

Counselor: **Jennifer L. Hillier M.A. LPC**
Office Location: R&B Counseling Services LLC
2040 Babcock Rd. suite 404, San Antonio, Texas, 78229

**INFORMED CONSENT FOR ONLINE
COUNSELING SERVICES**

Prior to starting video-conferencing services, you understand & agreed to the following limitations of using telehealth for Online Counseling:

- There are potential benefits and risks of video-conferencing (e.g. limits to patient confidentiality) that differ from in-person sessions.
- Confidentiality still applies for telehealth services, and nobody will record the session without the permission from other person(s).
- We agree to use the video-conferencing platform selected for our virtual sessions, and the psychologist will explain how to use it.
- You need to use a webcam or smartphone during the session.
- It is important to be in a quiet, private space that is free of distractions (including cell phone or other devices) during the session.
- It is important to use a secure Internet connection rather than public/free Wi-Fi.
- It is important to be on time. If you need to cancel or change your tele-appointment, you must notify the psychologist in advance by phone or email.
- We need a back-up plan (e.g., phone number where you can be reached) to restart the session or to reschedule it, in the event of technical problems.
- We need a safety plan that includes at least one emergency contact and the closest ER to your location, in the event of a crisis situation.
- If you are not an adult (*), we need the permission of your parent or legal guardian (and their contact information) for you to participate in telehealth sessions.
- You should confirm with your insurance company that the video sessions will be reimbursed; if they are not reimbursed, you are responsible for full payment.
- As your counselor, I may determine that due to certain circumstances, online counseling is no longer appropriate and that we should resume our sessions in-person.

Client Name (PRINT): _____ DOB: _____

Client Signature: _____ Date: _____

*Signature of Clients's Legal Representative: _____

*Print Name of Client's Legal Representative: _____