. Some suggestions so far are Bands, Open Mic, more Karaoke, Theme parties, games of different types, etc. So, if you have any ideas, please let me know. Thank you.

Darlene will be playing on the following dates: June 7, 15, 28.... July 20.... and August 2, 17. All dates are Fridays and Saturdays.

Any questions or concerns, please let me know. We want everyone to be happy here.

Judi Fountas, Steward

UNIT PRESIDENT'S MESSAGE

Hello Ladies: June 13th will be the last Auxiliary meeting for the Summer. We will resume in September. I want to thank everyone who participated and donated to our programs. It was very much appreciated. We always welcome new bona fide members to our Auxiliary, so if you know of any friend, neighbor or relative that is eligible to join, pick up an application or let me know. I'll be glad to help. Have a nice and safe Summer. Continue to support your Post.

Judi Fountas, Unit President 603-964-7007

CONGRATULATIONS!

Goes to Iain Nicol of Hampton, NH. Unit 6 Portsmouth sponsored his essay in the 2024 American Legion American Essay contest in the 11-12 grade category. Word came back that he WON the National Competition in his category. Below is his winning entry. Unit 6 is extremely proud.

“Freedom to me, feels like having an open canvas to paint my own life, unburdened by excessive rules and restrictions. As a high school senior who has experienced the whirlwind of moving nine times and attending five different schools in the past four years, the concept of freedom has taken on a personal significance, shaped by the values I hold dear.

The essence of freedom lies in the ability to chart one's life course without the weight of unnecessary regulations. It's not about an absence of rules but rather the presence of sensible guidelines that allow for individual expression and choice. Our country's democratic republic structure epitomizes this notion, where citizens have a say in shaping the rules that govern us, fostering an environment of fairness and justice.

The United States Constitution and the Bill of Rights serve as the guideposts for this journey. They outline the principles of justice, equality, and the freedom to articulate one's thoughts. These principles have become constants in my life, offering reassurance and a sense of stability amid we constant flux of relocation. Knowing that I possess certain rights, and so does everyone else, forms the bedrock of a society that values individual liberties.

Living in a society where equality reigns, irrespective of background, race, or gender, is a pivotal aspect of freedom. It's akin to residing in a community where diversity is not merely acknowledged but celebrated. As someone who has navigated the challenges of adapting to new environments, the assurance that rights are protected, and opportunities are not withheld based on arbitrary factors, has been crucial to my sense of freedom. It underscores the idea that every individual deserves an equal chance to thrive.

The freedom to ascend in society is another facet that adds depth to this concept. It embodies the belief that hard work and dedication can propel anyone forward, regardless of their starting point. In the mosaic of my experiences, this notion has been a motivating force, encouraging me to strive for personal growth and success.

In this vision of freedom, bias finds no foothold. It rejects the idea that anyone should face discrimination based on innate characteristics beyond their control. It emphasizes the recognition of individuals for their unique qualities, contributions, and character. These principles go beyond the realm of politics; they represent the values that bind us as a nation committed to the pursuit of liberty and justice for all.

So, freedom, to me, transcends the notion of mere rule avoidance. It embodies the presence of the right rules—rules that facilitate the expression of individuality and the crafting of one's destiny. It encompasses living in a community that values and uplifts everyone, providing an equitable playing field for all. The Constitution and the Bill of Rights serve as the signposts on this journey, reminding us of the foundational principles that make the voyage meaningful. In a world marked by constant change, the ideals of freedom remain a steady compass guiding the way forward.” Iain Nicol 2024

JUNE 2024

S	M	T	W	T	F	S
26	27	28	29	30	31	1
		Wii Bowling				SURF & TURF 3 p.m.
2	3	4	5	6	7	8
		Wii Bowling			Karaoke with DJ Darlene 7-11 p.m.	SURF & TURF 3 p.m.
9	10	11	12	13	14	15
		Wii Bowling		Unit Meeting 6:30 p.m.		SURF & TURF 3 p.m. Karaoke with DJ Darlene 7-11 p.m.
16	17	18	19	20	21	22
		Wii Bowling	S.A.L. Meeting 6 p.m.	Post Meeting 6 p.m.		SURF & TURF 3 p.m.
23	24	25	26	27	28	29
		Wii Bowling			Karaoke with DJ Darlene 7-11 p.m.	SURF & TURF 3 p.m.
30	1	2	3	4	5	6
				4 th of July		SURF & TURF 3 p.m.

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