**BREAST CANCER REHABILITATION & WELLNESS SUMMIT 2019-20**

**SESSION 1**

Developing cancer rehab services across USA Dr Michael Stubblefield USA

​Loving Life Lessons Amy Camie CMT USA

​Yoga-inspired surgery and care Dr Emilia Dauway Australia

​Do not miss or dismiss cording Dr Julie Baartz  Australia

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 **SESSION 2**

Pulling back after cancer? Cancer rehab should be available (USA)Mackenzie Pergolotti OT USA

​Practice mindfulness on your device David Dashinger & Tamara Green  USA​

​TRAM flap rehab care needs Denise Stewart OT, Australia

​Massage after mastectomy Maria Natera MT, USA

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 **SESSION 3**

Managing the chemo side-effects at hands and feet  Amber Trevino PT DPT USA

​Three ways to journal your cancer experience Dr Robin Dilley, Psychologist, Coach  USA

Taping skin Clare Anvar Lymphoedema Therapist UK

​Why you need a rehab cancer therapist on your team, right from the start Leslie Walktke PY USA

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**SESSION 4**

Rehab to manage the Anti-estrogen medication side effects Jessica Bertram PT USA

​Why is Pilates suitable? Naomi Aaronson OT USA

​Healing exercises for compromised vagus nerve  Melanie Weller PT USA

​Which massage therapist to choose? Amy Tyler Oncology MT, Aust

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**SESSION 5**

Managing Anti-estrogen side effects with photomodulaton Kelley Mondesire TCM USA

​Guide to self- massage  Marci Javril  Massage and Yoga Therapist  USA

​Taping for swelling after mastectomy David Blow TCM, Italy

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**SESSION 6**

Understanding  your behaviors through music and resonance Amy Camie CMT  USA

​ Practice  pilates with Naomi Naomi Aaronson OT USA​

​The Breast Book and Kick Pink project Susannah Haarmann PT USA

​Work through to know more about your fatigue Jo Muirhead RC Australia

**​ SESSION 7**

Constructing an MDT model of care Emad Besher  PT  Qatar

​Support for a healthier lymph system Kiti Rolle- Adderley PT Bahamas

​Lymphoedema care can be personalized Cynthia Shechter OT USA

​An unknown and problematic shoulder muscle SA Denise Stewart OT Australia