

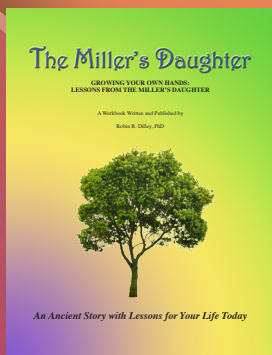
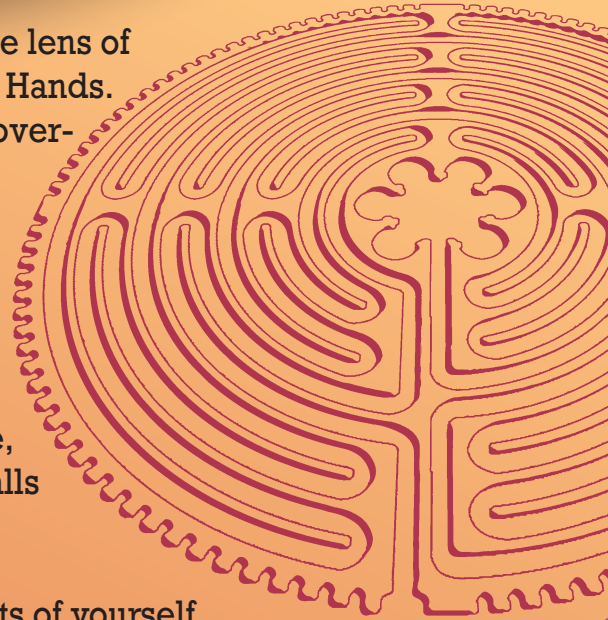
# *Lessons From the Miller's Daughter:*

## A STORY FROM TRAUMA TO TRANSFORMATION

Discover creative ways to look at your life's story through the lens of an ancient Grimm's fairy tale, often labeled the Girl with No Hands. All of us have stories in our lives where we feel powerless, overwhelmed and ill-equipped to take care of ourselves.

What do you when you feel powerless and traumatized? This workshop is designed to help you creatively explore this story and identify how you are like each character in the story. You will see you are not just the Miller's Daughter, but you also have parts like the Miller, The Miller's Wife, the King, The King's Mother and the poor messenger who falls asleep at pivotal times.

This workshop will help you look at all of those parts as parts of yourself. Reframe obstacles into opportunities. Grow Your Own Hands with the help of the Forest People. Use COVID (hands severed) as a Transformative Time. This workshop has potential as a three part course. We are starting here.



optional purchase

**Saturday January 9**

**Zoom - 11:00 A.M. -12:30 P.M.**

**\$39.00**

PayPal

<http://paypal.me/drrobinbdilley>

**You can also purchase on Amazon my workbook on the story, click here:**

**The Miller's Daughter**

