

#iv-VII-iii-VI-ii-V-I Chord Progression Workout

C Instruments

F#m7(b5) B7 Em7 A7 Dm7 G7 Cmaj7

9 Bm7(b5) E7 Am7 D7 Gm7 C7 Fmaj7

17 Em7(b5) A7 Dm7 G7 Cm7 F7 Bbmaj7

25 Am7(b5) D7 Gm7 C7 Fm7 Bb7 Ebmaj7

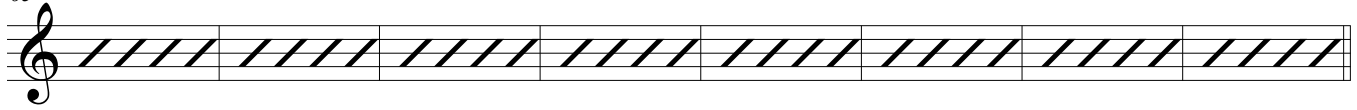
33 Dm7(b5) G7 Cm7 F7 Bbm7 Eb7 Abmaj7

41 Gm7(b5) C7 Fm7 Bb7 Ebm7 Ab7 Dbmaj7

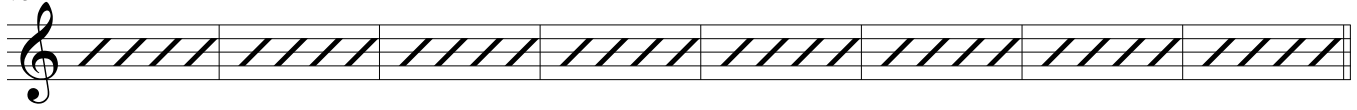
49 Cm7(b5) F7 Bbm7 Eb7 Abm7 Db7 Gbmaj7

57 Fm7(b5) A#7 D#m7 G#7 C#m7 F#7 Bmaj7

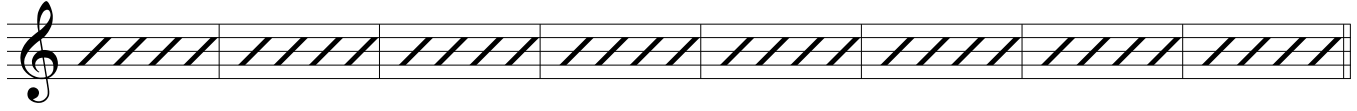
65 A#m7(b5) D#7 G#m7 C#7 F#m7 B7 Emaj7



73 D#m7(b5) G#7 C#m7 F#7 Bm7 E7 Amaj7



81 G#m7(b5) C#7 F#m7 B7 Em7 A7 Dmaj7



89 C#m7(b5) F#7 Bm7 E7 Am7 D7 Gmaj7

