

# Toilet Training Policy

As your child participates in our program you will begin to hear families "potty training" their child or that their child "is ready" for potty training. Please rest assured that all children become "potty trained" when they are **physically and emotionally ready**. We encourage you not to panic, compare, ridicule or let your feelings be hurt by well-meaning friends and relatives and most importantly, not to rush your child. **Hope Lutheran Preschool does not require that children be fully potty trained until they enter the Sunshine Room (4 & 5yrs)**. There is time and it will happen when your child is ready!

When potty training time is here, Hope Lutheran Preschool has a couple of simple guidelines that will make potty training at school easier and create feelings of security and consistency for your child

1. Do not threaten your child.
2. **Potty training will not be initiated, nor completed by Hope Lutheran Preschool.** After your child has practiced at home for a minimum of 2 weeks, we will work with your child at school to help facilitate the process.
3. The child must understand what is expected of him/her.
4. The child needs to be able to verbalize to others (besides mom and dad) that they have to use the bathroom. Staff members are not always able to catch "wigglers" in time to avoid accidents.
5. The child must want to be dry and remain dry.
6. When your child has sufficiently practiced at home, they can verbalize to staff and they let you know (tell you) - they are ready to try it at school. Children must:
  - A. Wear cloth lined plastic pants or pull-ups.
    1. This is to avoid daily soiling of the carpets which would have to be sterilized every night and not be dry for school the next day.
    2. We encourage lined plastic pants versus pull-ups as pull-ups tend to create more of a diaper feeling than an underpants feeling.
  - B. Be dressed appropriately. Clothing must be a style that can **EASILY** and quickly be pulled down.
  - C. Parents may request the frequency at which your child is to try to use the toilet, however in a group care setting it may not always be possible. This is so that we may continue the pattern at school. Please inform us as you give your child freedom to decide when to go potty, so that we may support your pattern.
  - D. If your child has 3 or more accidents in underwear in one day, we will require that your child be put back in a pull-up.
  - E. If your child continues to have frequent accidents in a 2 week period, we will require that your child be put back in a pull-up until the pull-up remains for 2 weeks.

# Toilet Training

\_\_\_\_\_ I/We have read the Hope Lutheran Preschool policy and procedures for toilet training.

I/We agree to and understand that:

1. Hope Lutheran Preschool is not responsible for starting or completely potty training children, rather that it is a joint home and school effort.
2. Children in the toilet training process must wear training pants with plastic liners or pull-ups.
3. If a child has continuous accidents in a two week time period, the school has the right to require the child to wear diapers or pull-ups until the child has demonstrated control and can verbalize that they need to go to the bathroom.
4. Children MUST be potty trained before entering the Sunshine Room, otherwise they will not move to the next room even if they have turned 4yrs old.
5. You must try taking your child to the bathroom, before they enter the classroom at drop-off, each morning.

Child's Name \_\_\_\_\_

Parent's Signature \_\_\_\_\_ Date \_\_\_\_\_

\_\_\_\_\_ Date \_\_\_\_\_

Preschool Director \_\_\_\_\_ Date \_\_\_\_\_

\*\*\*\*\*OFFICE USE ONLY\*\*\*\*\*

\_\_\_\_\_ NOTIFIED POTTY TRAINING HAS BEGUN

Date \_\_\_\_\_

\_\_\_\_\_ Ready to try at school

Date \_\_\_\_\_

