



## 13<sup>th</sup> Annual San Diego Ride

# "The Particulars"

### **Date:**

- Saturday 28<sup>th</sup> April 2018

### **Departure Location:**

- Santa Ana Amtrak Station @ 1000 E. Santa Ana Blvd., Santa Ana CA 92701

### **Time:**

- Arrival @ Amtrak Station by **6:45 AM** → everyone should be at the staging area by this time so that you have time to get organized, set up your bike, borrow things you may have forgotten, lock up your vehicle, etc.
- Jeff O'Brien [*Mattel photographer*] will take a *Hot Wheels* Cycling Club group photo @ **7:15 AM**
- Departure from Amtrak Station @ **7:30 AM sharp**

### **Upon Arrival @ Santa Ana AMTRAK Station:**

- There will be a **SIGN-IN Table** next to the *Subaru* SAG car — sign in and receive your Route Sheet and pay for the Ride [*if you haven't already done so online via the PayPal link on our website*]: **\$65.00 Annual Dues**. If you will be bringing a Guest, her/his **Guest Entry Fee is \$45.00**.
- Sign the **Wavier Release Form**
- Make sure that your **Route Sheet** is someplace on your person and/or bike readily available during the ride
- There will be food and drinks by the Sign-In Table → grab what you need
- We will have a floor pump and tools if you need a last-minute check on your bike
- The SAG vehicles will have a few extra wheels just in case someone flats while out on the road
- Everyone should put his/her backpack in the *Hot Wheels* truck → *make sure your bag has an ID name tag!*
- Your backpack should have a change of clothing for the train ride back [*don't forget to bring a pair of comfortable shoes/sandals*]
- **Your original U.S. state-issued ID** [*not a copy*] and must be with you at all times on the ride → it is required for access to both Camp Pendleton and the Amtrak train
- **Maggie Connaghan** will be driving the *Subaru* Hot Wheels Car
- **Laura Owens** will be driving the white *Toyota* Minivan
- **Chris Hammond** will be driving the *Hot Wheels* Truck → you will see the truck at four locations: (1) the beginning of the Ride @ Santa Ana Amtrak Station, (2) the 3<sup>rd</sup> SAG/Camp Pendleton, (3) the Finish of the Ride @ the San Diego Amtrak Station, and (4) back @ the Santa Ana Amtrak Station

### **During the ride:**

- Pace yourself → start slow, and use the first few flat miles along the Santa Ana River Trail to the 1<sup>st</sup> SAG/Newport Beach to warm up properly
- Eat and drink more than you think you need to
- Don't be afraid to stop and stretch, or eat, if you're hurting
- Conserve energy as much as possible → even if you have built plenty of endurance in your training, the last few miles will likely be tough

**SAG Stops:** *there will be four SAG stops along the Route*

1. 1<sup>st</sup> SAG Stop/Newport Beach @ **Mile 12.0** along PCH in Newport Beach
2. 2<sup>nd</sup> SAG Stop/San Onofre @ **Mile 44.5** in San Onofre State Beach
3. 3<sup>rd</sup> SAG Stop/Camp Pendleton @ **Mile 59.1** in USMC Base Camp Pendleton
4. 4<sup>th</sup> SAG Stop/Torrey Pines @ **Mile 85.2** along N. Torrey Pines Rd.

**Route Sheet:** *save on your iPhone*

- Make sure you have downloaded the iBooks app to your iPhone
- Go to the Hot Wheels Cycling Team website @ <http://hotwheelscyclingteam.com/>
- Click on the link to the "13<sup>th</sup> Annual Hot Wheels Club San Diego Ride"
- Click on the link to "Route 2017"
- Download the Route Sheet PDF from the Hot Wheels Cycling Team website to your laptop or desktop
- Send the Route Sheet PDF to yourself via an email attachment
- Open MAIL on your iPhone and locate the specific Message with the Route Sheet .pdf file attached
- Open that Message with the Route Sheet .pdf file attachment on your iPhone
- Tap on the attachment .pdf in the Message view window
- Click on the "arrow in the box" on the upper-right-hand-side with the Route Sheet .pdf attachment
- Next you will see the iBooks option ["Open in iBooks" orange icon] = tap on that!
- The Route Sheet is now saved in iBooks
- If you need the Route Sheet on the Ride to San Diego, you simply open iBooks on your phone, tap on the Route Sheet, and enlarge it by spreading

**Camp Pendleton Bicycle Access:**

- Riders must pre-register online with Camp Pendleton [*go to the link below*] to be allowed to ride through the Base on the designated bicycle route
- The completion and acknowledgement [*allow up to seven days*] of this Registration, along with a **U.S. state-issued ID**, will be required for access to the Base
- <https://mccscp.wufoo.com/forms/camp-pendleton-bike-route-access-form/>

See you there,  
Steve

See next page for Amtrak train info →→→



- At least three days prior to the ride, go to the **Amtrak** website → <http://www.amtrak.com/home>
- The TRIP page will open → "One-Way" designation
- Enter the "FROM" Station as "**SAN**" [*San Diego*]
- Enter the "TO" Station as "**SNA**" [*Santa Ana*]
- Enter the "Depart" date as "Saturday **28<sup>th</sup> April 2018**", and the Number of Adults → if you have a "Discount" like AAA check that off in the box
- Click on to the "Find Trains" page
- Reserve the **3:58 PM "#785 Pacific Surfliner"** [*scheduled to arrive @ Santa Ana @ 5:58 PM*]
- Click the "1 Unreserved Coach Seat"
- Click "Add to Cart" and you will be on your way to the payment information
- Make sure to print out your e-ticket and/or download it to your smartphone and bring either, or both, with you on the train
- Do NOT forget to bring a **U.S. state-issued ID** with you to accompany this e-ticket → the Conductor on the train will ask to see both the e-ticket and the **U.S. state-issued ID** [*really&truly/no kidding/yes they will*]!