

# Advanced Painting Workshop with Christian White

**A note from the instructor:** Students should come with a good sketchbook and drawing materials to work on ideas and take notes. If you are experienced bring materials you are comfortable with.

**Beginner materials:** Sketchbook, dark pencils/charcoal, kneaded eraser, and any color art medium

**Paint Colors (Oils)** (Recommended: Senneliens, Holbein, Gamblin, Grumbacher Pre-Tested)

- Titanium-Zinc White/Zinc White
- Naples Yellow
- Yellow Ochre
- Cadmium Yellow (*Medium and/or Light*)
- Cadmium Deep Red
- Ultramarine Deep Blue
- Burnt Umber
- Ivory Black
- Yellow Ochre

**Optional Colors:**

- Cerulean
- Alizarin Crimson
- Viridian
- Raw Sienna
- Cadmium Orange

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## Brushes

- Robert Simmons Signet Series Egberts (*or Filberts if Egberts not available*)
  - #2 and #8
- Natural Chinese bristle 1" house painting brush
  - Recommended: Escoda #12
- Optional: Round sable #4 or #6

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## Canvas

- Canvas panels – 12"x9"
  - Recommended: Claessens #13 or panels from Blick (*maple with keyhole slots in back*).
  - Note: Raw wood, Masonite, or cardboard panels must be sized with PVA, rabbitskin glue, or gesso before painting with oil.
- Optional/Recommended – Very small panels for oil sketches

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## Miscellaneous Supplies

- Hard palette (*wood, plexiglass, etc*)
- Palette cups
- Palette knife
- Paper towels
- Odorless mineral spirits (Recommended: Gamsol)
- Medium – Liquin, Linseed oil, or Stand oil (Recommended: Galkyd Slow Dry or Neomegylp)
- Subject matter – Bring 1 to 3 simple objects to compose into something (not flowers or other complex objects)
- Pencil or vine charcoal
- Optional: Bungee cords