

# LIMPING OUT OF THE JABBOK

Genesis 32:24–32 | NASB

## 1. THE FIGHT (Genesis 32:24–25)

- 24 **Jacob** was left alone,  
and a **man wrestled** with him until **daybreak**.
- 25 When **he** saw that **he** had not prevailed against **him**,  
**he** touched the **socket** of **his thigh**;  
so the **socket** of **Jacob's thigh** was dislocated  
while **he wrestled** with **him**.

- An even match. All night. Neither \_\_\_\_\_.
- God cannot \_\_\_\_\_ him. So He \_\_\_\_\_ him.
- One single \_\_\_\_\_. The hip socket \_\_\_\_\_.
- Jacob's whole story is a story of \_\_\_\_\_. God had to break the legs of the man who never \_\_\_\_\_.

## 2. THE QUESTION (Genesis 32:26–27)

- 26 Then **he said**,  
“Let me go, for the **dawn is breaking**.”  
But **he said**,  
“I will not let you go unless **you bless** me.”
- 27 So **he said to him**,  
“What is your name?”  
And **he** said, “**Jacob**.”

- God already knows the answer. The question is not for \_\_\_\_\_. It is for \_\_\_\_\_.
- Jacob has to say it. Out loud. In the dark. Alone. \_\_\_\_\_. With nowhere left
- to \_\_\_\_\_.

- Yaaqov = the \_\_\_\_\_-grabber. The \_\_\_\_\_. That is **my name**. That is who I am.
- Every scheme, every plan, every \_\_\_\_\_ route is gone.
- Twenty years of \_\_\_\_\_ from that name. It catches him at the Jabbok.

### 3. THE NEW NAME (Genesis 32:28)

28 **He** said,

**“Your name shall no longer be **Jacob**, but **Israel**;  
for you have **striven** with **God** and with men,  
and **have prevailed**.”**

- Israel = sarah ( \_\_\_\_\_ / \_\_\_\_\_ ) + El ( \_\_\_\_\_ )
- God could not beat him. God \_\_\_\_\_ it. And blesses him anyway.
- Before the Jabbok, Jacob prayed to the God of \_\_\_\_\_ and \_\_\_\_\_.  
Borrowed \_\_\_\_\_.
- After the Jabbok: “I have seen God \_\_\_\_\_ to \_\_\_\_\_.” His own.
- You cannot receive the \_\_\_\_\_ name until you say the \_\_\_\_\_ one.

### 4. THE LIMP (Genesis 32:30–32)

30 **Jacob** **named** the **place Peniel**, **for he said**,

**“I **have seen** **God** **face to face**,  
**yet my life has been preserved**.”**

31 Now the **sun rose** upon **him**  
just as **he** **crossed over** **Penuel**,  
and **he** **was limping** on **his** **thigh**.

32. Therefore, **to this day**  
the **sons of Israel do not eat the sinew of the hip**  
which is on the **socket of the thigh**,  
because **he** **touched the socket** of **Jacob's** **thigh**  
in the **sinew** of the **hip**.

- Peniel = \_\_\_\_\_ of God.
- He wins and \_\_\_\_\_ at the same time.
- The limp is not the \_\_\_\_\_. The limp is the \_\_\_\_\_.
- The wound that \_\_\_\_\_ him became the mark that \_\_\_\_\_ him.
- Before the Jabbok he put himself at the \_\_\_\_\_. After — he goes to the \_\_\_\_\_.

### The Sinew (Genesis 32:32)

- The sinew = the \_\_\_\_\_, the tough cord that runs through the hollow of the hip near the socket.
- For \_\_\_\_\_ years — every time a Jewish family sat down for a meal — there
- was a \_\_\_\_\_ missing from the meat on the table.
- If a child asked why, the answer was: Because your father Jacob \_\_\_\_\_ away from the Jabbok.
- We are not a people who won by \_\_\_\_\_. We are a people who were \_\_\_\_\_ into blessing.

## APPLICATION

### 1. God will wound you to stop you.

- God could not get Jacob's attention through \_\_\_\_\_. Only through a \_\_\_\_\_.
- Some people only meet God at the \_\_\_\_\_ — not because He couldn't reach them anywhere else, but because they wouldn't \_\_\_\_\_ long enough
- to be \_\_\_\_\_.

## 2. You cannot receive the new name until you say the old one.

- The question God asks at the bottom is always: “\_\_\_\_\_ is your \_\_\_\_\_?”
- You have to \_\_\_\_\_ it. Out loud. \_\_\_\_\_. Alone.
- On the other side of that \_\_\_\_\_ is a name you didn't \_\_\_\_\_.

# PERSONAL REFLECTION

Limping Out of the Jabbok | Genesis 32:24–32

1. God could not get Jacob's attention through the stairway at Bethel, the angels at Mahanaim, or the answered prayer. It took a broken hip. What has God used to stop you? What did He have to wound to get your attention?

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2. The man asks Jacob, "What is your name?" — and Jacob has to say it. What is the name you have been running from? What is the truth about yourself that you have never said out loud before God?

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3. Jacob prayed to "the God of my father Abraham and the God of my father Isaac" — borrowed faith. After the Jabbok he says "I have seen God face to face." Is your faith borrowed or your own? What would it mean for it to become yours?

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4. Jacob limps away from the Jabbok. The wound became the mark. Is there a wound in your life that God may be turning into a proof of His work in you? What would it mean to wear that limp without shame?

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# ANSWER KEY

## SCENE 1 — THE FIGHT

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- prevails
- beat / wounds
- touch / dislocates
- running / stopped

## SCENE 2 — THE QUESTION

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- God / Jacob
- wounded / run
- heel / deceiver
- escape
- running

## SCENE 3 — THE NEW NAME

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- wrestle/struggle / God
- concedes
- Abraham / Isaac / faith
- face / face
- new / old

## SCENE 4 — THE LIMP

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- face
- loses
- punishment / proof
- stopped / identified
- back / front

## APPLICATION

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### Point 1:

- beauty / broken hip
- bottom
- stop / reached

### Point 2:

- What / name
- say / wounded
- confession / earn