

I AM A STRONG & CAPABLE PERSON.
I AM A WORK IN PROGRESS.
I AIM TO JUST BE ME-
NOTHING MORE, NOTHING LESS.
I AM NOT MY PAST OR MY FUTURE.
I AM IN THE HERE & NOW.
I AM HUMBLE, NOT SUPER WOMAN.
ALL I CAN DO IS LEARN FROM MY MISTAKES
& ACCEPT THINGS THE WAY THEY ARE.
SOMETIMES BAD THINGS MAY HAPPEN,
BUT I AM NOT BROKEN.
I WILL NOT FADE AWAY BUT FIND MY WAY
WHEN THINGS GET DARK.
I WILL PICK UP THE PIECES & FIGHT MY
WAY THROUGH TO LEAVE BEHIND MY
LEGACY & A POSITIVE MARK.

