



Postpartum Support International
Arizona Chapter

How Can PSI-AZ Support You?



PSI Perinatal Mental Health Certification (PMH-C) Tracks

Tracks	TARGET AUDIENCE	STEP 1 (both in any order)		STEP 2	STEP 3	Renewal
		Experience	Initial Training			
AFFILIATED PROFESSIONALS	Acupuncturists Chiropractors Doulas Massage Therapists Lactation Consultants Nurses Medical Assistants Peer Supports Physical Therapists	2 years of practice	Components of Care 2-Day Training online: live [\$425*, 14.5 CEU]	Advanced Psychotherapy virtual or in-person [\$250*, 6 CEUs] (or approved alternative)	Certification Exam \$500	Report continuing education hours: 6 hrs per year -or- 12 hrs every two years
	Therapists Psychologists Social Workers LMFTs LACs LPCs		-OR- PSI / 2020 Mom MMH Online Certificate Course online: live or recorded [\$480*, 16 CEU]	Advanced Psychotherapy virtual or in-person [\$250*, 6 CEUs] (or approved alternative)		
PRESCRIBERS	Physicians Nurse Practitioners Physician Assistants Psychiatrists		-OR- (or approved alternative: 14 hrs)	Advanced Psychopharmacology virtual ONLY [\$250*, 6.25 CEUs]		

*reduced fees are available for students and scholarships are also available through state chapters.

Got questions? Email: certification@postpartum.net (last updated: 1/2023)

2023 Perinatal Mental Health Certificate Training Schedule

May 17-19, 2023 | Phoenix (Person of Color Trainers for a Person of Color Audience)

Nov 15 - 17, 2023 | Tucson

Virtual: Quarterly

PSI Perinatal
Psychiatric Consult
Line

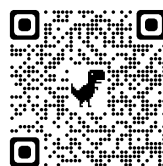
Medical professionals: Get a free consult about mental health care related to childbearing and pre-conception planning.

List Your Practice

Reach potential patients / clients through your tailored directory listing. For **all types** of perinatal providers.

Apply for a
Scholarship

Annually PSI AZ awards scholarships for Perinatal Mental Health Certification (PMH-C) track training





Perinatal Mood Disorder Course Descriptions

Components of Care | A 2-day, thorough and evidence-based curriculum designed for nurses, physicians, social workers, mental health providers, childbirth professionals, social support providers, or anyone interested in learning skills and knowledge for assessment and treatment of perinatal mood disorders.

PSI / 2020 Mom Maternal Mental Health (MMH) Online Certificate Course | This online webinar series is intended for Mental Health and Clinical Professionals. It includes eight live sessions, small group discussions, supplemental reading materials, 16 continuing education credits (where applicable), and a certificate of completion. Classes are live, however are recorded and can be watched at any time.

Advanced Perinatal Mental Health Psychopharmacology Training | This is a 6-hour advanced course on psychiatric pharmacology during pregnancy and lactation, taught by perinatal psychiatric experts. It is an interactive, case-based advanced seminar, covering differential diagnosis, medication challenges, case examples, research on medication safety, and your questions. Participants should have previously completed at least 14 hours of perinatal mental health training. The "Components of Care" training, or equivalent, is a prerequisite for this advanced training.

Advanced PMD Psychotherapy | This is a 6-hour Advanced Perinatal Mental Health Psychotherapy certificate course. Topics include: Trauma and Trauma-Informed Care, PMADs and the DSM V, Cultural Humility, Racism and health disparities, Psychotherapy Approaches, as well as strategies to address Attachment and Bonding, Grief and Loss, Infertility and NICU caregivers and more. The "Components of Care" training, or equivalent, is a prerequisite for this advanced training.

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